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I am again writing this from inside; it's mid September and the smoke is worse than in May when I last wrote. We are very fortunate that we are a long way from the fires and being evacuated; some of our B. C. pensioners have not been so lucky.

# President's Message

The Mountain Region again has five deserving winners of the CNPA scholarship program, each awarded \$1,500. Four of the sponsors were pensioners from the Edmonton Council.

Lots of things have been happening, both locally and nationally. On the Mountain Region we have five National positions open for a three-year term and, as the new term starts in January, we hope to conclude this process in October. This has been announced at a few general meetings and if anyone is interested and/or wanting more information please contact me.

As one of three National Directors on the Mountain Region, I hope to attend our annual directors' meeting in Montreal in November. Over the last few years we have been conducting all business via zoom conference calls and emails.

We will be sending out one more printed newsletter as we still have not heard from lots of people about receiving their newsletter by email. Please advise Peter Treloar, or anyone on our Edmonton executive, if you have email access to receive your newsletter and any updates that happen throughout the year.

Hope to see lots out to our general meetings.

Al Vodden

## **Important Notice**

There was some confusion caused by the note in the last newsletter and people thought we would not be printing any more. This is not the case. If you want to receive a printed copy of the newsletter or do not have an email address or a current email address on file with us, please call Peter Treloar at 587-338-6014 and let me know. Otherwise, we will assume that you do not want to receive it.

As it stands only 88 people have called so 930 would not receive the next one.

# Your Executive

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National Council's Co-Chair, Memberships

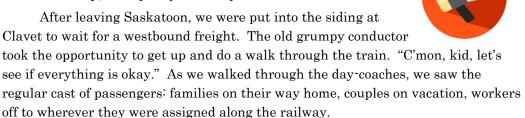
Peter Moloney 780-418-0443 peter.moloney14@gmail.com

Auditor Joe English 780-458-7691 jefco@telusplanet.net

Your Stories

It was the summer of 1980 and I was a young brakeman on the VIA, called spare to go east on VIA #2. With my new uniform and brakeman's cap, I felt pretty darn important.

Fall 2023



As we passed one older couple, the woman asked, ""excuse me Mr Conductor, how long before we get to Winnipeg?" It was a totally fair question, and I started doing some calculations about the planned arrival time and our average speed. I was almost ready to spit out an answer, when the old Conny, bent his lean frame down to look south out the window across the bald prairie, then turned his gaze out to the north side to look over that vast expanse. Then he rose up to his full height, made a great show of looking at his railway approved watch and answered. "Madam, at this speed, we will never get there." And then he simply walked away... leaving me and the woman a bit shocked. But I finished my calculations and advises the couple that we'd likely arrive in Winnipeg in another seven hours.

In those days, the conductors on passenger trains were still real old freight conductors with over 25 years of service. They were full of railway knowledge and a railway sense of humour. The lady got her answer... and both the old grumpy conductor and the young brakemen were proved correct. The train did get to Winnipeg... but it never would have made it at the speed we were going when old Conny looked out over the flat Saskatchewan fields to estimate our arrival time in The 'Peg."

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Christinas Party

William Munsey

Mark your calendars and save the date! Plans are being made to resume our annual Christmas dinner to be held this year on Wednesday, December 13th, at the Chateau Nova Yellowhead commencing at 1100. A short meeting will be held prior to the buffet meal. Tickets will be available at our general meeting in October and November or from Al Vodden, John Wiebe, Andy and Diana Novak, and Mary Jean Strachan. With a limit of 200, this event is open to all members plus his/her spouse or one guest, and cost will be \$20 per person. We hope to see you there!

