



**Canadien National
Pensioners association**

Provincial council of Québec

**Provincial Bulletin
September 2020**

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NB: If you have subjects to add, send us an email at the address next:

arcn.provincial@gmail.com

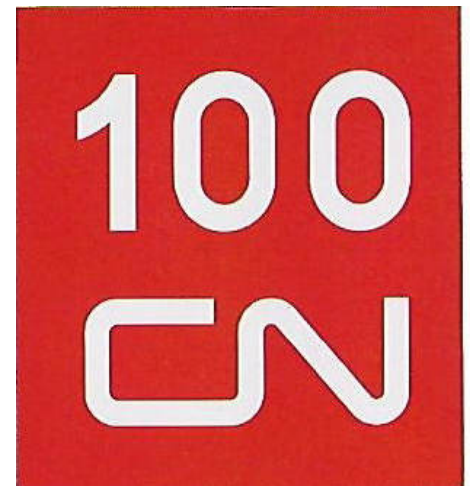
Hello,

As you are probably aware all CN hundredth anniversary celebrations have been canceled.

Such an announcement was to be expected because of the Covid-19 and other CN considerations. Although it would be nice to have a celebration in Montreal in 2021, which would bring the celebrations to a close, so it's to be continued.

Thank you to everyone who registered to volunteer for activity.

Yves-G Bourdon
Provincial President of CNPA



MESSAGE FROM YOUR PROVINCIAL PRESIDENT

We are all living in a unique and exceptional situation in our life, because of Covid-19, which means that we must be very careful and follow government instructions, because we the elders are the most vulnerable.

We feel like we are living in slow motion because of all these justifiable restrictions, preventing Local Councils from doing their normal business. In due course you will be notified of the gradual resumption of activities, but it is not tomorrow the day before.

Our Annual General Meeting (AGM) in May and September were canceled, because the current situation does not allow us to meet while respecting the instructions and especially out of prudence for the health of our members.

The Provincial AGM will therefore take place via ZOOM video conference, a first for all of us. In our next Provincial Bulletin, we will inform you of the results of our meeting.

Your membership in CNPA is always appreciated and allows us to advocate on your behalf, in addition to offering you social activities.

Yves-G Bourdon

Provincial President of CNPA



Important

**It is very important to make your address changes to
Morneau Shepell by dialing**

1-800-361-0739

**You change your email
Let us know**

ARCN.PROVINCIAL@GMAIL.COM

SCHOLARSHIPS :

We would like to thank all of those who applied for the University and Trades Scholarship. Again this year the competition was very strong, however for those who did not receive a scholarship from the CN Pensioners' Association (ARCN) we encourage you to apply again next year.

Despite the Covid-19 pandemic, we received a number of applicants equivalent to previous years.

This year we offered two Luc Grenier trade scholarships of \$ 1,500 each. The scholarships were subsidized respectively by the Provincial Council and the Montreal / Laval Council.

I would like to thank the members of the selection committee for their excellent candidate analysis, integrity and impartiality.

For the eighth year, we are pleased to announce the recipients of university scholarships and trades.

UNIVERSITY SCHOLARSHIPS:

STUDENTS	SPONSORED BY:	COUNCIL
Alexandra Burns	Helen Bandura	Montreal Laval
Bryanna Pilkington	Glen Pilkington	Montreal Laval
Olivia Charest-Drapeau	Raymond Drapeau	Quebec
Patrick Oleksiw	Olga Oleksiw	Montreal Laval
Kelly-Ann Oigny	François Oigny	Montreal South Shore, Lanaudière, Laurentians

TRADE SCHOLARSHIPS:

Koraly Jasmin	Michel Jasmin	Montreal South Shore, Lanaudière Laurentians
Carl Bourdon-St Onge	Yves Bourdon	Montreal South Shore, Lanaudière, Laurentians.

Selection committee: Marc Tessier, Denis Cousineau, Rémi La Haye and the undersigned.

Yves G Bourdon
President of the Selection Committee
Scholarships

Presentation of the Provincial Council CNPA 2017-2018

Claudette Hudon, auditor
Boris Klco auditor
Rémi Lahaie, treasurer
Rejean Leprohon, vice president
Yves G. Bourdon, Provincial President, National Director,
Co-Chair of the Pension Committee,
Louis-François Garceau, secretary
Arthur Saint-Hilaire, representative of health care in Quebec
and vice president at National-Québec
Paul Goupil substitute health care in Quebec
Denis Cousineau provincial representative pension committee

To join us

President: Yves Bourdon Tel: 450-449-3444 or yvesgbourdon@aol.com
Vice-president: Rejean Leprohon Tel: 819-538-5362 or rejeanleprohon206@aol.com
Treasurer Rémi Lahaie Tel: 514-631-3283 or remi.lahaye@gmail.com
Secretary: Louis-François Garceau Tel: 418-955-2466 or arcnq2012@gmail.com
Director Mario Michaud Tel: 819-538-3852 danielle_mario@hotmail.com
Director Rejean Simard Tel: 418-546-6525 or rejols@hotmail.com
Pension committee: Denis Cousineau Tel 514-210-2939 or dc.cousineau@gmail.com
Health care Arthur St-Hilaire Tel: 819-820-2848 ou a.n.sthilaire@gmail.com

A warm thank you to our important collaborators
Marc Tessier, Éditor and president of B14 council
Arthur St Hilaire, representative of health care in Quebec and vice president at National for
Québec and president of council B12
Rémi La Haye Trésorer Provincial and Council B-7
Yves G Bourdon President Provincial of CNPA

NATIONAL PENSIONERS NEWSLETTER:

You may have noticed that we have a new team of managers for our Pensioners' Newsletter.

