



Pensioners' news

Keeping pensioners' information on track
Volume 26 • Number 1 • Spring 2022

INSIDE THIS ISSUE

- 1 President's Message
- 2 President's Message, Continued
Newsletter Editorial Team
National Council Executive
Websites and Facebook Pages
Pensioners' Web Portal
- 3 Healthcare Matters: Will Canada's
Healthcare Benefits Meet Your Future
Needs?
- 4 Winter Message from National Treasurer /
Membership Chairman
- 5 CN Community Boards Increase the Impact
of Local Investments
- 6 Railroaders in the Community
- 7 Railroaders in the Community, continued
- 8 Celebrating Centennial Birthdays
- 9 Celebrating Centennial Birthdays, continued
Historical Rail Pass - PEI
CNPA Ontario Provincial Council Trades
Bursary
- 10 CN Pensioners Volunteer
Appreciation Night
- 11 CN Yardmen Tribute
- 12 Membership Application Form

IMPORTANT

When a pensioner/surviving spouse moves or dies, CN Pension and Benefits Administration must be advised immediately by calling 1-800-361-0739 so that an accurate information database can be maintained.

The Company (CN) has reached an agreement with the CN Pensioners Associations (CNPA) to provide mailing addresses periodically. This is so that the pensioner or surviving spouse does not have to make a second call to the National Council.

Next newsletter deadline:
Articles for the Summer edition
due by June 30, 2022

PRESIDENT'S MESSAGE

What are ADMs? Who goes to them? Why? What gets accomplished?

In this article, I will answer those questions. If the answers generate questions, ask me and I will clarify for you.

Our CN Pensioners Association has conducted Annual Directors Meetings (ADM) since the creation of the association. Those who attend these meetings are volunteers who also form or participate on the various committees and subcommittees that operate within our association throughout the year in support of various programs and initiatives.

The ADM is the most important meeting of the year for our association. The meeting lasts two full days and is normally held in Montreal following the November Pension Committee meeting. The scheduling is such since many National representatives who attend the ADM also attend the Pension Committee meeting, also held in Montreal, so by having one follow the other, we save time and money.

The ADM is where your elected National Council representatives review the past year and plan the following year's direction for the CNPA. Prior to the actual meeting, each person who is to make a presentation (report) submits that material to the National Secretary, who forwards it to all ADM attendees for their review prior to the meeting. This avoids reading through the reports at the meeting prior to discussion and voting. There were 12 reports pre-sent and pre-translated for ADM 2021. The minutes of the meeting are 30 pages long. The meeting is recorded and the minutes are prepared from that recording.

A summary of ADM meeting minutes for the last few years, including 2021, is available to all on our website (www.cnpensioners.org). You will also find the ADM Agenda at that location.

The main topics of discussion include finance, membership, and audit. This year's reports for those topics were detailed in a 45-page document (booklet). Last year's expenditures and next year's budgeted expenses are reviewed in detail. Final budget then goes to vote for acceptance. This year we also discussed succession plans for the positions of treasurer and membership manager. Both incumbents were on the call to introduce themselves to National Council. Both are well qualified and are working with Bruce Peacock (current treasurer and membership chairman) to ensure a smooth transition towards the end of 2022.

Health care is discussed, and the Health Committee chairperson submits a report prepared based on two meetings of the Healthcare Committee, which are held annually, separately from our ADM. The healthcare report is part of this Newsletter as usual.

We work closely with Medavie Blue Cross all year in order to ensure the proper functioning of the CNPA Healthcare Plan (annual transactions total approximately \$20 million).

Pension Committee activity, the status of pension plan investments, membership, and the health of our pension plan are reported upon and discussed. Our interaction with the company vis-à-vis the Pension Committee is also discussed and usually a representative of CN, Lifeworks or Mercer is invited to make a presentation to National Council on their responsibility in the management of our pension plan. The CN Investment Division is doing an excellent job managing and growing our pension fund (currently worth approx. \$19 billion).

Continued on page 2

Disclaimer: 2021 Editions incorrectly numbered:

Volume 26- Number 2- Summer 2021, Volume 27- Number 3- Winter 2021

The National Council of CN Pensioners' Associations Inc. publishes the CN Pensioners' News three times per year.

Newsletter Editorial Team

Editor Ken Roberts
robertsoflondon@icloud.com

Associate Editor

Joanne Gaborieau
joannegabor@hotmail.ca

Regional Representatives

Atlantic – Bruce Peacock
Peacock1942@gmail.com

Quebec – Rémi La Haye
Remilahaye@videotron.ca

Ontario – Cathy Thomas
cthomas.cnr@gmail.com

Prairie – Tim McCrindle
tc2mccrindle@gmail.com

Mountain – Alex Hui
akwx2011@gmail.com

National Council of CN Pensioners Associations Inc.
Floor 7
935 de La Gauchetière Street W.
Montreal, QC H3B 2M9

National President
Reg Hebert
rhebert06@yahoo.ca

Past President
Yves Bourdon
yvesgbourdon@aol.com
T: 450-449-3444

National Treasurer
Bruce Peacock
Peacock1942@gmail.com

Executive Secretary
Wayne Greenland
Wsgreenland@nf.sympatico.ca

For a complete listing of the 2022 National Council and Executive Committees, including the Regional Vice-Presidents, visit **www.cnpensioners.org/councils**

National website and national Facebook pages
For more information, contact names and numbers
please go to our National website

www.cnpensioners.org
www.facebook.com/cn.pensioners.92
www.facebook.com/cnpa.french.3

CN Pensions and Benefits Administration – 1-800-361-0739
Pensioners' web portal: cnbenefits.hroffice.com

The portal is now available at CNBENEFITS.HROFFICE.COM
It will allow you to access relevant pension information and update your address and banking information. On your first visit, you will need to register. You will then be able to access the portal using your CN PIN (login ID) and the password you created.

