



Pensioners' news

Keeping pensioners' information on track
Volume 26 • Number 2 • Summer 2022

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IMPORTANT

When a pensioner/surviving spouse moves or dies, CN Pension and Benefits Administration must be advised immediately by calling 1-800-361-0739 so that an accurate information database can be maintained.

The Company (CN) has reached an agreement with the CN Pensioners' Associations (CNPA) to provide mailing addresses periodically. This is so that the pensioner or surviving spouse does not have to make a second call to the National Council.

PRESIDENT'S MESSAGE

Well, Summer 2022 is well under way and it seems Covid-19 is no longer the raging bull we have been living with since 2020. It isn't gone, but we, as a society, seem to be living with it while remaining cautious to exposure. Vaccination has made the effects of contagion much less severe and has surely prevented much misery.

The CNPA has continued our programs throughout all of this, our scholarship program for 2022 is ongoing and applications are coming in as per instructions on our website www.cnpensioners.org.

One of the important things we have done over winter is a complete review of our website and its content. Our website has grown over time, but there are technical issues, which need to be resolved as new web technology is overtaking our platform. If you are a retiree and have some work or personal expertise in web design, programming platforms, web migration and interface technology or website management, we would be pleased to hear from you if you wish to help out the pensioners' association in this project. If your role at CN was in the field of IT and you are looking for something to help you transition into a recent retirement, this may be a good fit for you.

If you wish to help the Pensioners' Association with this project, email or call me, at rhebert06@yahoo.ca or 506-874-2850.

Our intent is to start having regular local council meetings and activities Canada-wide in September, if Covid-19 conditions remain stable or improve. Our policy for general and executive meetings of the CNPA is that attendees should be vaccinated and masks are strongly recommended unless eating or drinking.

Since each province has its own separate regulations, each local council's rules should be in line with provincial guidelines as they apply to the council's location. I ask and encourage you to attend your local council meetings this fall. Even if you do not usually attend or do so only occasionally, make an effort to encourage your local leaders who have continued to deal with issues and requests during the last two and a half years.

Local meetings are held to inform you of changes in your association, talk about the health of your pension plan, participate in activities, socialize with new and old friends or just to get out and do something different.

We will do all we can to make the meetings interesting, and YOUR ideas are welcome in suggesting ways to improve our meeting experience!

Later in this edition, you will read a note from Bruce Peacock announcing his departure from the post of Treasurer and Membership Chair for over 20 years. He has worked all year preparing those who will take on his responsibilities.

I would like to thank Bruce for the work and time he has given to the CNPA over his 20-plus years. Our association has progressed immensely both in data management and finance control over his tenure. He has done an exceptional job in training and will continue to support those stepping into his shoes this fall.

Thanks to a good friend for a job well done, and thanks to Betty, his wife, for supporting his commitment to the CNPA for so many years.

Have a great, safe summer and fall,

Reg Hebert

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For a complete listing of the 2022 National Council and
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visit **www.cnpensioners.org/councils**

National website and national Facebook pages
For more information, contact names and numbers,
please go to our National website

www.cnpensioners.org
www.facebook.com/cn.pensioners.92
www.facebook.com/cnpa.french.3

CN Pensions and Benefits Administration – 1-800-361-0739
Pensioners' web portal: cnbenefits.hroffice.com

The portal is now available at CNBENEFITS.HROFFICE.COM
It will allow you to access relevant pension information and update your
address and banking information. On your first visit, you will need to
register. You will then be able to access the portal using your CN PIN
(login ID) and the password you created.

If you require assistance with registering or logging in, please call
the Pensioners' Helpline at 1-800-361-0739.

CN is committed to adhering to the highest standards in all aspects of its corporate activities. In order to ensure that pensioners receive the maximum possible information concerning the Company, its activities, the Pension Fund, and all related matters, it funds this newsletter. However, the content of the newsletter is entirely the responsibility of the National Pensioners' Associations, and CN assumes no responsibility for the content of the newsletter, which is the sole and exclusive responsibility of the Associations.

National Treasurer/ Membership Chairman

It has been said that time ends when one has nothing left to say. Well, here it is time again to put words to paper, and what I have to say is this short message will be my "last" for this publication as I have decided that after 20 years, the time has come to ride into the sunset and allow younger pensioners to take up the challenge and make their plans for the future.

In January of 2002, I was honoured to be elected as your Treasurer. I had accepted this position at a time when the organization was struggling financially. My challenge was to determine a method (or methods) to (a) grow the organization that we all believed to be necessary for the needs of all CN pensioners and survivors and (b) to be sustainable not only for the present, but also for the future.

