



# Pensioners' news

Keeping pensioners' information on track  
Volume 26 • Number 3 • Winter 2022

## INSIDE THIS ISSUE

- 1 President's Message
- 2 Quebec Pensioners, do you wish to be updated as it happens?  
T4s
- 3 Are your eye exam costs covered?  
Mail-Order Pharmacy
- 4 Railroaders in the Community
- 5 Railroaders in the Community, continued
- 6 The Shoemaker Family Connection
- 7 CNPA Discounts
- 8 Celebrating Centennial Birthdays
- 9 Celebrating Centennial Birthdays, continued
- 10 Watch Offer from CNPA C4 Barrie, ON  
We Get Mail
- 11 CN Pensioners' Association  
Scholarship Program 2022
- 12 Membership Application form

## IMPORTANT

When a pensioner/surviving spouse moves or dies, CN Pension and Benefits Administration must be advised immediately by calling 1-800-361-0739 so that an accurate information database can be maintained.

The Company (CN) has reached an agreement with the CN Pensioners' Associations (CNPA) to provide mailing addresses periodically. This is so that the pensioner or surviving spouse does not have to make a second call to the National Council.

## PRESIDENT'S MESSAGE

This is the beginning of the year for your CN Pensioners' Association. Local council meetings, which were put on hold for the summer, are starting up again. The Health Care Committee's fall meeting has just finished and our financial year ended September 30. Our annual scholarship program is completed and the successful students are beginning a new year with some CNPA dollars in their pockets.

The last Pension Committee meeting of the year was held virtually on November 16. CN Investment Division gave us an unaudited status for 2022. We have started to look at what the annual Pension Committee report will look like.

The 2022 Annual Directors' Meeting (ADM) was done virtually again this year. A vote by the National Council was held and it was unanimously agreed that it would be safer for all of us to avoid crowded airports/airplanes and to spend two days together in a room in Montreal. Next year, we hope to hold the meeting face-to-face.

### ONGOING PROJECTS:

- Rewrite of our constitution and by-laws was passed at the ADM.
- Complete re-hosting of our website on a new and more user-friendly platform, which will be easier to navigate and more compatible with new Internet technology. After many years building, supporting, and updating our existing website, Jason Peacock has decided to step back and spend more time with his family. I and all the members of the Association wish to thank Jason for the time and effort he has put into getting us online.
- The President's message in our previous newsletter, I asked for help with the redesign of our website. We needed someone with the required skills to help our team, which had already done so much to get this project going. A member of the Association has stepped forward and we have begun to work with him going forward. Stay tuned for more...

- Our new National Treasurer took charge of our financial management on October 1. We will all work with Ron Charles as we get into the 2022 fiscal year.

In the last newsletter, Bruce Peacock wrote a beautiful article of farewell as he was handing over the treasurer/membership rolls to new people trained for the positions. Unfortunately, the person who was to lead the membership portfolio was unable to assume the responsibilities for personal and health reasons, so we are looking for someone to step up and take this important role within our organization forward.

Who is that someone? It can be a pensioner or a surviving spouse, who is a contributing member of our Association. It should be someone with some knowledge of computer programs such as Excel, Word and email. It Could be YOU...

We are all busy, but maybe you want a change, maybe your mobility is getting challenged of late and you want something productive and challenging to do with some of your time. Perhaps you want to interact with other professional people at CN and Pensions and Benefits, or maybe you want to help your association continue to be a well-managed and funded source of information for all pensioners. If so, give us a call or send us an email. Training provided for free.

You can call Reg Hebert at 506-874-2850 or Bruce Peacock at **506-383-9045**, or email me at [rhebert06@yahoo.ca](mailto:rhebert06@yahoo.ca).

Looking forward to hearing from you!

Have a great winter.

**Reg Hebert**

*Next newsletter deadline: Articles for the  
Spring edition due by January 31, 2023*

The National Council of CN Pensioners' Associations Inc. publishes the CN Pensioners' News three times per year.

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For a complete listing of the 2022 National Council and Executive Committees, including the Regional Vice-Presidents, visit **www.cnpensioners.org/councils**

National website and national Facebook pages  
For more information, contact names and numbers,  
please go to our National website

**www.cnpensioners.org**  
**www.facebook.com/cn.pensioners.92**  
**www.facebook.com/cnpa.french.3**

**CN Pensions and Benefits Administration – 1-800-361-0739**  
**Pensioners' web portal: cnbenefits.hroffice.com**

The portal is now available at CNBENEFITS.HROFFICE.COM  
It will allow you to access relevant pension information and update your address and banking information. On your first visit, you will need to register. You will then be able to access the portal using your CN PIN (login ID) and the password you created.

If you require assistance with registering or logging in, please call the Pensioners' Helpline at 1-800-361-0739.

*CN is committed to adhering to the highest standards in all aspects of its corporate activities. In order to ensure that pensioners receive the maximum possible information concerning the Company, its activities, the Pension Fund, and all related matters, it funds this newsletter. However, the content of the newsletter is entirely the responsibility of the National Pensioners' Associations, and CN assumes no responsibility for the content of the newsletter, which is the sole and exclusive responsibility of the Associations.*

## QUEBEC PENSIONERS, DO YOU WISH TO BE UPDATED AS IT HAPPENS?

We at CNPA, have several modes of communication, including the National Newsletter, which is very informative.