If you require assistance with registering or logging in, please call the Pensioners' Helpline at 1-800-361-0739.

CN is committed to adhering to the highest standards in all aspects of its corporate activities. In order to ensure that pensioners receive the maximum possible information concerning the Company, its activities, the Pension Fund, and all related matters, it funds this newsletter. However, the content of the newsletter is entirely the responsibility of the National Pensioners Associations, and CN assumes no responsibility for the content of the newsletter, which is the sole and exclusive responsibility of the Associations.

PRESIDENT'S MESSAGE – CONTINUED

Johnson Insurance often attends our meeting to briefly provide an update to Directors on various product and service changes. As you know from previous newsletters, Johnson is a CNPA partner and offers discounted insurance products to you as members, while providing an annual beneficial financial return to the CNPA, which it details at the meeting. Its contribution to the CNPA over the years has helped fund our annual scholarship program.

Other reports and programs voted on or discussed include the following: Railroaders in the Community, CN/CNPA partnership agreement, Government Liaison Officers' report, scholarship continuation budget, National Newsletter quality and timeliness, review of Constitution and bylaws as required, vote on resolutions submitted by regional councils, final budget vote, and election of officers as provided by the Constitution and as appropriate.

THE MEETING IS ATTENDED BY

President (Chairperson).....	(1) *
Past President	(1) *
Regional Vice-Presidents	(5)
National Directors.....	(8)
Healthcare Chairperson	(1) *
Treasurer/Membership Chairperson.....	(1) *
Government Liaison Officer.....	(1) *
National Secretary	(1) *
National Newsletter Editor.....	(1)
Alternate National Directors	(6)**
Total	26

*Denotes that the person holding said position is also a National Director.

**Alternates attend virtual meetings but do not travel for face-to-face meetings except for the first one after their appointment by regions or if actually replacing a director who is unable to attend.

This is the backbone of your association. It is the direct link to local and regional councils. We are always looking for interested people who have skills to help with some of the requirements of the association. The interface between National and Regional/Local Councils is critical to the continued success of our association. If you have any questions, you can contact me at **rhebert06@yahoo.ca** or 506-874-2850.

Reg Hebert

April 15 is the start date to apply for the 2022 CNPA Scholarship Program and all information can be found on our website at cnpensioners.org



DIRECTORS OF YOUR ASSOCIATION: Pictured are Joanne Gaborieau, Arthur St-Hilaire, Al Vodden, Bruce Anderson, Ken Roberts, Réjean Leprohon, André Desfosses, James Houston, Blake Olson, Earl Garland, Wayne Greenland, Bruce Peacock, Reg Hebert, Yves Bourdon. Missing from the photo: Ron Hewson, Dennis Jensen, Gary Heasman. (Disclaimer: Photo from 2019 ADM)

Health Care Committee



Comité de soins de santé

Healthcare Matters: Will Canada's Healthcare Benefits Meet Your Future Needs?

While we all hope that they will, there are a lot of skeptics predicting the opposite. By some recent figures, about **33% of our current tax dollars** fund the provincial healthcare and medical services and benefits that we enjoy (Statistics Canada, 2019). In the last four years alone, the cost of health care has risen from \$250B to \$308B annually, up 23% according to the Canadian Institute of Health Information (CIHI).

While some provinces have health-related taxes or premiums, in the end, we are all taxed in one form or another for the health services we receive. Provinces and politicians will need to decide how your tax dollars are spent between healthcare- and non-healthcare-related needs.

Some basic age statistics: In 2021, **19% of Canadians were aged 65 and older**, up 32% from only 14% in 2011. That percentage is projected to reach 23% by 2031 (Statistics Canada). There are now more seniors over 65 than kids under 15.

