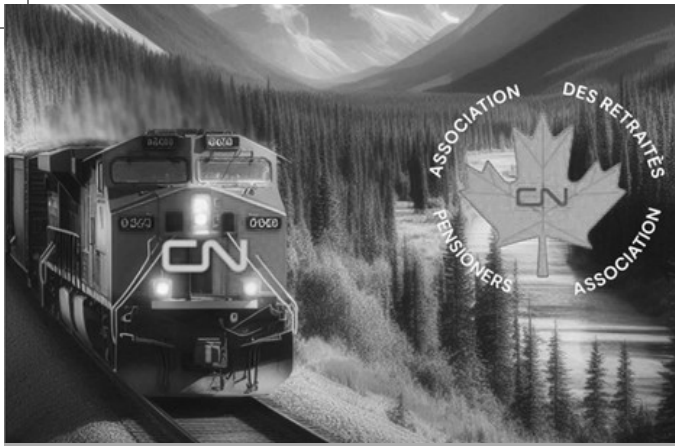




Pensioners' news

Keeping pensioners' information on track
Volume 30 • Number 2 • Summer 2026

INSIDE THIS ISSUE

- 1 President's Message
- 2 Understanding Your Pension Beneficiaries – Plan Ahead for Your Loved Ones
- 3 Age is Just a Number: How Hank Lemoine Became Pro Baseball's Oldest Umpire
Tracks, Trails, and Ties: The Journey of Lydia Stanko
- 4 Health Care Matters – Quick Hits
Blue Cross Coverage
- 5 The Clancy Legacy: Three Generations of Signals and Safety
Lifetime Safety Award Presentation
- 6 Wally Trapler Comes Full Circle
John and Diane Stewart's Volunteer Spirit
- 7 Help Wanted – Are You a Good Fit?
2026 Pension Information Roadshow
- 8 RRITC Bonus Draw 2026
- 9 RRITC Bonus Draw 2026, continued
- 10 Celebrating Centenarians Birthdays
- 11 Celebrating Centenarians Birthdays, continued
- 12 Membership Application Form

IMPORTANT

When a pensioner/surviving spouse moves or dies, CN Pension and Benefits Administration must be advised immediately by calling 1-800-361-0739 so that an accurate information database can be maintained.

The Company (CN) has reached an agreement with the CN Pensioners Associations (CNPA) to provide mailing addresses periodically. This is so that the pensioner or surviving spouse does not have to make a second call to the National Council.

PRESIDENT'S MESSAGE

Carrying on with my car theme, in this edition we focus on the **internal computer system**, which is made up of our Communications Team and the IT Manager who manage our National Newsletter, Facebook page and Website. They get inputs from a wide variety of sources and then translate all that data into articles and posts that provide the **drivers** (that's you) with the information you need to successfully navigate.

Take some time to thoroughly read this edition of the newsletter and you will see the breadth of information provided for you. There are a variety of new articles of interest for as many **drivers** as possible. Graphics and headlines are used to grab your attention and then the articles contain the essential information. The newsletter has a page limit constraint, so rather than limit the number of articles, or leave valuable information out, we provide links, where necessary, to a complementary post on our national website where more details may be found. These links are provided as hyperlinks in our new, full-colour e-newsletter.

Now the website, www.cn pensioners.org, where over the past few years, our IT Manager has designed a whole **new model** to present its information. Not unlike the **infotainment system** in your new car, there are volumes of information available to you at the touch of your finger (or a click of your mouse). It is organized by categories and you can click your way through multi-levels of information to get to the details you want. And if you just can't find what you're looking for (after giving it a good try) there's a "Contact Us" button which would be the equivalent to an **OnStar service** where you can get an answer to almost any question by simply filling out and submitting a simple form to us.

Take a minute to browse the newsletter and explore the website to discover the quantity and quality of the information that is provided for you through this **computer system**. Then appreciate it is the handiwork of just three **technicians**, a Communications Officer, an Associate Editor and an IT Manager. They are all volunteers and they are all fellow members of your Association, working to provide you the best information possible. CN provides the layout, publication and mailing for the newsletter, but the content, is managed by us.