The Provincial Newsletter is a complement to the National; our goal is to provide information as it happens in a summary version, also, most importantly, we are addressing urgent issues.

The Quebec Provincial Newsletter is published **only by email**, to those who have provided us their email addresses. Our Newsletter does not have a set schedule as it is published as often as it is required.

Some of the important subjects and updates are published to inform you of changes to your Pension Plan, Blue Cross health care plan, Railroaders in the Community, CN Employees' and Pensioners' Community Fund campaigns and special events—such as special fund drives for flooding, food banks, etc., social activities, life insurance, and much more.

### HOW CAN I REGISTER

Just send an email to [arcn.provincial@gmail.com](mailto:arcn.provincial@gmail.com) with your name and email address (optional PIN). You will always have the option to remove your name from the list, try us!

### IMPORTANT

Should you change your email address, we would much appreciate it if you could send us your new email address.

Presently we have 45% of our contributing members that provided us with their email address. We always welcome suggestions to improve our Provincial Newsletter.

### Yves G. Bourdon

President Quebec Provincial Council  
[yvesgbourdon@aol.com](mailto:yvesgbourdon@aol.com)

## T4s

Your income tax statements from CN Pension & Benefits will be mailed no sooner than mid to late February 2023. Do not call unless they are not received by the end of March. You can, however, access your statements online, if you're registered, around the end of February on the CN Pension web portal at **CNBENEFITS.HROFFICE.COM**. Register today.

## ARE YOUR EYE EXAM COSTS COVERED?

Many of our Blue Cross Health Care Plan members are not claiming one of the benefits of their coverage. Every Plan participant is covered for \$50 annually for a visit to an **Optometrist** (subject to your Plan option deductibles) even if you are NOT covered for eyeglasses.

So, if your province does not cover any or all of the costs, or your Optometrist charges more or requires additional visits, you should be claiming this benefit.

You can claim in your usual way, but if you can, try using the **Medavie Blue Cross App**. The app is simple to use, and you can take pictures of receipts and submit your claims right on the app, no forms, envelopes or stamps.

Want to save even more, go to **blueadvantage.ca** and check out all the EXTRA discounts our members get on everyday medical supplies, equipment and services, just by showing your card.

## MAIL-ORDER PHARMACY

### Save Money and Free Home Delivery of Prescription Drugs

Over the last couple of years, we have become more comfortable purchasing online—but what about your prescriptions? In the last year alone, our members have filled over 1,000 of their prescriptions online and through our partners. With **Mail-Order Pharmacy**, you avoid trips to pharmacies, it is safe and efficient, and has LOWER PRICES than most pharmacies in Canada, and with FREE delivery, so save even more. For those in remote locations, or with restricted mobility, this could be worth looking at.

It's available to all CN Pensioner **Medavie Blue Cross (MBC) plan members (#93115)**, except in Quebec. Called My Home Rx – MBC utilizes two leading home delivery pharmacy service providers. **Telus Health Virtual Pharmacy** (formerly Alliance) and **Sobeys Pharmacy by Mail** make it easy for our members to access the maintenance drugs they regularly need, the way they want. They also connect with your eligible provincial drug programs AND your Blue Cross coverage.

These pharmacies will help manage your medications with you, you can do refills online, and they will connect with your doctors where necessary. Registration is simple and quick. Call them and get the scoop, ask questions and make sure your concerns are addressed! Telus Health also offers a handy app.

CALL the **toll-free** numbers to register: (Have your Blue Cross and provincial health care card ready)

