



**Canadien National
Pensionner association**

Provincial Council of Québec

**Provincial Bulletin
October 2021**

Hello everyone ,

I was informed by Jérôme Lanoue of the Council of St-Hyacinthe-St-Hilaire, that effective October 1 their Council would cease their activities and they made the decision to join Council B-14 Montreal Rive-Sud, Laurentides and Lanaudière. Council B14 unanimously accepted this resolution. The Board of B-14 wishes the best of welcomes to all new members and will be pleased to meet them at a future meeting or at one of our activities.

The Provincial Council meets regularly by videoconference and several decisions have been taken regarding the future going forward. There will be several of our resolutions to be presented for approval at the next Annual National Council meeting.

The winners of the university scholarships are:

**1- Boaz Laor, 3421 Beaconsfield Ave., Montreal, QC H4A 2H2
Retired parent: Bernard Weinstein B-7**

**2- Anne-Catherine Chouinard, 1200 de Caen, Boucherville, QC J4B 8J5
Retired parent: Luc Lanthier B-14**

**3- Marianne Caudron, 6477 ave. Chauvin, Montreal, QC, H1M 1K5
Retired parent: Claude Caudron, B-14**

**4- Rebecca Hayes, 700 chemin de Saint-Jean des Piles, Shawinigan, QC G0X 2V0
Retired parent: Raymonde Gélinas, B-6**

**5- Nicolas Bonenfant, 2715 rue Manille, Brossard QC, J4Y 1P6
Retired parent: Jacques Bonenfant, B-14**

The business winners are:

**1- Laurence Bonenfant, 2715 rue Manille, Brossard, QC. J4Y 1P6
Retired parent: Jacques Bonenfant B-14**

**2- Aurée Labrie-Quesnel, 1550 Baxter, Montreal, QC, H8N 2T5
Retired parent: Victor Labrie B-14**

Congratulations to all of the winners as well as to all those who submitted the most interesting applications. We encourage them to submit another application in 2022 as many of our winners are not at their first

Yves Bourdon provincial president

Presentation of the Provincial Council CNPA 2020-2021

Claudette Hudon, auditor
Boris Klco auditor
Rémi Lahaie, treasurer
Rejean Leprohon, vice president
Yves G. Bourdon, Provincial President, National Director,
Co-Chair of the Pension Committee,
Louis-François Garceau, secretary
Arthur Saint-Hilaire, representative of health care in Quebec
and vice president at National-Québec
Paul Goupil substitute health care in Quebec
Denis Cousineau provincial representative pension committee
Sonia Tremblay substitute pension committee

To join us

President: Yves Bourdon Tel: 450-449-3444 or yvesgbourdon@aol.com
Vice-president: Rejean Leprohon Tel: 819-538-5362 or rejeanleprohon206@aol.com
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Secretary: Louis-François Garceau Tel: 418-955-2466 or arcnq2012@gmail.com
Director Mario Michaud Tel: 819-538-3852 danielle_mario@hotmail.com
Director Rejean Simard Tel: 418-546-6525 or rejols@hotmail.com
Pension committee: Denis Cousineau Tel 514-210-2939 or dc.cousineau@gmail.com
Health care Arthur St-Hilaire Tel: 819-820-2848 ou a.n.sthilaire@gmail.com

A warm thank you to our important collaborators
Marc Tessier, Éditor and president of B14 council
Arthur St Hilaire, representative of health care in Quebec and vice president at National for
Québec and president of council B12
Rémi La Haye Trésorer Provincial and Council B-7
Yves G Bourdon President Provincial of CNPA

NATIONAL PENSIONERS NEWSLETTER:

You may have noticed that we have a new team of managers for our Pensioners' Newsletter.

If you have an article or articles about people or stories from one or more people that may be of interest to readers of our National Newsletter, please feel free to send them to Rémi La Haye From B-7 council.

Rémi La Haye remi.lahaye@gmail.com our new representative on the National Pensioners' Newsletter Management Committee.

If you would like me to address some topics in my column, please do not hesitate to contact me. yvesgbourdon@aol.com or at 450-449-3444.

Health Care Committee Meeting Summary Sep 16, 2021

- The Health Care Committee held a virtual meeting on Sept. 16, 2021.
- The President of ARCN, regular members of the Health Care Committee and alternates attended the meeting.
- During the meeting with the help of our actuary, we reviewed the financial results for the year 2020 as well as the first nine months of 2021. This allows us to set the premiums for the year 2022.
- After verifications, we note a slight surplus for the said period. We continue to benefit from initiatives put forward to counter the sometimes dramatic increases in certain drugs.
- One situation that has a major impact on premiums is the number of members making individual claims over \$ 10,000.00. There are 168 members who make claims over \$ 10,000.00 annually. This represents an amount of \$ 4.1 million, or 22% of claims.
- With the aging of our members it is to be expected that these numbers will increase in the years to come.
- At the moment our insurance plan generally shows some financial security. The committee closely monitors the financial health of the plan and remains proactive to ensure its long-term viability.
- This year the Atlantic region is the only one to experience a premium increase.

Premiums for the year 2022 in Quebec will be reduced by 10%. The other regions remain unchanged.

- As you know, there is a major change that will come into effect on January 1, 2022. As of that date, CN retirees under the age of 65 will have the opportunity to join the drug insurance plan of the RAMQ.
- So as of December 31, 2021, our insurance plan will no longer be offered to retirees under the age of 65.
- This change therefore allows retirees under 65 to benefit from sometimes substantial discounts by joining the RAMQ.

Arthur St-Hilaire, ARCN Quebec healthcare representative

You can also click on this link to see a sample cover optional available.

<https://qc.bluecross.ca/health-insurance/health-insurance-solutions/retirees-and-those-planning-retirement>

https://cnpensioners.org/pdf/mercerc_retiree_solution_2021_en.pdf

Canadien National pensionners association

Memory helper

Provincial email association: arcn.provincial@gmail.com

National web site of CNPA Association : <http://www.cnpensioners.org/councils>

Questions about your benefits Morneau Shepell Itée: 1-800-361-0739

Blue Cross Médavie representant for CN Arthur ST-Hilaire
1006 Albert Charpentier J1L0E3 Qc 819-820-2848 a.n.sthilaire@gmail.com

Blue Cross Médavie for Québec : 1-888-873-9200 contrat 93115

Via Rail Canada: www.viarail.ca réservation : 1-888-842-7245

Coop d'habitation les cheminots à Laprairie
président Jean-Marc Théorêt 450-907-7060
Courriel : cncoop@hotmail.com ou coop.cheminots@videotron.ca

Canadian National national email: <http://www.cnpensioners.org>

Travel insurance www.johnson.ca/medoc ou 1-866-606-3362

House and car insurance Johnson 1-888-424-2649

Choice Hôtels : www.choicehotels.ca code client pour CN 00064447

Hôtels avec IHG club privilèges <https://www.ihg.com>

Budget car rental CN A07730 corporate rebate number

Avis car rental CN corporate discount number C810900

Hertz car rental CN corporate discount number 2196840

Fastbreak truck rental CM corporate discount number for trucks A077380

Cellulaire Rogers: Planetemobile.biz utilisateur CN mot de passe Mobile

Vacances Évasion CN Vision 1-800-263-1163

Discount on Ford Product 1-877-294-7554

See the travel and discount web page <http://www.cnpensioners.org/travel.cfm>

Boutique CN <http://www.boutiquecn.com>

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