The analysis did not take long as it was determined that our problem was simply a misconnection with our membership. Those that did retire were well aware that they automatically became "members" of the CNPA; however, the disconnect was that in order to survive as a not-for-profit organization, the missing link was "finances." Every organization needs to have some form of financial income in order to function administratively and effectively. In other words, one would be either a "contributing member" (those who pay \$12 per year) or a "non-contributing member" (those who don't contribute).

The other part of the analysis is that we saw a need for another position to be established (namely a Membership Chairman). This person would oversee a similar position in each of the various Local Councils. It was agreed that I would be that person, so I began my dual role as Treasurer/ Membership Chairman in 2003.

To provide a little history on membership, in the year 2002, we had a retiree population of more than 45,000. Of this total, 11,600 members (or 26%) were "contributing members."

Well, here we are 20 years later, we are still looking after the needs (financially and otherwise) of more than 32,000 pensioners and surviving spouses and our contributing membership has risen to more than 22,800 (or 73%).

And, let me say that I take no credit for this accomplishment. It is credited only to those volunteers from the Atlantic to the Pacific who give of their time and talents unselfishly, and to those retirees and survivors who have listened and responded so positively to our mission, which is to be an association of honesty and integrity; an association that can be called on at any moment of need.

Continued on page 3

While the profound effects of the pandemic overshadowed much of 2020 and 2021, it also showed the resilience and fortitude within the organization. As the world came to a standstill in March 2020, your volunteers continued to work via an online environment, adjusting their normal practices and, for many, working harder than ever.



Membership is still the life blood of our organization, and now more important than ever as our population steadily decreases. We encourage their survivors and new retirees to become contributing members so that we can continue to provide social activities, literature, health care, scholarships and a host of other benefits; however, the negatives overpower the positives.

It is not time to let up on membership recruiting as the CN Pensioners' Association is the only organization at your disposal to protect the interests of all CN pensioners financially, socially, and emotionally. If you are not a contributing member, I encourage you to become one at your earliest convenience. We have provided everyone with several options for membership as follows:

1. Your retirement package included an application for membership. Simply complete this document and mail it to: National Council of CN Pensioners' Associations Inc. c/o John Wever, National Membership Chairman, 834 Guthrie Dr. W., Sarnia, ON N7V 1Y1. Or email it to cnpamembership@gmail.com or phone: 519-491-6723 (if line is busy, you may have to leave callback details, like name, PIN and phone number).
2. Complete the application and send it back with your pension papers in the same return envelope provided by CN Pensions and Benefits Administration.
3. Complete a membership application on our website (cnpensioners.org).
4. Complete the membership application contained in this newsletter or mail it to: National Council of CN Pensioners' Associations Inc. c/o John Wever, National Membership Chairman, 834 Guthrie Dr. W., Sarnia, ON N7V 1Y1. Or email it to cnpamembership@gmail.com or phone: 519-491-6723 (if line is busy, you may have to leave callback details, like name, PIN and phone number). We appreciate your support, which allows us to continue to work on your behalf throughout your retirement. NOTE to Payroll Deduction Members: Payroll Deduction is a membership continuation process whereby your membership is renewed automatically each year so there is no need to reapply each year. In closing, it has been a great privilege to serve you and our association as Treasurer/Membership Chairman over these 20 years. Helping our association to flourish has been one of the most meaningful and rewarding endeavours of my life. I encourage each one of you, too, especially our younger members, to find a way that you can volunteer to serve our wonderful family.

Bruce Peacock

Health Care Committee



Comité de soins de santé

HEALTH CARE MATTERS – CHANGING HEALTH CARE PLAN PROVISIONS – YOUR OPTIONS

The **Health Care Plan for CN Pensioners** provides more flexibility than many other similar plans in Canada when it comes to your ability to make changes to your option level of coverage.

We encourage you to review the actual terms and conditions in the annual **Plan Brochure** found on the CNPA National Website – CNPENSIONERS.ORG under **Healthcare** and **Blue Cross**.

Each year we write you in **NOVEMBER** to advise you of any changes to the Plan provisions and premiums. During this month of **NOVEMBER** only, you have the ability to **REDUCE**

your option-level coverage by taking a lower-cost option. This change is effective January 1 of the following year - See page 8 in the Brochure for any restrictions and the details.

IMPROVING your Plan option coverage level is almost unheard of in the healthcare insurance marketplace. But what if your medical conditions change? Under our Plan, and **only within 31 days** of when you turn 60, 65, 70, 75, and so on, you can **IMPROVE** your coverage to a better option with increased coverage or lower deductibles.