#### TELUS HEALTH VIRTUAL PHARMACY AVAILABLE ALL ACROSS CANADA (EXCEPT QUEBEC)

##### East – for Ontario and all Atlantic provinces

**Phone (Toll Free):** 1-888-921-0466

**Fax (Toll Free):** 1-877-835-8329

**Hours:** Mon–Fri, 9:00 a.m.–5:00 p.m. EST

##### Central – for Manitoba, Saskatchewan and Nunavut

**Phone (Toll Free):** 1-866-318-0047

**Fax (Toll Free):** 1-833-815-5756

**Hours:** Mon–Fri, 9:00 a.m.–5:00 p.m. CST

##### West – for Alberta, British Columbia, YK, NT

**Phone (Toll Free):** 1-855-370-7979

**Fax (Toll Free):** 1-855-295-7174

**Hours:** Mon–Fri, 9:00 a.m.–5:00 p.m. PST

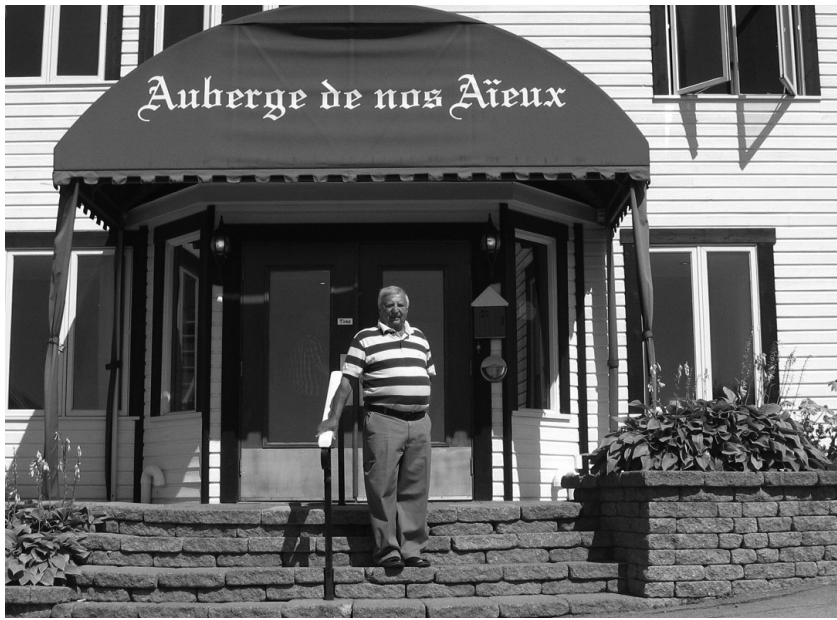
or

#### Sobeys Pharmacy by Mail – 1-866-657-MEDS (6337)

(Pharmacy located in Moncton and shipping from Moncton)



## CN pensioner has a big heart



*Bernard Séguin*

At 87 years of age, **Bernard Séguin** has been retired from CN since 1993. “I worked for the railway for 37-and-a-half years as a carman at the Pointe-Saint-Charles shops in Montreal,” says Bernard. “Now I like to keep busy helping the people in my local parish.”

Since 2013, you can find Bernard at just about every activity offered at Notre-Dame-de-la-Trinité parish in Verdun, a borough in the southwestern part of the city, not far from his old place of work. And no job is too big or too small for this active retiree. Bernard accompanies parishioners to their hospital appointments, passes the collection plate at Sunday mass and church concerts, raises money at the church bazaar and summer festivals, volunteers for the annual food drive in November and guides visitors to the church.

Parishioners at Notre-Dame-de-la-Trinité say Bernard is dynamic and always in a good mood with a kind word for everyone he meets. “I like to stay active by helping to make people happy,” concludes Bernard. “They are like a second family for me.”

## CN retiree becomes a little brother to the elderly in his community

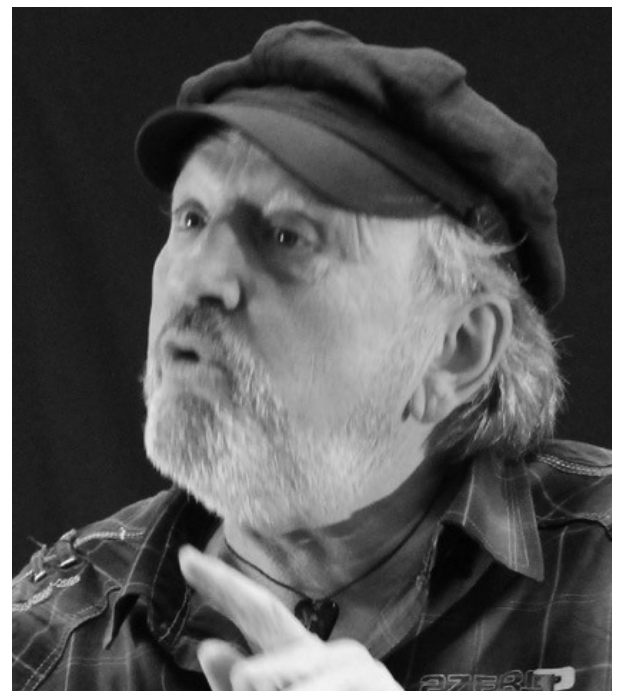
**Daniel Boiteau** retired from CN in 2006 after 30 years of service. At the time of his retirement, he was the Lead Hand at the Intermodal Terminal in Montreal, QC. Even before retiring, Daniel was looking for some way to give back to his community. That was when he answered an ad from Little Brothers looking for volunteers.

“I’ve been involved with Little Brothers for 18 years,” explains Daniel. “This organization helps the elderly aged 75 and over to break out of isolation, as most of them no longer have any family. I started as a driver, taking seniors out to eat at restaurants or driving them to events, such as for Christmas, Easter or their birthday.” Daniel and his wife also worked at the Little Brothers’ vacation lodges in Quebec City and Oka.

“During my retirement, I discovered a passion for tales and legends,” continues Daniel. “I took a course on storytelling, and since then, I love telling my stories, they’re all true and real! I’ve done it many times for Little Brothers.”

As the pandemic restricted opportunities for volunteer work, Daniel had to rely on phone calls to keep in contact with the elderly and break them out of their isolation. “The Little Brothers program is a great thing for these wonderful elderly people,” says Daniel.

“I thank the *CN Railroaders in the Community* program, whose generous contribution of thousands of dollars helps the Little Brothers bring a little joy to the seniors in our community,” praises Daniel.