Continued on page 6

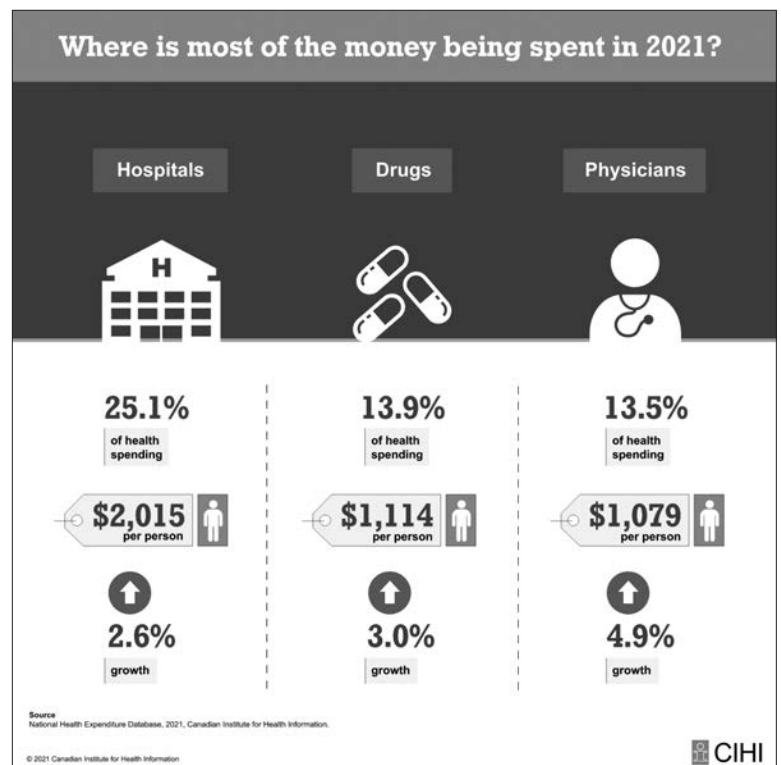


Chart provided courtesy of CIHI

Winter Message from the National Treasurer / Membership Chairman

Do you ever feel like you have nothing to say...lost inside yourself? As I sit in front of the keyboard, thinking of something that I can say that I haven't already said in "two decades" of penning articles for our newsletter (my goodness, "two decades," and words still don't come easily – where has the time gone?), it seems like just yesterday I was searching for an "interest" to occupy some leisure time. I never dreamed that an interest would become a passion.

It is prudent to know that the **CN Pensioners Association is a volunteer association** and exists only for the well-being of all CN pensioners and surviving spouses. As stated in previous articles, like any other type of business, to operate effectively and efficiently, the **CN Pensioners Association has unavoidable operating expenses**, and as a non-profit volunteer organization, our main source of revenue is a fee structure to help meet these expenses. Without financial stability, we would not be able to provide the level of services that we have in place today. We count on "your" financial support to continue to provide social activities, in-person meetings, guidance on pensions and benefits programs, partnerships, scholarships, and more.

And what can you expect in return? I emphasize that the CNPA is the only organization we have to protect our pensions and benefits (financial and otherwise) and social activities through 43 Local Councils maintained strategically across Canada. It is your prerogative to be associated with the Local Council of your choice. For example, if you worked for many years at the Transcona Shops in Manitoba, but you are now retired and have returned to live your retirement years in Prince Edward Island, you can still remain associated with the Winnipeg Local Council – no problem!

Hard to believe that we are now in 2022 and it's time again to consider becoming a "contributing member." Our membership year runs from January to December. **Annual dues are still only \$12.00 per year.** Collecting membership dues each year is an administrative nightmare. To alleviate this tedious task, we have negotiated an agreement with **CN so that they will deduct \$1.00 per month from your monthly pension payment.** This makes it easier for the pensioners as well as for the association.

Once you sign up for payroll deduction, you never have to wonder or worry again if your dues are paid because this program is ongoing, and we will continue deductions for as long as you decide. You do not have to re-apply each year; this process is automatic. Membership will commence in the month after we receive your application.

More than 99% of contributing members have chosen payroll deduction as their method of annual dues payment. If you currently pay your annual dues by cheque or locally in cash, I encourage you to elect the payroll deduction method, mainly because it would be in your and our best interests to do so. On the payroll deduction system, 100% of your \$12 goes directly to your Association. If you choose to pay by cheque, approximately 35% of your dues payments go to banking and administrative costs. I encourage you to think seriously about this. **The choice of dues payment is yours.**

Covid-19 has surely been a serious concern not only in Canada but across the entire planet. The restrictions imposed by this pandemic and government legislation have made it very awkward for your Association to actively function; however, we have found ways to continue, mainly via paper, phone and Internet until this virus is

overcome. Hopefully we will be able to once again meet without all the restrictions imposed upon us today. Will the future ever be the same? My guess is, more than likely but with some modifications. Soon after our newsletter is published, questions come via phone and email. Here are a few that seem to come up time after time:

Question 1: I have just retired from CN after 35 years of service. Am I not automatically a member of the CN Pensioners Association? Yes, you are certainly a recognized member of the association; however, **we have two types of membership:** (1) contributing, and (2) non-contributing. Most community or non-profit organizations have a dues structure whereby dues payments are mandatory (\$25–\$100+ annually). Because we are a democratic association, we do not force members to contribute financially, even though no organization can operate effectively or efficiently without operating expenses, as mentioned earlier in this article.

We are a non-profit volunteer-based organization consisting of more than 32,000 pensioners and survivors. Currently 22,700 (71%) contributors understand the need for financial intervention.

Question 2: How do I become a "contributing member"?

There are five ways to become a contributing member.

- 1. At the back of each National Newsletter, you will find an application for membership with instructions on where to send it.
- 2. You can go to our website (www.cnpensioners.org), click on Membership, complete the application, and send it electronically.
- 3. If you are a new retiree, or if you are a surviving spouse, you will have received a package from CN Pensions and Benefits Administration, which includes an application for membership with instructions on where to send it.
- 4. We have 43 Local Councils located strategically across Canada. The Membership Chairperson in each Local Council is listed on our website, including contact name, telephone number and/or email address.
- 5. You can call the National Treasurer directly at 506-383-9045. If you must leave a message, make sure you quote your PIN, complete mailing address and telephone number. You will receive a return call confirming your application.