Continued on page 6

William and Mary Gibson craft Circles of Love for their community

CN retiree **Bill Gibson** and his wife of 41 years, Mary, share a love of crafting. One of their favourite projects to do together has been creating colourful wreaths as gifts for family and friends, an activity that has taken on greater meaning and purpose since they were both diagnosed with Alzheimer’s disease. “Not only does the repetitive nature of the activity provide a calming effect for my mother and stepfather, but it has also proven to be a wonderful way for them to give back to an organization that has played such an important role in their family’s life,” says Shelley Sanders, Mary’s daughter.

Bill and Mary enjoy spending a few hours every day at the dining room table designing and making their wreaths out of plastic tablecloths for the Alzheimer’s Society of Windsor and Essex County (ASWE) in Ontario. Their decorative pieces are used to brighten the homes of people living with dementia, spread cheer around the Day Away Program area and to help raise funds at events to support ASWE services.

“Coming up with appropriate and stimulating activities was crucial for my parents,” says Shelley, primary caregiver to the couple. “As a child, my family used to make wreaths from dry cleaning bags and wire coat hangers reshaped into round frames.” By introducing something familiar, my mother took to it right away and it didn’t take long for Bill to come on board as well.”

The tablecloths are cut into strips; Bill separates the pieces and together, he and Mary tie them onto the frames in distinctive patterns. At Bill’s insistence, they are also producing environmentally friendly versions from repurposed plastic shopping bags.

Bill, who worked at CN as a Clerk for 40 years in Windsor, ON, before retiring in 1990, invested well over 150 hours making dozens of wreaths for ASWE last year. In recognition of his volunteer time, CN donated \$2,250 to the organization in 2021 as part of the *Railroaders in the Community* program.

“Thanks to the generous support of the CN *Railroaders in the Community* program, these small Circles of Love have created a ripple effect, touching the lives of my parents, our family and our community in a big way,” says Shelley.



Bill and Mary in a quiet moment at home, crafting wreaths.



Left to right: Mary, Peggy Winch from ASWE, and Bill proudly display some of the colourful wreaths donated by the couple.



André with Bertrand Ménard, Mayor of Richmond

An excellent CN ambassador

André Desfossés is involved in the Richmond Volunteer Centre for over 11 years, of which he was also president from 2015 to 2018. Mr. Desfossés has also been involved in other organizations, including meals on wheels, delivering meals to people with loss of autonomy, the Knights of Columbus and the Happy Golden Age Club. His knowledge of the environment and the needs of the community have also led him to actively participate in the development of the Senior-Friendly Municipality (MADA) policy. In 2020, André Desfossés received the Lieutenant Governor of Quebec’s medal in recognition of his many years of volunteer work in the community. André is a dedicated railroad worker in the community and an excellent ambassador for ARC.N.

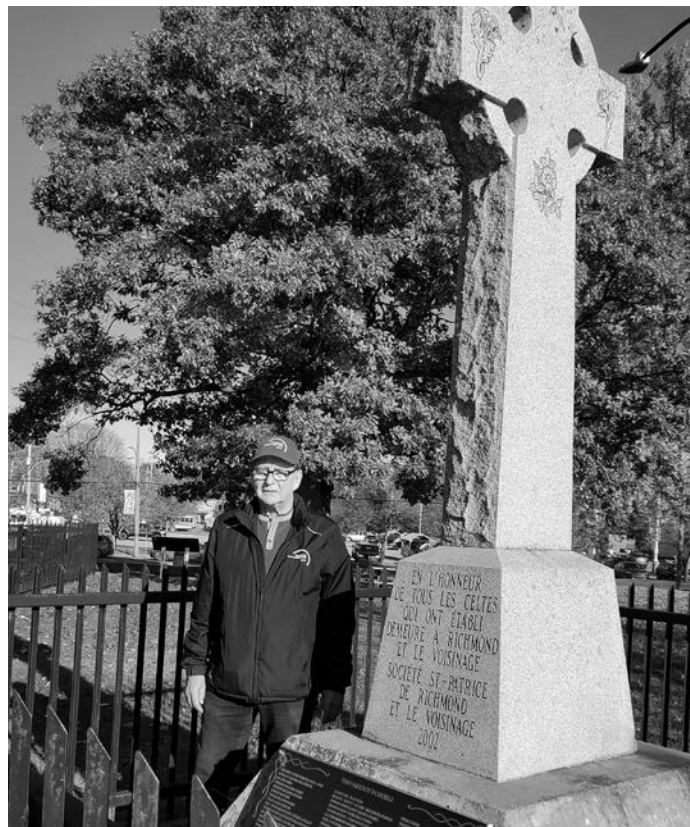
CN pensioner brightens his community by celebrating his Irish roots

Locomotive engineer **Arthur St-Hilaire** retired from CN in 2006 after 35.5 years of service. “I started in 1970 as a brakeman in Richmond, QC, where I was born, and worked all over the province,” says Arthur. “In 1989, I moved out West as an instructor at CN’s training centre in Gimli, MB, training employees from Vancouver to Halifax.”