*Daniel Boiteau*

## NOW HIRING

Railway Crew Driver – Keep your connection with the railroad!

Hallcon Crew Transport provides essential railway employee transportation services to major railways throughout Canada and USA.

See [www.cnpensioners.org/links.cfm](http://www.cnpensioners.org/links.cfm)

## Generosity is in his blood

It started more than 15 years ago at a Red Cross blood drive at CN's Taschereau Yard near Montreal. On a whim, Inventory Maintainer **Pierre Chevrier** decided to participate and donate a pint of his blood. After all, it was a simple thing that could literally save someone's life. "I'm not a fireman or paramedic," explains Pierre, "so this is my way to give back to society."

Pierre began helping to organize CN blood drives and was even honorary chairperson one year. Today, after retiring with 39 years of service, he rolls up his sleeve every two weeks to donate platelets and plasma from his blood. Over the years, he has made more than 540 donations. "And I'm far from done," says Pierre. "By donating platelets and plasma instead of whole blood, I can contribute every couple of weeks instead of having to wait a couple of months."

Platelets and plasma are important components of blood. Platelets are essential for blood clotting and are used for cancer treatments and organ transplants. Plasma is the liquid portion of blood and is commonly transfused to trauma, burn and shock patients, as well as people with severe liver disease.

Because Pierre is a Railroader in the Community, CN donated \$700 in 2022 to Héma-Québec to help manage the province's blood supply. "I hope others will follow my example and donate blood," concludes Pierre. "Because, as they say, saving lives is in our blood!"



*Retired Inventory Maintainer and CN Railroader in the Community Pierre Chevrier donates something even more precious than his time: his blood!*



*Heather behind the reception desk at the foot clinic.*

## Volunteering at foot care clinic is the perfect fit for Heather Kelly-Nesbitt

Every Thursday from 9:00 a.m. to 3:00 p.m., **Heather Kelly-Nesbitt** can be found behind the reception desk of the Seniors' Community Centre Foot Clinic in Kemptville, ON, a community-based non-profit organization that provides support to seniors.

"I enjoy chatting with the seniors and getting updates about them and their families while they wait for their appointments," says Heather, whose late husband Bill Kelly worked in the Real Estate Department at CN in Montreal for 40 years.

For 19 years, Heather has given generously of her time to the Seniors' Community Centre, paying home visits to the elderly, providing transportation service for appointments or check-in calls to those living alone. At the foot clinic where she currently volunteers, she is responsible for booking appointments, checking clients in and providing receipts for services.

In recognition of Heather's service, CN provides grants to the Seniors' Community Centre. "The funds are used to help provide some of the Centre's programs and services, including nutritious "Meals on Wheels," a knitting circle, card groups, exercise and yoga classes, home visits and the foot clinic, etc." says Heather. "The money goes a long way and is much appreciated by the organization. CN's generosity is really helping the community."



## The Shoemaker Family Connection

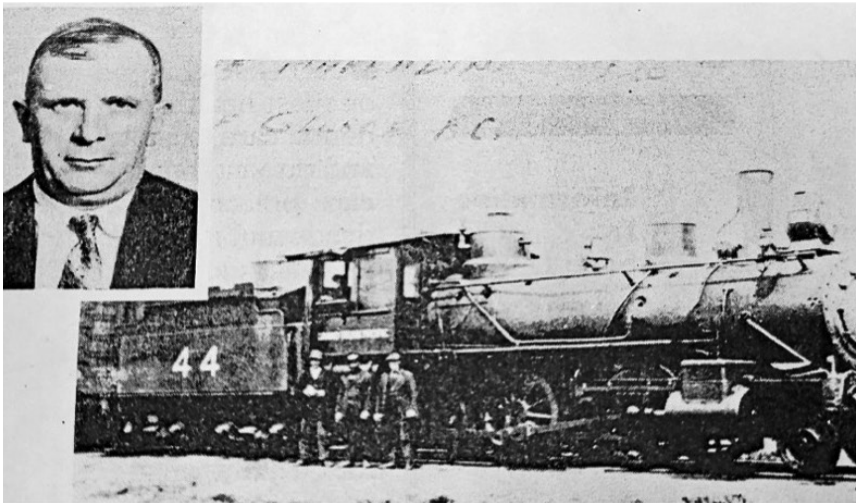
The Port Mann Township was incorporated in 1911, to adjoin the new railway yard (now CN Thornton Yard) and the Roundhouse operated by Canadian Northern Railway. This community was where many railroaders lived and attended the local school. Vincent Shoemaker's family connection to CN dates back to 1939, the year that his late father John Shoemaker joined CN as an apprentice in the Car Department at Port Mann Yard, of what is now CN Thornton Yard. John was well known for having strong hands lifting heavy equipment while working many years on the Rip Track.

John's young son, Vince Shoemaker, started his relationship with CN at age 14, during the Port Mann Flood of 1948. He was recruited along with many other volunteers to help the CN Section Forces, to fill sandbags that were being used to protect track switches. In the following year, 1949, at age 15, Vince was hired as a seasonal helper for two summers, to work on the Yale Sub Ditcher, in the Fraser Canyon. He was finally hired on full time in 1956, and worked in the Transportation Department as a switchman, brakeman and conductor for 40 years, before retiring in 1996.