Question 3: I have advised CN Pensions and Benefits Administration that my address has changed. Do I also have to advise the CN Pensioners Association? NO, one call does it all. Any pensioner (or surviving spouse) can call the Helpline (CN Pensions and Benefits Administration) toll free at 1-800-361-0739 to report a change of address. CN advises the CN Pensioners Association of such changes monthly so that we can adjust our records as well.

Question 4: I advised CN Pensions and Benefits Administration of my change of address; however, my latest copy of the CN Pensioners' News came to my old mailing address. CN Pensioners' News is mailed three times a year by a mailing house selected by CN, and the CN mailing list is used to distribute this publication. To expedite the newsletter, it is possible that mailing addresses are provided to the mailing house in advance of the mailing deadlines; therefore, it is possible that the mailing house may not be apprised of your new mailing address in time for distribution. This will only happen one time as future issues will eventually come to your new address. The key, of course, is to ensure that you call the Helpline at 1-800-361-0739 as soon as possible to advise of address changes, phone number changes, and so on.

Question 5: Why I am not receiving any correspondence, literature, calendars, etc. but some of my fellow CN retirees are? As already mentioned, there are two types of membership (contributing and non-contributing). Those who contribute financially to our association can expect to receive "tangible"

benefits, like:

- Participation in our scholarship program (because funding comes from dues payments)
- Special discounts that we as an organization must negotiate for our members
- Calendars
- And more

Approximately 250 pensioners/survivors have **signed a disclaimer** that prevents CN from sharing their contact information with the CN Pensioners Association. Was this actually an informed request, or was it simply a misunderstanding?

If your question is Question 5 and wish to have this situation corrected, refer to Question 2.

Take care and stay safe.

Bruce Peacock

National Treasurer/Membership Chairman

CN Community Boards Increase the Impact of Local Investments

Great community relations are vital to the running of CN's transcontinental railroad. The Company strives to be a good neighbour – not only in its commitment to safety and environmental sustainability, but also in its efforts to make Canada's communities better and safer places to live, work and play.

CN has established volunteer-driven Community Boards in key locations across its network, including British Columbia, Alberta, Saskatchewan, Manitoba, and Nova Scotia. Plans are underway to set up additional boards in other parts of Canada and the United States. The Boards help guide the decisions of the CN Stronger Communities Fund and strengthen community partnerships by putting funding decisions into the hands of local community and business leaders who know their communities best. They keep CN connected to regional issues and ensure CN participates in impactful community partnerships that create tangible benefits and align with local needs. The focus is on supporting local, grassroots organizations with smaller grant funding requests in areas where CN employees and pensioners reside. Pensioners are also represented on many of these Boards.

CN Community Boards meet on a quarterly basis to review requests for funding from a wide variety of local non-profit organizations across Canada. They assess the impact of each grant application on the CN community and against guidelines and make recommendations to CN for funding. Over the last couple of years, over 100 organizations have received more than \$1.45M from CN through the Community Boards.

Your charitable organization or another local group or organization in your area may be eligible to apply for funding for your worthwhile community project or activity. To find out

about the Stronger Community Fund, go to the CN website under Delivering Responsibly and click on Community to see how to apply.

CN also gives back to communities in other ways that would be of interest to pensioners. The CN Railroaders in the Community program rewards the volunteer efforts of CN employees, pensioners, and their families with grants to the organizations where they donate their time. In addition, the CN Employees' and Pensioners' Community Fund manages employee and pensioner giving and organizes fundraising activities and annual campaigns in support of various Canadian charities.

Stay tuned for the CN in Your Community (CNIYC) 2022 brochure. For more information on the programs mentioned above, please visit:

Stronger Communities Fund:

www.cn.ca/en/delivering-responsibly/community/

CN Community Boards:

<https://www.cn.ca/en/delivering-responsibly/community/community-board/>

Railroaders in the Community:

<https://www.cn.ca/en/delivering-responsibly/community/cn-railroaders-community/>

CN Employees' and Pensioners' Community Fund:

<https://www.cn.ca/en/delivering-responsibly/community/cn-community-fund/>



Helping to keep seniors active in her community

Lorraine Hamel retired from CN in 2013 after 25 years of service. She worked as a railcar distribution clerk at the Company's headquarters in Montreal. In 2017, Lorraine became involved with the Volunteer Centre in her community of Acton Vale, a small town about an hour east of Montreal. "I like to stay active by helping others," says Lorraine.



At the Volunteer Centre, Lorraine distributes food twice a week with Meals on Wheels to elderly or incapacitated people who have requested the service. "For many of these people," explains Lorraine, "we're the only outside contact they may have during the week. The pandemic has only made it worse, so we try to find out about their general health and spirits at the same time." Lorraine also leads two sessions per week of Active Life, an exercise program for people aged 60 to 90+. Research has shown that maintaining an active lifestyle, even into old age, helps limit muscle atrophy, improve range of motion, prevent falls, and relieve pain. "Some of my clients are stroke victims. Others are recovering from injuries. Some just want to have fun and meet with friends," says Lorraine.

In addition, Lorraine fills in to provide transport to medical appointments when necessary and helps organize outings like a recent train ride through the Eastern Townships. "It's important for seniors to get out and meet other people," concludes Lorraine.