### **Flower Fund Report**

The Edmonton RailVets' like to acknowledge members' milestone Birthdays and Anniversaries; we would like to send you flowers/gift card on your 85th, 90th, 95th, and 100<sup>th</sup> birthday and also on your 50<sup>th</sup>, 60<sup>th</sup> and 70<sup>th</sup> anniversary. Between the months of May and August 2023, the Flower Fund had flowers delivered as follows:

Month	Flowers	Gift Cards	Unable to Contact
May	4	6	1
June	7	3	2
July	12	1	0
August	9	4	6



Note:

Recipients, unable to contact - (not answering their phone, not responding to voicemail message, on vacation, contact information out of date, moved.) Recipients, outside of the Edmonton area, will be sent a Gift Card in lieu of flowers, when their current address can be verified. We cannot recognize your significant event unless we have the event data and your current address, please keep us informed – email Peter Treloar at <u>petertre@gmail.com</u> or phone 587-338-6014 to update your status.

## Save The Date!!!! <u>Future Meetings To Look Forward To</u>

Wednesday October 11th – Luncheon Meeting starting at 11:00am No Guest Speaker

Wednesday November 8th – General Meeting 1:30 pm Guest Speaker – Representative from The Veteran's Food Bank Not just a food bank! Assisting Veteran's in any way needed.

How can we show support to our Veterans?

A donation of Non-perishable Food Items OR Essential Hygiene Products would be appreciated and can be brought to October and/or November General Meetings With your help our generous donation will then be presented to our guest speaker at the November meeting.

> Wednesday December 13<sup>th</sup> – Christmas Luncheon 11:00 am Happy Holidays!!! \*It's The Most Wonderful Time of The Year\*

Wednesday January 10<sup>th</sup>. 2024 – General Meeting 1:30pm HAPPY NEW YEAR! Guest Speaker – Edmonton Police Crime Division You WON'T want to miss this one!!!! Scams targeting seniors are at record highs! What are these scams and how do you remain vigilant to prevent becoming a victim?!!!!

## MILESTONES November 2023-February 2024

Marion Kostiuk

William Thompson

Delena Buchmeier

Germaine Marshall

Maurice Lefebvre

Olga Footz

Edmund Heft

Marie DeHey

Santo Cerminara

Patricia Lockhart

Annellise Dabetic

Quinto Odorizzi

**Elizabeth Smart** 

Bernice Oxley

Florentine Gallwitz

Alice E. MacMillan

Daisy Lahaie-Schoen

Margaret Grace Mork

Gordon H. Middleton

Aurele Rondeau

Myrtle Glover-Homenuk

Anne V. Maze Andrushch

### 85 Years Old

Nov 1

Nov 17

Nov 25

Nov 25

Nov 25

Dec 11

Dec 11

Dec 19

Dec 25

Jan 8

Jan 8

Jan 8

Jan 10

Jan 18

Jan 22

Feb 6

Feb 7

Feb 12

Feb 12

Feb 14

Feb 15

Feb 17

Feb 20

Violet Handy
Doreen Zavaduk
Robert Boucher
Joyce Majnarich
Joy Leskewich
Ralph Gordon
Margaret Armstrong
Mary Kassian
Charles Mallett
Edith Beikiefer
Donald Baer
John Jager
Harry Kornak
Mary Humm
Anna Middleton
Dorothy Rea
Christina Berkenbosch
Gilbert Desjarlais
Jo Ann Parr
Inge Schutta
Delores MacDonald
Samyha Hajjar
Diane Thompson

90 Years Old

95 Years Old

Nov 17

Nov 18

Nov 21

Dec 3

Dec 6

Dec 8

Dec 11

Dec 22

Dec 31

Jan 7

Jan 21

Jan 22

Jan 29

Feb 16

Dec 10

Dec 17

Dec 25

Dec 29

Jan 15

Feb 11

Feb 13

Feb 4

### 100 Years Old

Muriel E. Hume	Nov 5
James Leskewich	Nov 16
Norma P. Howard	Dec 1
Marguerite J. Fisk	Jan 17

### 50 Years Married

Laurie & Shelagh ThurlbeckNov 9Petar & Ilona VuksanovichNov 19Terry & Luann McmanamanNov 24Gerard & Susan CharbonneauNov 30Bill & Beth RussellDec 8Micheal & Leigh NakonecznyDec 22Vernon & Nora ChengDec 27Raymond & Chris AndersonJan 12

### 60 Years Married

Thomas & Mary DonohueDec 28Ludmilla & Stefan TschidaJan 1

#### 70 Years Married

Joaquim & Maria Dos Ramos Jan 2 Stan & Sheila Horodyski Jan 23 Olive & Bill Brandenbarg Feb 19

# Rail Safety

CN is again advancing safety in the community. As part of it we had constable Dean Solowan give a talk at one of our meetings.