At about the same time, Vince Shoemaker's uncle, Zig Burny, worked as a machinist at Fort Rouge, Winnipeg Steam Shops. Vince and his wife Doris raised nine children. Three of the couple's sons worked for CN. The late Ken and the late David Shoemaker were

with the Car Department and Diesel Shops, respectively. Their son Vincent Shoemaker Jr. (the "Baby Shoe") has also now retired as a CN locomotive engineer. His daughter, Mrs. Shelley Harradine (née Shoemaker), was a CN clerical staffer. She worked in numerous positions, both in the Servo Centre and the Mechanical Department, Thornton Yard.

Shelley married David Harradine, who was a heavy duty mechanic in the Diesel Shop. The Harradine family also has a long history with CN. Starting with Charlie Harradine, who, in the 1920s, lost his leg in a railroad accident and had to continue his career as a yardmaster, up until his retirement in 1958. Shelley's late father-in-law Walter (Bud) Harradine, brother to Charlie, was a carman for CN in Thornton Yard; and also served as the cook on the Auxiliary (Wreck Train). Bud and Gloria Harradine had two sons, who both worked for CN. The late Brent Harradine started as a carman and worked his way up to trainmaster before leaving the company to work for Transport Canada. David is the other son, who worked as aforementioned. Brent and David's maternal grandfather, John Ballance, also worked for CN, retiring in 1966 as General Car Forman, Port Mann Yard. Onto the 4th generation: Shelley has two sons, Gage is currently working as a heavy duty mechanic, while son Riley works as a hostler in CN Thornton Shops.



Charlie Harradine (inset left), who stood to the left in the photo, a photo op with a Grand Trunk Pacific locomotive engine. The Port Mann Flood of 1948.

Family Photo: George Harradine, Vince Shoemaker, Shelly Harradine, Doris Shoemaker, Riley Harradine, Vince Jr. Shoemaker.

# CNPA Discounts

On our national website, [www.cn pensioners.org](http://www.cn pensioners.org), under “Members” then “Travel & Discounts,” you will find a list of several discounts that are available to CN retirees. For the most part, these are discounts that CN has negotiated with suppliers that they deal with, and through our Partnership Agreement with CN, they have been able to provide access to them for our Association as well.

In this edition, we will feature the discount provided to our Association members through **Hewlett-Packard** (HP) for a variety of HP and Compaq office supplies.

## HP Employee Purchase Program – Canada

HP has teamed up with CN to offer you the opportunity to purchase award-winning HP and Compaq consumer products at discounted prices. A wide selection of new products is available to Employee Purchase Program (EPP) members. As an EPP customer, you can take advantage of exclusive EPP-only deals and discounts (**typically up to 12%**) from [hpshopping.ca](http://hpshopping.ca)'s retail price!

### ELIGIBILITY

The HP EPP is currently available to:

- Active full-time and part-time Canadian employees of CN and its subsidiaries;
- Retirees of CN and its acquired companies, living in Canada.

### PARTICIPATION

HP offers you two ways to select and purchase your HP and Compaq consumer products:

#### 1. Online at [hpshopping.ca](http://hpshopping.ca)

- Go to the address: [www.hpshopping.ca](http://www.hpshopping.ca) or go directly, using the link at [www.cn pensioners.org](http://www.cn pensioners.org) under “Members” and “Travel & Discounts.”
- Enter your **Affiliate Passcode: cn08** in the designated field at the bottom of the right-hand side. This will take you directly to the online discount catalogue.

OR

#### 2. By phone

- Call **1-877-231-4351** to order by phone (Monday to Friday, from 8 a.m. to 8:00 p.m. ET).
- Identify yourself as an associate of CN and provide your Company's **Affiliate Passcode: cn08** to receive your discount.

If you have any questions or feedback about [hpshopping.ca](http://hpshopping.ca) services, please call **1-877-231-4351**. Their contact centre is open Monday to Friday, from 8 a.m. to 8:00 p.m. (ET).

For technical product support, please call **1-800-HP-INVENT** for HP products and **1-800-OK-COMPAQ** for Compaq products.

As always, we recommend you shop around for your best deals, but this provides a discounted rate for HP/Compaq products compared to their normal web prices or retail outlets.





## Celebrating Centenarians Birthdays

CN and CN Pensioners' Associations have always shown respect for their pensioners, especially for those reaching the ripe young age of 100. To honour these centenarians, an award designed and approved by the CN Pension Committee will be presented to this special category of pensioners/survivors to commemorate this milestone. The award is inscribed with their name and date of birth. We will publish the names and dates and, when possible, photos from the presentation in our National Newsletter, released and distributed to all pensioners three times a year.



### 1. Jack Milliken

June 20, 2022, Strathroy, ON.  
Jack was an engineer, he designed bridges for CN. Over his career, he designed 17 bridges; most of them are in Northern Ontario, and two are in Quebec. Presentation was made by Ron Hewson CNPA C7 President.