Spreading his support far and wide for his community

Gilles Larche retired from CN in 1996 after 25 years of service, during which time he held unionized positions in the Human Resources Department at the Company's headquarters in Montreal. Gilles likes to stay active by helping others. "It makes me happy and keeps me occupied," says Gilles.



Upon his retirement, Gilles worked for a federal political party for eight years. In February 2000, he began his volunteer work at La Mosaïque, which has been offering community assistance services to the people of Longueuil on Montreal's South Shore for close to 40 years. The organization's mission is to improve the autonomy and social integration of disadvantaged residents.

For more than 16 years, Gilles has logged an average of over 120 volunteer hours with La Mosaïque each year, performing a wide variety of services. Before the pandemic, La Mosaïque's choir offered performances in long-term care homes and retirement homes. A longtime member of his parish choir, Gilles is one of 45 singers in the La Mosaïque choir. "Now that things are opening up again, we hope to restart performances before the end of the year," says Gilles.

Gilles also provides transportation services to elderly and socially isolated individuals in his community, bringing them to vaccination centres and medical clinics for tests. In this way, Gilles says he is helping in the fight against COVID-19. Additionally, he helps seniors with shopping and errands, purchasing supplies like masks, and picking up food every week.

"In the current context of the pandemic," explains Gilles "it's more difficult for people to get out and volunteer, yet basic needs are exploding. That's why it's important for me to support La Mosaïque."

Continued from page 3

As we increasingly age, we typically use more of our country's healthcare services and, as a direct result, the costs for healthcare services will likely continue to rise. Interestingly, as pensioners, we generally pay a smaller tax portion on average than younger, working Canadians. We also take advantage of senior age-related benefits like CPP, OAS, and pension splitting, so there is a benefit to being older but it all does come with a cost.

Our **CN Pensioners Association** is already seeing the same effect of the ageing Canadian population. In the late '80s and '90s, CN did not hire quite as many people. In some cases, those hired now are a bit older than those hired in the '60s and '70s. Over time, our pensioner population has dropped from **45,000** in 2000 to **32,000** in 2020 – **down 28%**. The average pensioner age has gone from **74.3 to 76.3** over that period. Those trends will likely continue with fewer active employees in our Pension Plan and with some

employees retiring later.

Our **Healthcare Plan for CN Pensioners** will need to adjust as well, looking at an older population, with more requirements for medications and differing but increased needs and therefore higher costs. This will require some forward thinking and progressive planning. How your province supports its seniors has a big impact on your costs to our healthcare plan.

What benefits should you be aware of? We should all be taking advantage of the government benefits that are available to seniors across Canada. We have developed a list of provincial benefits and programs to give you an idea of what is potentially available to you. Just go to our **CNPA national website** at **cnpensioners.org**, click on Healthcare, and LOOK under **DOCUMENTS** for **Provincial Seniors Programs**.

Continuous Improvement

That might have heard that phrase on occasion during your career with CN. It represented a goal of achieving better results every time something was done or attempted, whether that was week over week, month over month or year over year. Steady improvement was an important component of driving success in whatever we were doing. Around this time last year, I reported the 2020 results for the volunteers in the Railroaders in the Community (RRITC) program while acknowledging that 2020 had been a particularly challenging year and hoping that 2021 would start to show signs of improvement. Signs that we could start to shrug off the necessary restrictions, return to more normal volunteering opportunities, and continue to grow this program.

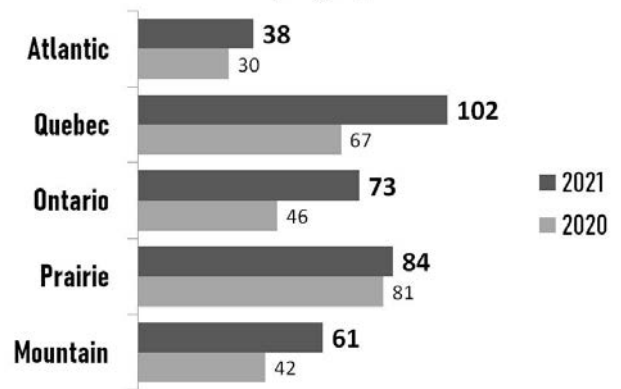
Well, the year 2021 itself may not have been as big an improvement as we had hoped for, but, as you can see in the numbers presented here, you, as a group, found ways to continue to volunteer with a host of charities.

Total Pensioner Volunteers		
2020	2021	Change
266	358	35%

You exceed last year's totals by significant margins, not only in terms of number of participating volunteers, but also in terms of hours worked and resulting donations made to your selected charities. All members who participated in this program should be very proud of their accomplishment in generating donations to their charities of choice. I know the charities are extremely grateful for the additional funding.

Worthy of note is that, last year, we had 255 CNPA contributing members registered in the program, and this year that number grew to 330. Simply by virtue of their paid-up memberships, at a cost to each of them of \$12 per year, each of their charities received an additional \$100 from CN, which totalled an additional \$33,000. If you're willing to volunteer your time at a charity and you're not currently a contributing member, that's just one more reason to join the CN Pensioners' Association, and, just by doing that, you provide an extra donation to your charity. I would like to take this opportunity to comment specifically on the profiles that we publish in each edition of our National Newsletter. These are stories that are forwarded to me, providing details about CN pensioners and the charities they volunteer for as part of the RRITC program. The

Pensioner Volunteers by Region/Province



results that we tend to focus on at the end of the year are all the financial totals that were generated, as donations by CN, on behalf of the participants – and that's a valid accomplishment. In each edition however, we shine the spotlight on a few participants and the backstory of their involvement with their charities, making it clear that their goal is not simply to generate dollars, but rather to be a source of good will and support for their charities and those who are helped by those charities. I think that's the real story of the Railroaders in the Community program.

