



CN Pension and Benefits Administration
PO Box 8111
Montreal, Quebec H3C 3N3

Administration des régimes de retraite
et des avantages sociaux du CN
Case postale 8111
Montréal (Québec) H3C 3N3

May 13, 2025

Dear CN Pensioner,

We are writing to inform you that Canada Post workers may begin strike action as of May 22, 2025. Following our previous communication from late 2024 regarding pension payments during postal disruptions, no courier delivery arrangements will be made for pension cheques during this potential strike.

Cheques will be mailed once the strike is over.

IMPORTANT: To ensure uninterrupted pension payments, we strongly urge you to register for direct deposit immediately.

If you have not yet applied for direct deposit, please call the CN Pension and Benefits Administration to set up direct deposit.

For any questions about your CN pension payments, please contact us at the number below.

Sincerely,

CN Pension and Benefits Administration
1 800 361-0739