### 2. James Magill

July 7, 2022, Winnipeg, MB.  
Jim began his apprenticeship with CN at Symington Shops in 1939. While in Saskatoon, he was promoted to Assistant Foreman. In 1956, he was promoted to Car Foreman and transferred to Vancouver. After nine years in Vancouver, he was transferred to Winnipeg, where he served as Manager of Claims & and Prevention Services. Jim retired from CN in 1984.



### 3. Luell Robison

July 11, 2022, PEI  
Luell Robison began her career for CN as a secretary in Montreal, working in Market Research and in Personnel. After some time, she continued with CN in St. John, N.B., in the Express Department as well as the secretary to the manager of the Car Load Center. Presentation was made by John Stewart, President of the PEI Local Council.



### 4. Allan Haddrell

July 7, 2022, Kelowna, BC.  
Allan started at CN in 1941 but was interrupted by him going to serve in the Canadian Navy in WWII. When he returned, he started up again with CN but this time was sent to Hanna, AB, where he entered the running trades as a fireman, shovelling coal to power the steam locomotives. He was working the BC North line as well as Kamloops. Vancouver was where he worked the majority of his career as a Locomotive Engineer, both on the road and at Port Mann (Thornton Yard), where he retired in 1982 after 40 years of service.

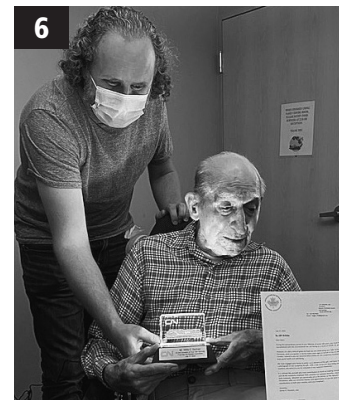
### 5. Barbara Blacklaw

July 24, 2022, St. Albert, AB.  
Barbara Blacklaw, widow of Frank Blacklaw, was presented with her Centenarian award by John Wiebe, Edmonton Treasurer, and Al Vodden, Edmonton President and Mountain Region Director CNPA.



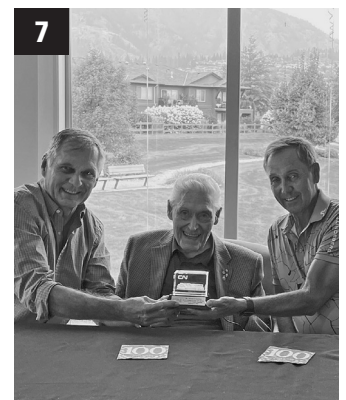
### 6. Claire Dorman

July 17, 2022, Waterdown, ON.  
Yard Foreman Claire Dorman retired from Sarnia, ON, after 38 years of service. His grandson Ted Wright is seen making the presentation to Claire.



### 7. Dan Hovorka

September 5, 2022, Kelowna, BC.  
Celebration was held in West Kelowna, BC, where Dan was presented with the Pensioner's plaque by his sons Tim (retired CN) and Dan Jr. (retired CP). Dan hired on in 1945, retiring in 1981 working as a Locomotive Engineer out of Kamsack, then Canora.



### 8. Dorotea D'Amato

July 27, 2022, Markham, ON.  
Mrs. Dorotea D'Amato celebrated her 100th birthday on July 31, 2022, with family and friends at the Columbus Centre, Toronto. Presentation was made to her by Dave Bradshaw, President Council C14 Toronto. Dorotea is the widow of Bernardino D'Amato who worked as a Track Maintainer. His Section HQ was next to the Bala/York Diamond in Markham, ON.







9

**9. Irene Usiski**

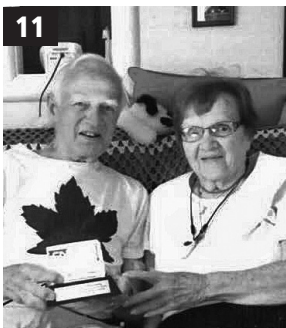
July 1, 2022, Vernon, BC. Irene Usiski received her Centenarian gift on July 1, 2022, from her daughter Fran Skates in Salmon Arm, BC. Irene's late husband, Frank Usiski, retired in 1976 as a Carman.



10

**10. Israel Worton**

August 3, 2022, Fort St. John, BC. Israel started with B&B (Bridge and Building) at 18 years old at the CN Edson Station, then as a pipefitter's helper in Jasper, AB. He then transferred to the car department to be a carman. In 1966, he moved to the Portman station as a carman. After a few years, he became a carpenter's helper. In 1977, he retired at 55, due to a heart condition. He had served CN for 36 years.



11

**11. Louise Fielding**

July 1, 2022, Truro, NS. Louise Fielding of Truro, NS, who turned 104 on July 1, 2022, is the widow of Russell Fielding. Russell was involved with on-train mail service during most of his railway career. Pictured here with her brother William Peppard, who is a pensioner in the Moncton Council.



