



CN Pension and Benefits Administration  
PO Box 8111  
Montreal, Quebec H3C 3N3

Administration des régimes de retraite  
et des avantages sociaux du CN  
Case postale 8111  
Montréal (Québec) H3C 3N3

December 4, 2024

Dear CN Pensioner,

We are writing to inform you of important changes regarding your pension payments due to the ongoing Canada Post strike:

1. Your November 2024 (enclosed), December 2024 and January 2025 (if the strike continues in December and January) pension cheques will be sent via courier.
2. These will be the last cheques you receive by courier if the Canada Post strike continues. If the strike persists beyond January 2025, no further cheques will be sent until the strike is over.

**IMPORTANT: To ensure uninterrupted pension payments, we strongly urge you to register for direct deposit immediately.**

If you have not yet applied for direct deposit:

- In the event of a future postal strike, you will not receive any cheques until the strike ends.
- To avoid any delay in the payment of your pension, please call the CN Pension and Benefits Administration to set up direct deposit.

For any questions about your CN pension payments, please contact us at the number below.

Sincerely,

CN Pension and Benefits Administration  
1 800 361-0739

Enclosure

November 2024 pension cheque