A collection of retired CN employees, actively engaged in making life a little better for others through their volunteer efforts. There is no volunteer project too small to be worthy of recognition. If you have a story that is related to your volunteer efforts, and some background on the charity you volunteer for, please forward them to me at btanderson54@hotmail.com and we will help develop the story and publish it as space permits in the newsletter. These are all good news stories and you, individually, and we, as a group of CN pensioners, should be extremely proud of the amazing work being done within this program.

At the risk of sounding repetitive, we hope that 2022 will provide even more opportunities for your volunteer efforts and that, this time next year, we will once again be reporting continuous improvement and even better numbers. We also hope that we will be able to feature new profiles and that, as you read them, you will feel inspired to join the program and provide your profile as well.

Bruce Anderson





Celebrating Centennial Birthdays

CN and CN Pensioners Associations have always shown respect for their pensioners, especially for those reaching the ripe young age of 100. To honour these centenarians, an award designed and approved by the CN Pension Committee will be presented to this special category of pensioners/survivors to commemorate this milestone. The award is inscribed with their name and date of birth. We will publish the names and dates and, when possible, photos from the presentation in our National Newsletter, released and distributed to all pensioners three times a year.



1. Mrs. Béatrice Granger-Payant
August 11, 2021, Saint-Jean-sur-Richelieu, Quebec. Wife of Normand Payant (1923–1979), who was the manager of the Carload Centre in St-Lambert, Quebec.



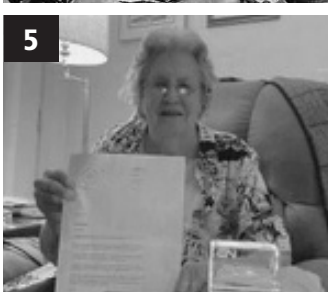
2. Mrs. Anne Duxbury November 29, 2021, Winnipeg, Manitoba. Started in Toronto in May 1947 and retired in July 1984. She spent most of those years in Winnipeg. Wife of the late Bill Duxbury, who passed away in January 2016.



3. Mrs. Doris Amanovich (Fenton) November 10, 2021, Burnaby, British Columbia. Widow of James Cameron Fenton, who worked in the Sheet Metal Dept. at Transcona Shops from 1941 to 1979. The CN plaque was presented by her son, Craig Fenton. Present were the family, 4 grandchildren and 1 great-grandchild.



4. Mrs. Emilia Kuchma November 5, 2021, Rainy River, Ontario. Commemorative CN gift plaque and letter presented by her daughter, Elsie Rosler of Winnipeg, MB, who was pleased and surprised to receive them.



5. Mrs. Florence Mair January 3, 2022, Sarnia, Ontario. Wife of the late Douglas Knox Mair, a locomotive engineer working between Sarnia and Toronto and later for Via Rail. Centenarian gift and letter presented by her son, David Mair.



6. Mrs. Florence Mary Waldron November 27, 2021, Pointe Claire, Quebec. Wife of the late Harold Waldron. Centenarian gift and letter presented by her daughter, Carolyn Waldron Crotagino.

7. Mrs. Freda Esther Kimpton November 14, 2021, Saskatoon, Saskatchewan. Wife of the late Bruce Kimpton, a locomotive engineer in Saskatoon. The award is sitting on the table just to the left of Mrs. Kimpton.



8. Mrs. Gabrielle Ramsay October 31, 2021, Quebec City, Quebec. Mrs. Ramsay worked in the accounting office in the CN administrative building on Rue du Market in Quebec City for 35 years. The centenary memorial plaque was presented by her nephew, Georges Lagacé.



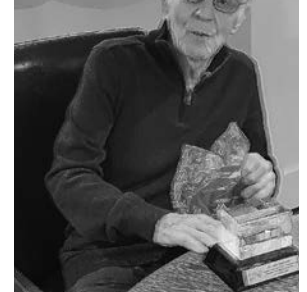
9. Mr. Gerardo Falconi October 25, 2021, Stouffville, Ontario. Plaque presented by Matthew Ho, Social Service Worker, Parkview Services for Seniors. "Mr. Falconi is very appreciative of the letter and gift and thanks CNPA wholeheartedly."



10. Mrs. Irène Thibault September 19, 2021, Montreal, Quebec. The CN memorial plaque was presented to her by her daughter, Louise, with whom she has lived for seven years. Irène's late husband was Raoul Thibault, a station master in Matapédia, Gaspésie. He worked at CN for 35 years.



11. Mr. Jack Hopkinson January 23, 2022, Kelowna, British Columbia. Jack started his career in Winnipeg as an electrician apprentice in 1941. When WWII began, he joined the armed forces. When the war was over, he returned to CNR and continued his apprenticeship. Jack eventually transferred to Montreal and worked as a machinist until his retirement in 1977.