More information can be found at <u>https://www.cn.ca/en/safety/</u>



## **CN Pensioners' Help Line**



For questions regarding your pension or rail pass and to report contact information including change of address, power of attorney or death involving a CN pensioner, please call CN Pension Administration at 1-800-361-0739. Have your CN PIN (SRB) number handy. As Pensions Administration does not pass along pensioner information to the RailVets please also advise Peter Treloar at 587-338-6014 of any changes.



Ruth BennettAvtar BirkCThomas BodnarPLouie CardinalLTerry CharbonneauYKatherine Cherniwchan

Dwayne Dixon Shirley Dudek Ronald Fawcett

Jose Felipe Les Galatiuk Mavis Gamble

Robert Gauvin Edmond Godin Edith Gourley Charles "Ed" Grant Norma May Hughes Kayoko Kawaguchi Kevin Kirby Matthew Kohut Roger Laforce Operator, Edmonton Program Supervisor Labourer, Lac La Biche Yard Conductor, Edmonton **an** Widow of Steve, Track Foreman, Boyle Train Movement Clerk, Edmonton

Widow of Ron, Car Mechanic, Edmonton

Locomotive Engineer, Edmonton Widow of John, Equipment Foreman Manager, Prevention & Claims Labourer, Edmonton

Operation Services Clerk Secretary, Engineering, Edmonton S&C Supervisor, Edmonton Maintenance Supervisor, Calgary

**Operator**, Mirror

Donna Lane Widow of Jim, Operator, Jasper Vera MacNeil Widow of Murdoch, Conductor, Edmonton Afanasi Michejschenko Katharina Mueller Widow of Albert, Maintenance-Clvde Shirley Obre Widow of Cliff, Telegrapher - North Battleford Frances O'Hara Widow of Ron, Sales Manager, Edmonton Wanda Rowland Widow of A., Operator, Edmonton Nellie Sajiw-Bogda Widow of John Sajiw & Mike Bogda Stanley Szuszkiewicz Trackman, Bonnyville Ernie Topechka Work Equipment, Edmonton **Revnaldo Villaflores** Labourer, Edmonton Gilbert Whitham Leading Hand, Machanical, Acheson **Orest Wirstiuk** Signal Maintainer, Evansburg Rose Wurst Widow of William. Grande Prairie Lillian Yakiwchuk Widow of Metro, Locomotive Engineer **Zbigniew** Zelent Electrician, Diesel Shop, Edmonton

Our sympathies go out to John Jager upon the death of his wife Helen.

# **New Members**

Brenda Berard Rod Casemore Heather Chudek Steven Cunneyworth Carla Evashenko Sandra Grant Quoc Hoang Marion Kostiuk Brad Murray Bonita Pienig Gordon Pocha Anna Skwaruk Van Truong Dan Zultok



Railvet Shirts -\$20.00

The Edmonton Executive designed a Nice Lite Grey shirt with Green lettering. We currently have few mediums on hand & taking orders. Good quality; don't shrink ; very true size. If interested please let me know. Al Vodden 780-489-7027

## 2023 Mountain Region Scholarship Awards

The 5 successful candidates picked to receive a CNPA Scholarship are:

- 1. Harsunger Singh Hunjan Richmond, BC sponsored by his father, Bhupinder Singh, Vancouver Council
- 2. Noah Westerlund Sherwood Park, AB sponsored by his grandfather, Henry Hoogenberg, Edmonton Council
- 3. Madison Bulloch Vancouver, BC sponsored by her grandfather, Wayne Bulloch, Edmonton Council
- 4. Sawyer Trepanier Zurek Edmonton, AB sponsored by his grandmother, Patricia Trepanier, Edmonton Council
- 5. Sophie Anastasia Ogaranko Edmonton, AB sponsored by her grandfather, Murray McMillan, Edmonton Council

There were a total of 18 applications filed, all had achieved great marks, it was not an easy decision.