Since his retirement, Arthur has stayed in touch with CN through the CN Pensioners’ Association (CNPA) where he has held several executive positions, including President of the Richmond Branch, Vice-President for Quebec on the National Council, and representative on the Health and Safety Committee, where he is responsible for the relationship between Blue Cross and the CNPA.

For the past seven years, Arthur has been a volunteer at the Richmond St. Patrick’s Society. “My mother’s maiden name was Murphy,” explains Arthur, “and our Irish roots run deep in the Eastern Townships, where my family still farms the ancestral homestead near Richmond.” Among other things, Arthur is one of the directors on the Society’s administrative council and is on the organizing committee for the festivities that take place around Saint-Patrick’s Day, including the parade through downtown Richmond in which Arthur is a leading participant.

During the summer, Arthur is responsible for the maintenance (mowing the lawn, cleaning and painting the fence) of the Celtic cross erected in Richmond in memory of the Irish immigrants to the region. “Giving back to Richmond is important to me,” says Arthur. “No matter where my career at CN took me, and even though I live in Sherbrooke now, I always come back to Richmond. My friends are here, and everyone knows everyone else by their first name.” In recognition of Arthur’s civic engagement, the CN *Railroaders in the Community* program has provided grants to the Richmond St. Patrick’s Society.



CN pensioner Arthur St-Hilaire has volunteered in his community for about 10 years. On top of his work with the CN Pensioners’ Association, Arthur is heavily involved in his native Richmond, QC, where, among many other commitments, he maintains the Celtic cross erected in memory of local Irish immigrants.



CN presents a cheque for \$5,000 to the Media Food Drive on the South Shore (MFDSS) of Montreal. Left to right: Philippe Glorieux, Municipal Councillor; Michael Buchanan, CN retiree; Gilles Legault, CN Legal Affaires; Michel Poupart, CN retiree; Pierre Brodeur, mayor of the City of Saint-Lambert; Marc Tessier, President, CN Pensioners’ Association, South Shore Council; Robert Martel, MFDSS volunteer; Ghislain Nadeau, CN retiree. Note: this photo was taken before COVID-19 restrictions.

CN retiree helps feed his community

Ghislain Nadeau retired from CN’s Corporate Services in Montreal in 1997 after 33 years of service. Since then, he has remained very active in his community on the South Shore of Montreal. “I like to remain active and help those less fortunate than myself,” says Ghislain. For the past six years, he has been working with Entraide de Saint-Lambert through the Parish of Saint Thomas Aquinas. The organization helps immigrants and refugees integrate into Quebec society by providing French lessons as well as clothing and non-perishable food.

About five years ago, Ghislain also began participating in the Media Food Drive on the South Shore of Montreal with other CN retirees and employees. The Media Food Drive supports 23 organizations, community kitchens and food assistance counters, including Entraide de Saint-Lambert, with food and funding to help people suffering from food insecurity. Ghislain serves on the Media Food Drive’s administrative council.

“My wife, Lise, and I like to stay involved in the community in general and greatly appreciate the support of CN and the Railroaders in the Community program” says Ghislain. “We apply for and receive the maximum benefits each year. Last year, Railroaders in the Community donated \$750 to the Media Food Drive and \$2,250 to Entraide de Saint-Lambert in our names. They are most grateful for CN’s generous support and give their thanks.”

Arlo Fisher is a driving force in his community

While volunteering at a CN Family Day in Moncton, NB, a few years ago, retiree **Arlo Fisher** met another volunteer who would spark his community involvement. That man, a fellow railroader, told Arlo all about Urban and Rural Rides, a volunteer organization that provides safe, reliable and affordable transportation services to get people to medical appointments, to do their shopping and for other appointments.

“I have driven people of all ages to their various doctor’s appointments, from older people who can no longer drive to younger adults who, due to a physical condition, cannot drive or do not have a car,” says Arlo, who retired as a Manager of Engineering Training in 1991 with over 36 years of service.

