



## ***May I change my current Health Care Plan coverage?***

If you have been covered by the **CNPA Health Care Plan for CN Pensioners** for at least a full year, you have the following choices which are effective January 1 of each year **provided** you have notified Blue Cross before November 30 of the preceding year:

- If you are insured under Option D (which has to be maintained for at least two years), you may choose Option A, B, C1, C2 or C3;
- If you are insured under Option C1, you may choose Option A, B, C2 or C3;
- If you are insured under Option A, you may choose Option B, C2 or C3;
- If you are insured under Option C2, you may choose Option B or C3;
- If you are insured under Option C3, you may choose Option B.

With the exception that Option D must be maintained for 2 years, you may make any change of option you like on the following specific occasions, provided you notify Blue Cross within 31 days of the occasion:

- When you reach age 60, age 65, and every five years thereafter (earlier in the case of a disability retirement);
- At the 65<sup>th</sup> birthday of your designated spouse;
- Upon death (you or your spouse);
- Upon your marriage;
- Upon your divorce;
- At termination of your dependents' eligibility;
- When you move to another province.\*\*

## **How Do You Make This Change**

**Complete the CHANGE OPTION FORM BELOW and EMAIL or MAIL it to Medavie Blue Cross::**

- **By Email** – at [administration@medavie.ca](mailto:administration@medavie.ca) **OR**
- **By Mail** – at Medavie Blue Cross – Administration Department – P.O. Box 1330, Montreal, Quebec, H3B 3K9

January 2017

\*\* The contract provisions and restrictions outlined in the CNPA Health Care Plan for CN Pensioners apply to all applications for admission or changes to this plan.



## Request for Change of Option

### IDENTIFICATION

Family Name of Insured:	Group Plan No.: <b>93115</b>
Given Name(s):	PIN:
Date of Birth: (DD/MM/YYYY)	Phone No.:

### Change of Option

Current Option	NEW Option
Date: (DD/MM/YYYY)	Insured's Signature

### Rules Applicable For Change Of Option

**You may Change your Option as outlined below and it must be RECEIVED by Medavie Blue Cross PRIOR November 30<sup>th</sup>. The Change will take effect on January 1 of the following year.**

- If you are insured under Option D (which has to be maintained for at least two years), you may choose Option A, B, C1, C2 or C3;
- If you are insured under Option C1, you may choose Option A, B, C2 or C3;
- If you are insured under Option A, you may choose Option B, C2 or C3;
- If you are insured under Option C2, you may choose Option B or C3;
- If you are insured under Option C3, you may choose Option B.

January 2017

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