12

**12. Margot Messier-Charron**

August 16, 2022, Longueuil, QC. Mrs. Margot Messier-Charron's presentation was made to her by her daughter Micheline Charron. Her late husband Paul Charron worked at CN as a carpenter in the Bridges and Buildings Department in Montreal.



13

**13. Mary Hepperle**

August 29 2022, Melville, SK. Mary is the wife of the late Alvin Hepperle, who worked at CN and retired on August 31, 1986. Mary lives at St. Paul Lutheran Home in Melville. Alvin worked as a coach cleaner at the car shops in Melville.



14

**14. Vera MacNeil**

July 30, 2022, Sherwood Park, AB. Vera MacNeil, widow of the late Murdoch MacNeil, was presented with flowers and the Centenarian award by John Wiebe and Al Vodden, Edmonton CNPA Council E3.

**CN Railroaders in the Community have contributed thousands of hours of their personal time to make their communities better places to live and work.**

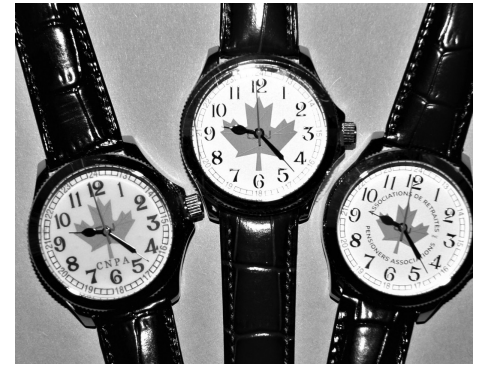


**We are happy to introduce a revitalized volunteer program for employees and pensioners!**  
**Check out the exciting features at [www.cn.ca/MakingADifference](http://www.cn.ca/MakingADifference)**

## WATCH OFFER FROM CNPA C4 BARRIE, ON

Barrie Council of the CNPA in conjunction with Pinnacle Awards Canada have designed and produced a selection of watches specifically and exclusively for members of the CN Pensioners' Association. Purchase is restricted to "paid members" of the CNPA. There are three dial face choices (as shown) and they are available in both silver and gold cases. These watches are of Swiss quality and meet the standards for railway grade use.

The cost is \$125.00 (includes tax & shipping in Canada). They can be purchased by contacting Robert Haggart of the Barrie Council:  
**Email:** rhag@rogers.com  
**Phone:** 416-294-4676  
Payment using e-Transfer is preferred but can be discussed.



Logo shown may vary from the final product

## WE GET MAIL

**Sent:** Thu., 1 Sep. 2022 at 12:43 p.m. **Subject:** Volunteer hours

Dear Reg and Lorenza,

I was very happy to see the article spotlighting Urban and Rural Rides in the latest newsletter and even happier still when I received a call from our Urban and Rural Rides dispatcher saying that a CN retiree had just called in saying that when he read the article, he remembered that I had mentored him, and in recognition of my volunteer work, he was sending a donation to Urban and Rural Rides in the amount of \$200.00.

It was a privilege to work for CN and it's now a privilege to volunteer in my community. I am hopeful that the article will encourage more retirees to volunteer and for those who aren't able to physically volunteer, to make donations to their favourite charities.

Gratefully yours, Arlo Fisher



CN EMPLOYEES'  
AND PENSIONERS'  
COMMUNITY  
FUND

## 2023 Annual Fundraising Campaign

There's still time to give!

***Every donation counts, make a difference!***

### Do you know the Community Fund?

- 100% of your donation goes to the registered organization of your choice, zero administration fees.
- Choose among more than 500 organizations, or add your own\*.
- Donate by: automatic deduction on your pension benefit, credit card or cheque.

\* An organization must receive a minimum of \$300 to remain active

\*\* The automatic deduction on your pension benefit must be renewed every year

Founded in 1967, Canadian leader in charitable funds, the CN Employees' and Pensioners' Community Fund distributes your donations to the charities of your choice and plans fundraising activities.

☎ 1-877-552-7555

✉ communityfund@cn.ca

🖱 communityfundcn.com

Scan the QR code to  
make a donation





# CN PENSIONERS' ASSOCIATION SCHOLARSHIP PROGRAM 2022

Our CN Pensioners' Association Scholarship Committee has now completed the 10th year of your scholarship program. The awards (25) in the amount of \$1,500 each to children, grandchildren and great-grandchildren of "contributing" members of the CNPA have been mailed to the successful applicants.

In addition to the CNPA National Council awards, Moncton Council continues to fund two additional scholarships for grandchildren and great-grandchildren of sponsors who are contributing members of Moncton Council No. 1. A similar bursary (The Harvey Hosfield Bursary) was funded by Manitoba Council in the amount of \$1,500 each, for five awards, and one Trade bursary in the amount of \$1,500. Quebec region is also funding two Trade bursaries in the amount of \$1,500 each.