“The organization tries to schedule rides efficiently so I drop one passenger off and pick up another nearby but sometimes, it can involve a whole day, such as the time I drove a man to a specialty clinic in Fredericton, waited for him and returned him to Moncton,” adds Arlo. “The most frequent request for rides involves taking people from their home to the Peter McKee Food Bank and back. Or picking up food orders from the Albert County Food Bank and delivering the provisions to people in need. There is a real demand for our services because some people have no other way of getting around.”

In 2021, Arlo contributed 164 hours of driving to Urban and Rural Rides and drove 4,378 kilometers. In 2022, he is volunteering five days per week and is sometimes accompanied by his wife, Mary Jane. “I am giving back all the gifts of compassion that have been given to me over the years,” reflects Arlo. “I have met people from all walks of life who have been grateful for the rides and positive about life in spite of what their circumstances have dealt them. My viewpoint has been changed, as I have gotten out and met people I never would have met.”

In recognition of Arlo’s volunteer time with Urban and Rural Rides, the organization received a \$2,250 grant from the Railroaders in the Community program last year to support their continued work. “It’s a terrific program and I am immensely gratified that my time spent on the road is appreciated by CN, the company with which I spent my entire career,” says Arlo.



Arlo Fisher, an active volunteer in his community.

HEALTH CARE MATTERS – CHANGING HEALTH CARE PLAN PROVISIONS – YOUR OPTIONS

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In certain provinces, provincial drug coverage is enhanced at age 65, so making a Plan option change at age 65 may be appropriate.

It is important that you contact Medavie Blue Cross during this 31-day window otherwise you will not be allowed to make this change.

There are certain other unique situations where you may make Plan option changes, all of which can be found on Page 8/9 of the Brochure.

In the event of the **death of a Pensioner**, who is covered, along with their spouse, under our Plan, our Plan covers the surviving spouse for the two months following death. Coverage **terminates** at the end of these two months. If the spouse is eligible to receive a CN pension as a surviving spouse, they will receive a **NEW** Blue Cross application from CN Pensions, and if the surviving spouse is interested in being covered under our Plan they **MUST reapply** for NEW coverage by completing and submitting the Blue Cross form within 60 days. Again, failure to comply with the specified time frames in the Plan brochure will result in denied entry and a loss of coverage.

Once again, I encourage all our Plan members to go to the CNPA website and review the Plan Brochure and the official terms and conditions. You may find items that are covered, that you have not been claiming. You can review the current **Premium Rate sheet** and compare the cost of your option coverage against the cost of other options and the changes to deductibles, etc.

Finally, if you are in **Quebec** and getting close to age 65, you will receive a Blue Cross package from CN Pensions for a one-time opportunity to join our Blue Cross Plan at age 65, which you can use to supplement your RAMQ drug coverage.



BE RAIL SMART

*STOP. LOOK. LISTEN.
LIVE.*

RAIL SAFETY WEEK

Put your rail smarts to the test for a chance to win an Apple Watch or Alexa Smart Home pack!

VISIT [MYSAFETYPLEDGE.COM](https://mysafetypledge.com)





Celebrating Centenarians Birthdays

CN and CN Pensioners' Associations have always shown respect for their pensioners, especially for those reaching the ripe young age of 100. To honour these centenarians, an award designed and approved by the CN Pension Committee will be presented to this special category of pensioners/survivors to commemorate this milestone. The award is inscribed with their name and date of birth. We will publish the names and dates and, when possible, photos from the presentation in our National Newsletter, released and distributed to all pensioners three times a year.



1. Mr. Adolph Rogan

February 23, 2022, Regina SK.
Adolph was a Locomotive Engineer at Melville. Terry Senko is one of the executives who attended the event on June 11th in Regina for Adolph, to present him with his award.



2. Mrs. Albina Goyette

May 31, 2022, Repentigny, QC.
Received the CN Retirees' Centennial Plaque, at her residence. Her late husband Lucien Goyette worked at the Port of Montreal.



3. Mr. Alex Dion

July 6, 2022, Ste. Genevieve, QC.
Received his 100th Anniversary Award from President Claudette Hudon and Treasurer Rémi La Haye of the Montreal/Laval Council. Alex worked as a brakeman in the Montreal region for 34 years.



4. Mr. Alex Manning

April 16, 2022, Georgetown, ON.
He worked between Northern Ontario and Toronto and had 46 years' service. He and his family were most appreciative of the fact that CN would remember his birthday, and they were most impressed. Presentation was made by Omer Foisy Executive Member of Sarnia Council C11.