One comment I would like to make, and this is directed at future applicants FYI...your marks are important but also is your resume. Your resume should provide as much detail as possible on your education, extracurricular activities, community involvement and volunteer engagement, as well as your achievements and work history. The information you provide regarding your achievements, your volunteer experience and your academic participation assists us in your overall comprehensive evaluation

## **100<sup>th</sup> Birthday**



Joyce Tilley celebrated her 100<sup>th</sup> birthday with family and friends on August 12<sup>th</sup> (birthday Aug 14<sup>th</sup>) at the Strathmore Station Restaurant the Strathmore, AB. She was presented with a bouquet of flowers and the traditional CNPA crystal desk plaque to commemorate this special event. Joyce was pleased and surprised that the pensioners association had remembered her birthday. (Thank You to daughter Cheryl for making these presentation for us, the Edmonton Rail Vets)

Mom and her husband Howard (passed in 1994) started their CN career as an operator in Sunnynook, AB and his final job was as a train dispatcher in the Edmonton office. Unfortunately, Howard caught Polio which left him a paraplegic in a wheelchair for the rest of his life. Raising a family with your husband in a wheelchair in the fifties presented many obstacles and challenges. Mom bravely faced these challenges and overcame them with determination. Remarkably she was also a gardener, and in her "free" time she was active leader in church activities and sports that we siblings participated in a well as being the church secretary.

Every morning she dresses well, puts on her makeup and looks her best. Reading is her passion 9she still doesn't need glasses) and visiting with her family and grandchildren and great grandchildren

highlights her day. Her memory is better than anyone's in the family. She still enjoys shopping, going out to restaurants, the mall and coming out to our farm. She has a full and busy life, and is dearly loved by her family.

Joyce is an inspiration to her family and everyone who meets her. We are so lucky to have her.

Written by Cheryl Marshman, the youngest daughter

### **Provincial Governments**

- AB Aug 2 Premier Danielle Smith has issued a mandate letter to Minister of Seniors, Community and Social Services Jason Nixon calling on him to strengthen Alberta's systems to support the most vulnerable in our province. In her letter, the Premier outlines her expectations that government be creative, innovative, and collaborative in ensuring Albertans have the supports they need and tasks Minister Nixon with as a lead, working in cooperation with relevant ministries, including the Minister of Affordability and Utilities, to develop and implement an affordable and attainable home ownership and rental strategy that focuses on incentivizing the construction of new homes and rental units and creating additional financing options for prospective homeowners, while removing barriers for both homebuyers and renters. The strategy should be focused on both middle-income and low-income prospective renters and buyers, including seniors and ensuring supports for the vulnerable, including AISH and the seniors' benefit, continue to be indexed to inflation. Also working with seniors lodge providers to undergo a planned review for the purpose of expanding seniors lodges and facilities to keep up with increased growth and demand.
- **BC Aug 4** Seniors in B.C. will be better protected against abuse as the province continues to work with partners to further raise awareness and co-ordinated community responses to **prevent abuse and neglect**.
- **BC Aug 16** Seniors with low to moderate incomes in Delta will soon have access to 152 new affordable homes, with construction underway on a new housing development.
- BC Aug 17 Seniors and people living with disabilities in Victoria are now living in safer, more comfortable homes with the completion of significant renovations to the Campbell Lodge seniors' apartment building.
- **BC Aug 18** People in B.C. will benefit from BC PharmaCare's new coverage of medications used to treat rare diseases, including amyotrophic lateral sclerosis (ALS), acute hepatic porphyria (AHP) and long-chain fatty acid oxidation disorders (LC-FAODs).
- AB Aug 22 Starting Aug. 29, Albertans in need of emergency care will experience a new and improved Peter Lougheed Centre, thanks to emergency department redevelopment.
- **BC Aug 26** Mental health supports are available for people who have been and continue to be **adversely affected by historic wildfires throughout B.C. this summer.**
- AB Aug 28 Nominations for the 2023 Minister's Seniors Service Awards are officially open. For 25 years, these awards have recognized individuals, businesses and non-profit organizations that support seniors, lead the way for improved services and contribute to strong communities.