Like every successful automobile company, this one, your Association, involves a large number of staff that are needed to provide support for its overall success. For the most part they work in the background, in local, regional and national offices, and together they create and support all of the basic functions and the options we have been detailing in the past issues. We continue to look to the future to see what options we can provide to make next year's model even better. Unlike actual new vehicles, that increase in price every year, we maintain the same price point for your membership at a very respectable \$1 a month.

Bruce Anderson
President, CN Pensioners Association

Next newsletter deadline: Articles for the Winter edition due by September 30, 2026

**The National Council of CN Pensioners Associations Inc.
publishes the CN Pensioners' News three times per year.**

Newsletter Editorial Team
newsletters@cnpensioners.org

Editor
Steve Mihell
steve.mihellcnpa@gmail.com

Associate Editor
Chantale Lauzon
clauzon67@icloud.com

Regional Representatives
Atlantic – Bruce Peacock
Peacock1942@gmail.com

Quebec – Rémi La Haye
remi.lahaye@gmail.com

Ontario – Cathy Thomas
cthomas.cnr@gmail.com

Prairie – Mark Barda
cnpamb.publicity@gmail.com

Mountain – Rae Sexton
raesextoncnpa@gmail.com

National Executive Secretary
CN Pensioners Associations
49310 John Wise Line
Aylmer, ON
H5N 2R4

National President
Bruce Anderson
president@cnpensioners.org

Past President
Reg Hebert
rhebert06@yahoo.ca

National Treasurer
Ron Charles
treasurer@cnpensioners.org

Executive Secretary
Ron Hewson
secretary@cnpensioners.org

Membership Co-Chairs
Peter Moloney, Nancy Zajacz
membership@cnpensioners.org

2026 National Council and Executive Committees,
including the Regional Vice-Presidents,
visit **www.cnpensioners.org/councils**

National website and national Facebook pages
For more information, contact names and numbers,
please go to our National website
www.cnpensioners.org
www.facebook.com/cn.pensioners.92
www.facebook.com/cnpa.french.3

CN Pensions and Benefits Administration – 1-800-361-0739
Pensioners' web portal: cnbenefits.hroffice.com

The portal is now available at CNBENEFITS.HROFFICE.COM
It will allow you to access relevant pension information and update your
address and banking information. On your first visit, you will need to
register. You will then be able to access the portal using your CN PIN
(login ID) and the password you created.

If you require assistance with registering or logging in, please call
the Pensioners' Helpline at 1-800-361-0739.

*CN is committed to adhering to the highest standards in all aspects
of its corporate activities. In order to ensure that pensioners receive
the maximum possible information concerning the Company,
its activities, the Pension Fund, and all related matters, it funds
this newsletter. However, the content of the newsletter is entirely
the responsibility of the National Pensioners Associations, and CN
assumes no responsibility for the content of the newsletter, which
is the sole and exclusive responsibility of the Associations.*

UNDERSTANDING YOUR PENSION BENEFICIARIES

PLAN AHEAD FOR YOUR LOVED ONES

Planning for the future means ensuring your pension
benefits go to the people you want. Here's what you
need to know about beneficiary designations.

Please note that any benefits payable upon your
death will depend on the pension option you elected
at retirement and any remaining guaranteed period.

Your spouse established at retirement is protected:

By law, your spouse established at your retirement
is automatically the primary beneficiary of your CN
pension. If you pass away, your eligible spouse will
receive survivor pension benefits.

You can name a contingent beneficiary:

You can designate a beneficiary to receive any
remaining benefits if there is no eligible spouse.

Why naming a beneficiary matters:

When you name a specific beneficiary instead of
the estate, the benefit transfer process is smoother
and faster.

Take Action Today:

Review and update your beneficiary designation by:

- Logging into the CN Pension web portal at
<https://cnbenefits.hroffice.com/>
- Calling the CN Pension Help Line at
1-800-361-0739, Monday through Friday,
8 AM to 6 PM Eastern Time
- If any changes are required, complete
a beneficiary form and send the original to CN
Pension and Benefits Administration by mail.

*A few minutes of planning today can make a significant
difference.*



TERRY FOX RUN

SEPTEMBER 20, 2026

CN pensioners, employees and
families across Canada are coming
together on Sunday, September 20 to
support life-changing cancer research
and honour Terry Fox's legacy.