12. Mrs. Jeanne-D'Arc Demers
 December 20, 2021, Lévis, Quebec.
 Wife of the late Georges-Henri Demers, who was a hostler-machinist for 40 years at CN. Her daughter, Sylvie, gave her the souvenir plaque and a bouquet of flowers.



13. Mr. Kassam Omar Abooughoushe
 December 5, 2021, Edmonton, Alberta. Omar worked in Calder and at the downtown CN tower. You may remember Omar doing his work with great pride for over 31 years. At the celebration, Omar was surrounded by his loving family. Al Vodden, President, and Chris Randall, Treasurer, CNPA Edmonton RailVets, also attended the event.



14. Mr. Laurent Arsenault
 December 25, 2021, LaPlante, New Brunswick.



15. Mrs. Lila Bennett
 September 23, 2021, Perth, Ontario. Wife of the late Vernon L. Bennett, who was a brakeman out of Niagara Falls, Ontario, and retired Feb. 28, 1986. Arrangements for the centenarian award made by CNPA Ottawa Council.



16. Mrs. Lucienne Barrette
 January 14, 2022, Chemin Saint-Louis, Quebec City, Quebec. Her late husband, Jean G. Gibeault, worked at CN Express for 42 years. Her daughter, Monique, presented the centenarian award and letter.



17. Mrs. Noella Péroquin
 December 25, 2021, Charny, Quebec. The director of the residence of the Petit Domicile de Charny presented the CN memorial plaque to Mrs. Noella Péroquin. Her late husband, Charles Péroquin, was a conductor.



18. Mrs. Ruth Gazely
 Nov. 30, 2021, Belleville, Ontario. Her late husband was a carman in Belleville, Ontario. The family is most appreciative to receive such a unique gift.



Historical Rail Pass – PEI

On September 12, 2021, a historical Rail Pass issued to the premier – the Honourable Lemuel Owen – in 1875 was presented to the Elmira Railway Museum along with Prince Edward Island Railway shipping documents.

The presentation was made on behalf of the Prince Edward Island CN Pensioners Association by John Stewart, acting President, and Myron Matheson, former President.

The Museum was represented by Wendy Robertson-Nolan, Assistant Manager, who gratefully accepted the donation. Preserving railway history is a passion of both John and Myron.



Photo L to R: Myron Matheson, Wendy Robertson-Nolan and John Stewart.

BREAKING NEWS!

CNPA ONTARIO PROVINCIAL COUNCIL TRADES BURSARY

The CN Pensioners Association of Ontario is pleased to sponsor a CNPA Trades Bursary. The purpose of the bursary is to assist financially in the educational pursuit and career development of children, grandchildren, and great-grandchildren of supporting members of the CN Pensioners Association belonging to the Ontario Provincial Council. There will be one Trades Bursary each year, worth \$1,500.00. Please visit cnpensioners.org – CNPA Ontario Trades Bursary.

ONLINE applications for the Bursary will open April 15, 2022, and close August 15, 2022.

There are 144 skilled trades in Ontario to choose from.

CN Pensioners Volunteer Appreciation Night



Front row, left to right: Wayne and Jeannine Greenland, June King, Pauline Murrin, Lorna Clarke, Jennifer Hill, (Annette Hurley, Sherry Welsh - staff members, Railway Coastal Museum), Bill Penney. Back row, left to right: Art King, J.P. Coady, Robert Hunt, Graham Hill, Gilbert Lakley. Absent: Trudy Rendell

On October 20, the A-9 Council hosted a supper reception for our volunteers at our club space, located at the Mews Centre in St. John's. For 70 out of 72 days, our CN pensioners volunteered at the Railway Coastal Museum housed in the former CN Railway Station in downtown St. John's. President Graham Hill coordinated the volunteer scheduling. Thanks to our efforts, a large sum of money was raised through the CN Railroaders in the Community program and donated to the museum.



CAISSE DE BIENFAISANCE
DES EMPLOYÉS ET RETRAITÉS DU CN

CN EMPLOYEES' AND PENSIONERS'
COMMUNITY FUND

There's still time to give!

Donate to the charity closest to your heart

from **more than 500 organizations** or add the one of your choice*:

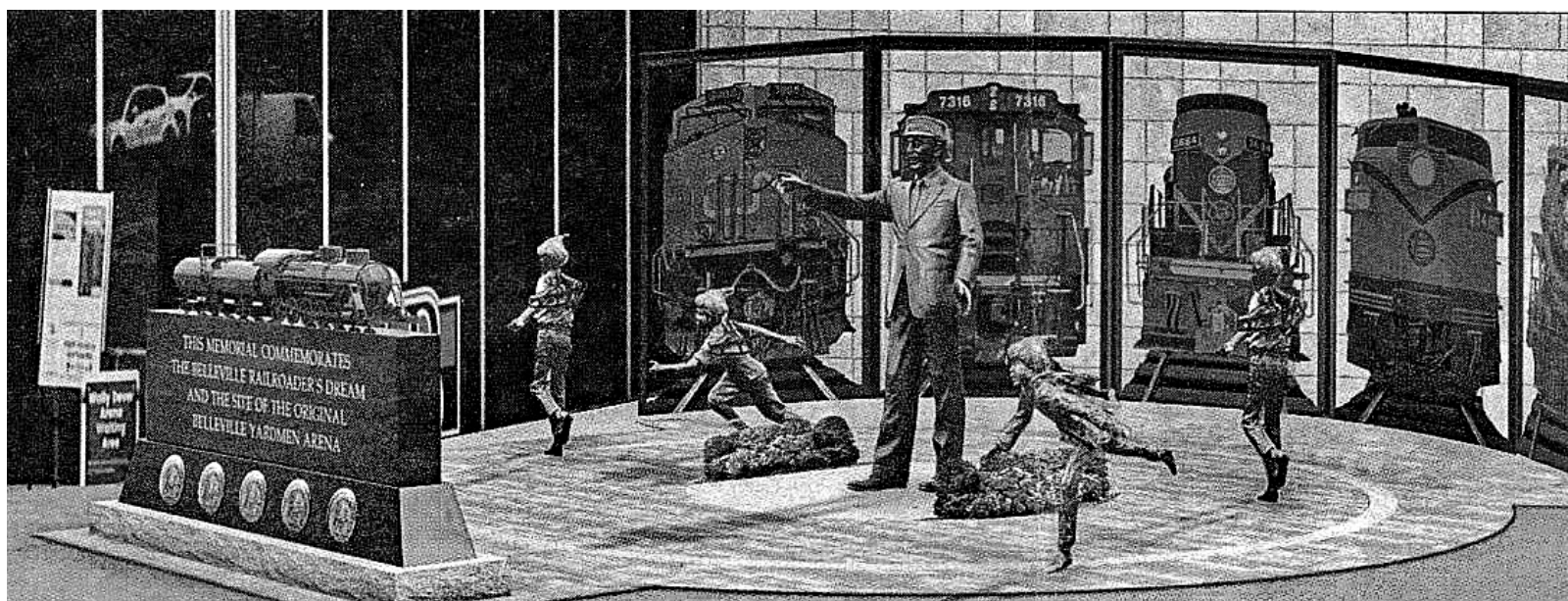
www.communityfundcn.com

1-877-552-7555

Help us create a better future

*Each organization must receive a minimum of \$300 per year to be eligible.

CN YARDMEN TRIBUTE



RAILROADERS NOW PROPOSE TO BUILD A MONUMENT OUTSIDE OF THE FORMER "YARDMEN ARENA" DRAWING ATTENTION TO THEIR CONTRIBUTION FOR YEARS TO COME.

Belleville has always been big on hockey. Its downtown Memorial Arena had been the place to play and watch hockey since 1929. In the 1970s, a group of railroaders known as The Belleville Yardmen raised and contributed more than \$3 million towards the construction of the state-of-the-art Quinte Sports Centre, which opened in 1978.

The facility had an Olympic-sized ice surface – the largest in the Ontario Hockey League. In the 1990s, the facility was eventually given its name, Yardmen Arena, to honour those railroaders and their contribution to the arena and the community. Signage identifying the facility as Yardmen Arena was installed on the west side of the building. Over time, it became known as the Quinte Sports and Wellness Centre, which included the Yardmen Arena. In 2017, the Ottawa Senators moved their American Hockey League affiliate to the Yardmen Arena for the 2017–2018 season. On September 19, 2018, the Senators sold the naming rights of the facility, and it became the CAA Arena.

This monument will be erected in 2022 to honour the efforts of the Belleville Yardmen, who had a vision to build a facility and who achieved their vision, creating the Yardmen Arena and providing ice for winter sports for generations.

CN Yardmen Monument Tribute Donations Levels

All donations will be listed on the City of Belleville website and included in our marketing campaign. Donations over \$10,000 will have the donor's name added to a wall plaque at the monument site. You can make an anonymous donation or leave a legacy in memory or in honour of a family member.

The online form to make a donation using a credit card can be found at:

<https://forms.belleville.ca/Finance/Live-Forms/Yardmen-CN-Monument>

Donations can also be made in person or by mailing a cheque to:

City Hall
169 Front St.
Belleville, ON K8N 2Y8

\$20–\$1,000

\$1,000–\$5,000

\$5,000–\$25,000

\$25,000–\$50,000

\$50,000–\$100,000



Please make cheques payable to the *City of Belleville* with *CN Yardmen Monument Tribute* on the subject line.

Tax receipts will be issued for all donations.

Return address:

Bruce Peacock
51 Weyburn Road
Moncton, NB E1A 5M5

Membership Application Form

Please accept my application for membership in the CN Pensioners Associations. I understand that the annual fee is \$12.00, which I can pay through a monthly pension cheque deduction of \$1.00.

Name: _____
LAST NAME FIRST NAME

PIN: _____ Phone: _____

Address: _____

_____ Postal Code: _____

Email: _____

Signature: _____ Date: _____

To which local/council association do you wish to belong?

Mail application to:
National Council of CN Pensioners Associations Inc.
Bruce Peacock, Treasurer
51 Weyburn Road
Moncton, NB
E1A 5M5

Or email to: peacock1942@gmail.com



Go to our website at www.cnpensioners.org
and send in your application electronically.

NB: For all matters directly related to your pension benefits, such as changes of address, changes in marital status or inquiries regarding pension matters, please call the **CN Pension and Benefits Administration**, the CN Pensioners' Helpline at 1-800-361-0739. Have your PIN handy.