"Seniors across our province deserve to live vibrant lives with dignity and respect. We want to acknowledge the local heroes and helpers who dedicate their time and energy to support seniors. These people are in our communities, our workplaces and even just down the block. They deliver groceries, help seniors get to their appointments, make our communities more accessible and so much more." The deadline for nominations is Nov. 15. Selected recipients will be celebrated at an in-person ceremony in March 2024.

BC Aug 29 Seniors and people living with disabilities in Nanaimo now have more affordable housing options with the opening of 62 new homes at Sunfield Manor.

**BC Aug 29** COVID COVID COVID - The BC Centre for Disease Control has identified British Columbia's first case of a person infected with the BA.2.86 variant of Omicron in an individual from the Fraser Health region who has not travelled outside the province. It is the first known case in Canada of this variant. So far, there does not seem to be increased severity with this strain of COVID and the individual is not hospitalized.

#### Fall 2023

## **Summer Wind-up**

The Edmonton RailVets "Summer Wind-up" event was held on Wednesday June 21st at the Rundle Family Centre in Rundle Park. This venue was able to accommodate 125 participants indoors, the facility was easily accessible and provided ample vehicle parking. 106 tickets were sold for this event.

The event was catered by Fat Franks Food Truck; they offered 4 different menu options: hot dogs, chicken strips, cheese burgers and smokies along with fries and a beverage.



We received many positive comments from those in attendance; both for the venue and the food. We will consider using this venue again in the future.

This social event gives attendees a chance to visit and renew acquaintances; getting together, sharing a few stories, catching up on what is happening in their lives and sharing food is the main event.

## Lost Contact

It is very important than the CN Pension Administration have out correct contact information. They will occasionally send out letters asking for proof of life that, if not replied to, could impact pension payments.

Over the last few years, we have lost contact with some of our members. Newsletters have been Returned and their phone numbers are no longer in use. The following is a list of people we can not contact. If there is anyone you know, please get them to contact CN Pensions & Benefits Administration at 1-800-361-0739.

Barbara Anderson, St. Albert Lorraine J. Arychuk, Edmonton Mary Barth, Edmonton Susie Bartsch, Hythe Albertine W. Bourque, Lac La Biche Megan Brzak, Sylvan Lake Richard Buckland, Wildwood Loretta Butt, Edmonton Lois Campbell, Stettler Lavinia Curran, Sechelt Fernando Da Luz. Edmonton Thomas Devoe, Edmonton Velma Downing, Edmonton Viola Duncan, Saskatoon Jerry Fortin, Gunn Anna Mae Gibson, Edmonton Alice Goebel. Edmonton Donald Goulet, Edmonton Ragab Hassan, Edmonton Edmund Heft, Spruce Grove Fred Ho, Edmonton Paul Hogan, Edmonton

Cyril P. Hook, Gunn Eileen Keenleyside, Edmonton Euphemia Kinash, Edmonton Marguerite Kohut, St. Albert Harry Kornak, Edmonton Nancy Lischuk, Calgary Bruce MacArthur, Grande Prairie Shirley V. McConaghy, Edmonton Robert McLean, Spruce Grove Ann Michael, Sherwood Park Judith Neave, Sherwood Park Robert Nelson, Jasper Heather Root, Pincher Creek Marjorie Sessions, Calgary Elizabeth Smart, Edmonton Marian Tait Stefanyk, Edmonton A. Greg Thompson, Surrey Lorraine Tokey, Hamilton Andre Vallee, Huntingdon Marites Walters, Edmonton Gerry Wiseman, Stony Plain