5. Mrs. Bertha Sonnenberg

March 16, 2022, Camrose, AB.
Though last-minute circumstances prohibited attendance by local Edmonton Executive, Alberta Railvet member, Mrs. Bertha Sonnenberg celebrated her 100th birthday with both friends and family. Mrs. Sonnenberg was thrilled to receive a beautiful bouquet of flowers on her birthday sent by her fellow Railvet members.

6. Mrs. Carmina Da Silva

June 16, 2022, Winnipeg, MB.
Her late husband John was employed at CNR from 1957 until his retirement in 1989. In 1961, Carmina along with her three young children immigrated to Canada from S. Miguel Azores to join her husband John and her eldest son in Winnipeg.



7. Mrs. Christel Wright

March 1, 2022, Etobicoke, ON.
Wife of the late John Wright, Car Foreman in Vaughan's MacMillan Yard for a few years and then went to Fort Erie as Car Foreman until he returned to MacMillan Yard as Shop Foreman.



8. Mrs. Georgette Sanscartier

May 14, 2022, Montreal, QC.
Mrs. Georgette Sanscartier received the plaque from her son Claude. Her late husband Paul-Émile worked as a welder in the Car Shop.



9. Mr. Gordon Lannon

April 27, 2022, Bishop's Falls, NL.
Gordon is a retired Conductor.



10. Mrs. Jacqueline Bordage-Delisle

May 29, 2022, Charlesbourg, QC.
Wife of the late Marius Delisle, telegraphist for 35 years in the Lévis region. Presentation was made by her son Richard.





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11. Mrs. Kathleen Anderson
March 19, 2022, London, ON. Wife of the late Otto Anderson, who worked in Accounting in Toronto and London. Surrounded by family members for her 100th birthday, at her son David's home where she lives. Presentation was made by Ken Roberts and Rick Dixon of Council C7 London.



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12. Mr. Léon Michaud
January 19, 2022, Sherbrooke, QC. He was a conductor for 35 years and retired in 1983.



13

13. Mrs. Liliane Bélanger
April 29, 1922, Val-d'Or, QC. Her late husband, Hervé Hamel, was a general foreman at CN's locomotive workshop in Senneterre, QC. The gift and the letter were given to her by her daughters Brigitte and Johanne. A family celebration was organized to celebrate her 100th birthday.



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14. Mrs. Madeleine Allard
January 9, 2022, Campbellton, NB. Mrs. Allard with her son Michel on her 100th Birthday, celebrations were held at her home in Campbellton, NB. She is the widow of Paul Emile Allard.



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15. Mr. Louis Claxton
April 13, 2022, London ON. Birthday celebrations were held at the Victory Legion, London. Louis worked track maintenance, London to Niagara Falls. Presentation was made by Ron Hewson and Ken Roberts, President and Vice President of CNPA Council C7.



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16. Mrs. Marguerite Gilmour
March 6, 2022, Vancouver, BC. She celebrated her 100th birthday with close friends and family members at her West Vancouver home.



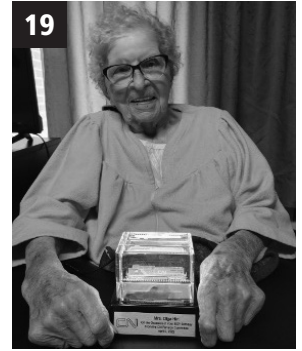
17

17. Mrs. Monique Lizotte
April 13, 2022, Pierrefonds, QC. Presentation was made by her daughter Céline. Her late husband Leopold worked at CN for 47 years. He was a station master in Quebec City.



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18. Mrs. Muriel Morash
May 25, 2022, Dartmouth, NS. Celebrated her 100th birthday party at the Steak and Stein Restaurant in Dartmouth. She was most appreciative and somewhat emotional when her sons made the presentation. Muriel said that CN had treated her late husband Franklin well over his career. Gregory Morash is on the right and Gerald Morash is on the left of their mother.



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19. Mrs. Olga Hirt
April 9, 2022, Saskatoon, SK. Her late husband was Joseph Hirt, who retired on May 31, 1983. He was a Locomotive Engineer out of Saskatoon.



20

20. Mrs. Una Ruth Macpherson
May 14, 2022, Winnipeg, MB. Widow of the late Douglas Macpherson. Her love of travel has taken her around the world and some of her best memories are the winters she spent as a snowbird in San Antonio, Texas.



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21. Mrs. Ruth Tousignant
June 27, 2022, Windsor, ON. Her late husband Paul worked as a Yardmaster service in Windsor.



22

22. Mrs. Sarah Reid
February 11, 2022, St. John's, NL. Her late husband Arthur Reid was a Telegrapher with CN Telecommunications, retiring as a supervisor.