If you have an article or articles about people or stories from one or more people that may be of interest to readers of our National Newsletter, please feel free to send them to Rémi La Haye From B-7 council.

Rémi La Haye remi.lahaye@gmail.com our new representative on the National Pensioners' Newsletter Management Committee.

If you would like me to address some topics in my column, please do not hesitate to contact me. yvesgbourdon@aol.com or at 450-449-3444.

One of our members, André Desfossés, received the Lieutenant-Governor of Quebec's medal in recognition of his many years of volunteer work in the community.

André is also a director of Council B-12 (Sherbrooke-Richmond) as well as the national director of ARCN.

In addition, he is a dedicated railroad worker in the community and an excellent ambassador for ARCN.

It would be interesting to highlight his dedication in the provincial newsletter in recognition of this well-deserved distinction.

Sincerely

Arthur St-Hilaire président of B12 council



The purpose of the Lieutenant-Governor's Medal is to recognize the volunteer commitment, determination and surpassing themselves of Quebecers who exercise or who have exercised a positive influence within their community or the nation of Quebec.



August 26, 2020 - 04:01 | Updated: 15:08

Presentation of the Lieutenant-Governor of Quebec's medal to Mr. André Desfossés

Richmond - The City of Richmond is pleased to announce that Mr. André Desfossés has been awarded the Lieutenant-Government of Quebec Medal for Seniors underlining his great involvement in the Richmond community.

This Richmond citizen is thanked for his many years of volunteering. Involved in the Volunteer Action Center for over 11 years, of which he was also president from 2015 to 2018. Mr. Desfossés has also been involved in other organizations including meals on wheels, the Knights of Columbus and the Happy Club of the Golden Age.

His knowledge of the environment and the needs of the community have also led him to actively participate in the development of the Age-Friendly Municipality (MADA) policy and in the monitoring committee of the MADA action plan.

The main party said he was "honored and very moved by this honor. I was speechless when I received this medal, I am proud to contribute to the development of my community".

The mayor, Bertrand Ménard, wishes to thank, on his behalf and that of the municipal council, Mr. Desfossés for his involvement and the positive impact he has in Richmond.

"We are very happy that Mr. Desfossés was rewarded after all this volunteering. André is an example as a citizen who works for the good of his community and the presentation of this medal not only underlines the contribution of this man, but also the very important contribution that great volunteers like him have for the City. "

Source L'Étincelle
MRC des Sources-Val St-Francois

NATIONAL RETIREE BULLETIN

You have surely noticed that we have a new team of managers for our Retiree Bulletin.

If you have one or more articles or stories about retirees that might interest readers of our National Bulletin, please send them to Rémi La Haye B-7.

Rémi La Haye remi.lahaye@gmail.com our new representative on the management committee of the National Retirees Bulletin.

If you want me to share certain topics that interest you in a column, please do not hesitate to contact me. yvesgbourdon@aol.com or at (450) 449-3444

Canadien National pensionners association

Memory helper

Provincial email association: arcn.provincial@gmail.com

National web site of CNPA Association : <http://www.cnpensioners.org/councils>

Questions about your benefits Morneau Shepell Ltée: 1-800-361-0739

Blue Cross Médavie representant for CN Arthur ST-Hilaire
2605 Vaudreuil Sherbrooke, Qc 819-820-2848 a.n.sthilaire@gmail.com

Blue Cross Médavie for Québec : 1-888-873-9200 contrat 93115

Via Rail Canada: www.viarail.ca réservation : 1-888-842-7245

Coop d'habitation les cheminots à Laprairie
président Jean-Marc Théorêt 450-907-7060
Courriel : cncoop@hotmail.com ou coop.cheminots@videotron.ca

Canadian National national email: <http://www.cnpensioners.org>

Travel insurance www.johnson.ca/medoc ou 1-866-606-3362

House and car insurance Johnson 1-888-424-2649

Choice Hôtels : www.choicehotels.ca code client pour CN 00064447

Hôtels avec IHG club privilèges <https://www.ihg.com>

Budget car rental CN A07730 corporate rebate number

Avis car rental CN corporate discount number C810900

Fastbreak truck rental CM corporate discount number for trucks A077380

Cellulaire Rogers: Planetemobile.biz utilisateur CN mot de passe Mobile

Vacances Évasion CN Vision 1-800-263-1163

Discount on Ford Product 1-877-294-7554

See the travel and discount web page <http://www.cnpensioners.org/travel.cfm>

Boutique CN <http://www.boutiquecn.com>

Blue cross manual http://www.cnpensioners.org/PDF/BC_2018_01_CN_Broshure_en.pdf

Bruce Peacock national treasurer
51 Weyburn Road, Moncton ,NB E1A 5M5 Tel: (506) 383-9045