Ontario Provincial Council is awarding a scholarship of \$1,500 to an applicant sponsored from Ontario. These local awards are apart from the national awards and are administered by the local council, which is providing the funding. Information on all these awards as well as names of past winners and their sponsors are available on our website [www.cnpensioners.org](http://www.cnpensioners.org) at any time. This year, we received 146 applications of which 8 were rejected for various reasons under the rules, but primarily due to the applicant's parent or grandparent not being a CNPA contributing member. Unacceptable proof of registration is also often a problem, as is no résumé. All information regarding our scholarship awards and how to apply is contained and easily found on our website: [www.cnpensioners.org](http://www.cnpensioners.org). If your grandchild is interested in applying next year, he/she should read the instructions posted there, well in advance of the scheduled program opening date for acceptance of submissions, which will be April 15, 2023.

The Scholarship Committee and all the local selection committees would like to take this opportunity to thank CN Pensioners/ Survivors and their families for their interest and participation in this project. We thank all those applicants who took the time and effort to prepare their professional submissions. In particular, the students all deserve hearty congratulations for all the volunteer work they perform in their communities.

The success of this project has been discussed thoroughly at our last Annual Directors' Meeting and we are looking at the possibility of offering it once again for the 2023–2024 scholastic year.

Thank you also goes out to the Selection Committee members who performed the difficult task of evaluating the applications and ensuring that their decisions conformed to our strictest, non-prejudiced evaluating methods.

We also want to show appreciation to National Director Wayne Greenland, who received all the applications, screened them and distributed them to the appropriate Regional Committee members. Also to National Treasurer Bruce Peacock, who ensured that each sponsor was a qualified contributing member of our Association and issued the cheques to the successful applicants.

If you were not successful this year, please do not hesitate to apply again at a future date if you still meet the required criteria.

**Reginald Hebert,**  
Scholarship Committee Chair

## NATIONAL SCHOLARSHIPS

NAME	SPONSOR	COUNCIL
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### ATLANTIC

Ada Tuttle	John Otis Turner	Halifax
Brendan Walsh	Catherine Walsh	St-Johns'
Rebecca Fenner	Donald Fenner	St-Johns'
Michael Beaumont	Carol Lowerison	Moncton
Molly Barron	William MacKay	St-Johns'

### QUEBEC

Megan Olemsiw	Olga Oleksiw	Montreal Laval
Ophélie Giard Leduc	Alphonse Giard	Montreal Laval
Madélie Giguère Johnson	Allan Johnson	Quebec City
Gabrielle Beaupré	Mario Beaupré	Mauricie
David Collin	Mother Collin	Montreal Laval

### ONTARIO

Paige Stoddart	Jerry Gorda	Barrie
Calvin Liew	Tho Liew	Toronto
Aden Schaefer	Wallace Schaefer	London
Leah Pare	Claude Pare	Barrie
Grace Lochner	Caecilia Lochner	Hamilton

### PRAIRIE

Sage Blackwell	Marvin A. Blackwell	Saskatchewan
Cerys Evans	Rosemary & Arthur Chapman	Manitoba
Carissa Tran	Warren Swait	Manitoba
Katie Thompson	Ric Ksionzek	Manitoba
Calle Wilk	Rick Wilk	Saskatchewan

### MOUNTAIN

Sarah Abrahams	Darrell Abrahams	Fraser Valley
Nolan Zurek	Patricia Trepanierr	Edmonton
Vanessa Muz	Tony Borges	Edmonton
Taylor Sinclair	James W. Argent	Edmonton
Miranda Chan	Claudette Rodrigue	Edmonton

## REGIONAL

### MONCTON COUNCIL AWARD

Kristina Lynn Richard	Henry Montefrisco	Moncton
Mariel Boucher	Clarence Boucher	Moncton

### QUEBEC TRADE BURSARY

Jérémy Maynard	JM Théoret	Montreal South Shore
Justin Vaillancourt	Francois Vaillancourt	Senneterre

### ONTARIO PROVINCIAL COUNCIL TRADE BURSARY

Andrew Hooymans	George Thompson	Barrie
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### HARVEY HOSFIELD AWARD/PRAIRIE

Celina Telenko	Henry Telenko	Manitoba
Xavier Burgess	William Critchley	Manitoba
Katie Thompson	Ric Ksionzek	Manitoba
Kianna Antonick	Jim Antonick	Manitoba
Madalena Governo	Robert Nykoluk	Manitoba

Return address:

Bruce Peacock  
51 Weyburn Road  
Moncton, NB, E1A 5M5

# Membership Application Form

Please accept my application for membership in the CN Pensioners' Associations. I understand that the annual fee is \$12.00, which I can pay through a monthly pension cheque deduction of \$1.00.

Name: \_\_\_\_\_

LAST NAME

FIRST NAME

PIN: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

To which local/council association do you wish to belong?

\_\_\_\_\_

Mail application to:

National Council of CN Pensioners' Associations Inc.

Bruce Peacock Membership

51 Weyburn Road

Moncton, NB

E1A 5M5

Or email to: peacock1942@gmail.com



Go to our website at [www.cnpensioners.org](http://www.cnpensioners.org)  
and send in your application electronically.

NB: For all matters directly related to your pension benefits, such as changes of address, changes in marital status or inquiries regarding pension matters, please call the **CN Pension and Benefits Administration**, the CN Pensioners' Helpline at 1-800-361-0739. Have your PIN handy.



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