23

23. Mrs. Stella Mazur
March 19, 2022, Winnipeg, MB. She is pictured with her grandson, Scott Mazur, at her current residence, River East Personal Care Home in Winnipeg, with her gift from CN, which recognizes this amazing milestone birthday. Stella is the widow of the late Peter Mazur, who worked in the Blacksmith Shop at the CN Transcona Shops, Winnipeg. Peter's career spanned 36 years.



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24. Mrs. Thérèse Poitras Lapointe
May 17, 2022, Quebec City, QC. Thérèse received the Centenarian award from her niece, Jany Bois. Her late husband Paul Henri Lapointe worked as a locomotive engineer in the Quebec City area.

WE GET MAIL

Dear CN Pensioners' Association,

Five months ago, with copious amounts of hope, nervousness and curiosity, I embarked on my first semester at the University of British Columbia, in the Faculty of Applied Science.

Thanks to support from my family, friends, teachers, mentors and associations like yours.

Today, I'm happy to report that I'm back home in Winnipeg for the winter break, enjoying the Manitoba snow and some much needed rest before I head back to Vancouver to start my second semester.

Regrettably, I've also returned to the brutal Manitoba cold, which is slightly less enjoyable.

As I reflect on the past semester and the challenges I've navigated, I'm grateful, and often can't believe that I've been given the chance to pursue my degree, at my dream university.

I don't think there will ever be a way to properly express my gratitude towards the CN Pensioners' Association for the generosity they have shown me. It's foundations like CNPA that make me so proud to call Manitoba home, and optimistically happy to know that countless future students like myself will also be able to pursue their post-secondary dreams. Thanks to the CNPA Scholarships and Bursaries.

With utmost gratitude, Emma Harris

Emma received both the National Scholarship and the Manitoba HH Bursary. She is the granddaughter of Wally Harris. Emma wants to complete her Bachelor of Applied Science engineering degree at the University of British Columbia; then to complete her Master's in Urban Planning.

Our next campaign is coming soon. Keep an eye on your mailbox this October!



Top 5 reasons for pensioners to give
through the CN Employees' and Pensioners' Community Fund:

- **Give 100% of your donation to the non-profit organization of your choice, subject to zero administration fees.**
- **Plan all your annual donations in one place and receive only one tax receipt for any donation over \$20.**
- **Choose from over 700 Canadian registered charities, or add your own*.**
- **You can contribute to the Community Fund by automatic deduction from your pension benefit or by making a lump sum donation by cheque or credit card**



CAISSE DE BIENFAISANCE
DES EMPLOYÉS ET RETRAITÉS DU CN

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*An organization must receive \$300 total donations per year.

ASSOCIATION BEGINNINGS

**SCRIPT. FRIDAY,
RETIRED RAILWAY MEN
GATHER HERE TO FORM
AN ASSOCIATION**

**Meeting This Afternoon and
Guests at Banquet in
Evening**

A large number of retired railway men from many parts of the Atlantic Region met this afternoon in the City Hall at the invitation of the management of the C. N. R. The purpose of the meeting is for the organization of a retired men's club. The chairman of the meeting this afternoon is Melvin Steeves, of this city. This evening the pensioners will be the guests of the management at a banquet, and the general manager, W. U. Appleton, will deliver an address.



JOHN GRATTAN

**RETIRED RAILWAY MEN OF THE
THREE PROVINCES MEET HERE IN
FIRST MARITIME CONVENTION**

ing Marks Extension of Organization of Railway Clubs — Retired Men Still Vigorously Interested in Railway Affairs—Value of Organization is Emphasized and Tributes Paid to Veterans and Pioneers

order to make themselves an efficient organized factor, and to still lend their aid to the railroad which they so faithfully served for years, more than a hundred pensioners of the Canadian National Railway Association, met here yesterday and formed the Moncton Railway Men of the Three Provinces Association. They were gathered here from many parts of the Atlantic Region, from Halifax, Truro, Amherst, Sackville, Saint John, Campbellton, and even from outside of the system, as in the case of David Reid, of Kentville, who as a boy lived in Moncton in 1864, long before Moncton ever dreamed of being the railway hub of Eastern Canada. Some of the pensioners who had been the road crew from four miles to a national system of 22,000 miles.

**ITALIAN AVIATORS IN
AIR 58 HOURS, 37 MINUTES
BREAKING WORLD RECORD**

(Canadian Press Dispatch).
Rome, June 2.—The Italian aviators Major Ferrarin and Captain Delpreto landed at 1:52 this afternoon at Montecelio Field, having broken the world's

Afternoon meeting was presided over by Melvin Steeves, president of the Moncton branch of the Retired Railway Employees Union, who after a brief address in which he spoke of the purpose of the gathering, introduced Mayor Taylor. In attending to those present the Mayor welcomed the city. Mayor Taylor pointed out the many attractive fea-

October, 1928

RAILWAY MEN FORMALLY OPEN APPLETON CLUB.

Fine Quarters for Veterans of C.N.R - Long Service Medals Presented.

The formal opening of the Appleton Club, the organization of retired Canadian National Railways employees, which was recently formed in this city (Moncton) and named in honour of the general manager of the region, was held yesterday afternoon in the club rooms of the organization in their rooms over the depot.

The General Manager, W.U. Appleton, formally opened the new club and congratulated the members. John Grattan, president of the club, presided at the opening and there was a splendid representation of members on hand to welcome the general manager and other officials who accompanied him. Advantage was taken of the occasion also, to present to five veterans of the railway in this division long service medals, which were recently awarded to them for long and loyal service in the employment of the railway, their combined length of service in the old Intercolonial, the Canadian Government and Canadian National railways being no less than 211 years.

The recipients of the medals were: John Grattan, formerly mechanical superintendent at Mulgrave; Danford Armstrong, former brakeman at Moncton; R.A. Brown, former station master at Salisbury; Bliss Sears, former conductor at Moncton; and William J. Coffey, former locomotive engineer, Saint John, the latter two presentations being made "in absentia" owing to their inability to be present yesterday. President Grattan, on behalf of the club extended a welcome to General Manager Appleton and the other officials, of the railway who accompanied him, and thanked them for the interest they had taken in the club. He took occasion also to express the thanks of the club for the kindly interest taken in the retired men and their organization by Sir Henry Thornton, president of the railway, and asked the general manager to convey this expression of their feeling to the president.

Mr. Appleton addressed the gathering and said he deeply appreciated

the honour done him by the veterans in naming their club the Appleton Club. He referred to the President's deep interest in the retired employees and of his desire to help them carry on after establishing their clubs.

These clubs, he said, can be of great benefit to the Canadian National Railways, because the members, although not on the active payroll, are still considered employees of the railways and can assist greatly in securing traffic for the national lines.

Mr. Appleton then spoke in a reminiscent vein of his early years in the service and of old associations made then, which he still cherished. He then declared the club formally opened.

Other officials who spoke were the general traffic manager, M.F. Tompkins, general superintendent of transportation, A.C. Barker, general superintendent of motive power, W.E. Barns, general passenger agent, F.W. Robertson, divisional superintendent, W.N. Rippley, superintendent of shops, Joseph Graham, and publicity representative, Horatio C. Crowell. All expressed their gratifications at seeing the club with so healthy membership while yet practically in its infancy.

They hoped that it would continue to flourish and be one of the finest on the system. The club's vice-president, Melvin Steeves, George Moore, and other veterans also gave short speeches, all expressing thanks to the officials for providing such excellent headquarters for them to gather together in social intercourse, and pledging their loyal support at all times to the Canadian National Railways.

Mr. Appleton read the letters from the Home Office in London accompanying the long service decorations and pinned the medals on the breast of each recipient. The veterans decorated made appropriate replies, and following a short social time spent, during which the cigars were passed around, the gathering dispersed after a unanimous vote of thanks to Mr. Appleton and the officials for attending, had been passed on the motion of W.J. Wilcox, seconded by Peter Bannerman.

Credit for finding and preserving these documents to Greg Murpy, Moncton Council Executive.

Return address:

John Wever
834 Guthrie Dr. W.
Sarnia, ON N7V 1Y1

Membership Application Form

Please accept my application for membership in the CN Pensioners' Associations. I understand that the annual fee is \$12.00, which I can pay through a monthly pension cheque deduction of \$1.00.

To which local/council association do you wish to belong?

Name: _____
LAST NAME FIRST NAME

PIN: _____ Phone: _____

Address: _____

_____ Postal Code: _____

Email: _____

Signature: _____ Date: _____

Mail application to:
National Council of CN Pensioners' Associations Inc.
John Wever
834 Guthrie Dr. W.
Sarnia, ON
N7V 1Y1

Or email to: cnpa4u@gmail.com



Go to our website at www.cnpensioners.org and send in your application electronically.

NB: For all matters directly related to your pension benefits, such as changes of address, changes in marital status or inquiries regarding pension matters, please call the **CN Pension and Benefits Administration**, the CN Pensioners' Helpline at 1-800-361-0739. Have your PIN handy.