Be part of this proud CN tradition.
Register today:

www.cn.ca/TerryFox-CNPA

AGE IS JUST A NUMBER: HOW HANK LEMOINE BECAME PRO BASEBALL'S OLDEST UMPIRE

From legendary local athlete to history-making official, CN pensioner Hank Lemoine is still dominating the sports scene. Following a recent feature by Scott Taylor in *Senior Scope*, Hank was celebrated for turning 71 last October—making him the oldest active umpire in North American professional baseball.

For those who know Manitoba sports history, Hank's success comes as no surprise. Before he ever donned the umpire gear, he was one of the province's premier multi-sport athletes. His legacy is cemented by at least 10 sports hall of fame inductions, including nods in basketball, volleyball, and baseball.

His transition to umpiring started modestly at the Norberry Community Club for his daughter's softball games. However, destiny called in 1995 when the Winnipeg Goldeyes needed replacement umpires during a Northern League strike. Hank stepped onto the pro field, and he never truly left. In 2014, he took his talents to the Pro Umpire Camp in Shreveport, Louisiana. Today, his resume includes 150 pro games—50 behind the plate—on top of the 120 local games he has traditionally called each summer.

Ever the competitor, Hank is still looking for ways to improve and hopes to remain a fixture on the diamond for years to come. We salute your dedication, Hank, and wish you many more great seasons ahead!



Hank Lemoine



Hank at work on the diamond

TRACKS, TRAILS, AND TIES: THE JOURNEY OF LYDIA STANKO

For Lydia Stanko, life has always been defined by a sense of adventure, ambition, and a deep connection to the Canadian railway. Long before she became a pillar of the Jasper community, her journey with the rails began with her own career path.

Lydia's story started in a scenic alpine village in the Swiss mountains. Her adventurous spirit first took flight at age 23 when she traveled to Montreal to work as a nanny for a local family. Though far from home, she found a new calling in the rugged Canadian landscape, a calling that eventually led her west to Jasper. It was there that she began a career with CN Hotels, living a life of seasonal transition, spending summers working at the iconic Jasper Park Lodge and winters at the Vancouver General Hospital.



Lydia Stanko celebrating her 100th birthday

It was during one of those vibrant summers in Jasper that Lydia met and married Steve Stanko, a CN Engineering employee. In those days, working the rails was a test of true resilience. Steve started with the railway as a sectionman, patrolling various points along the line west of Jasper often using hand-pump speeders and velocipedes. He would fill in on the snowplow during the winters and eventually built enough seniority to hold a permanent job in Jasper. Steve dedicated 30 years of service to the railway before his retirement and eventual passing in 1991.

Jasper became the permanent backdrop for their life together—the place where they settled, built a home, and raised three boys. As a railroader's wife, Lydia balanced the demands of family life with her own fierce professional drive. Never one to sit still, she managed a local motel, joined the Chamber of Commerce, and worked as a real estate developer managing a group of cabins. Remarkably, after Steve passed away, she even oversaw the construction of a commercial building right in the heart of town.

Today, Lydia remains an absolute force of nature, and her "retirement" is anything but quiet. She is a regular in local exercise classes, a master of complex jigsaw puzzles, and an avid cook, seamstress, and knitter. She remains a familiar and beloved fixture in the community, regularly catching the 45-minute bus ride to Hinton for shopping trips and family visits, or walking downtown with her walker—usually returning home with a haul of new purchases.

On March 12, Lydia Stanko celebrated her 100th birthday, marking her latest milestone surrounded by the warmth of family, friends, and fellow pensioners at the Alpine Summit Seniors Lodge. Charging forward into her next century with the exact same ambition that brought her across the ocean decades ago, Lydia's life stands as a beautiful testament to a journey well-traveled.

HEALTH CARE MATTERS

QUICK HITS

The **Health Care Plan for CN Pensioners** brochure is complex, there are lots of pages and it is tough to find what you need. Here are a few informative hints to help maximize your benefits.

Get 100 Not 90

You are entitled to 100 pills for most prescriptions. Get your doctor to prescribe the max and you will save a bit more each time.

Simple and Easy Medical Discounts

You pay for Blue Cross – and you need a wheelchair, or foot orthotics, even a pair of eye glasses or most anything medical from A-Z .. so GOOGLE Blue Advantage and look for services in your area, show your card and get a discount on your purchase.

Maximise Your Deductible

Most of our members pay the lower option premiums but have higher deductibles for their extended health care (EHC) benefits. When you need to use one of these benefits and pay all or part of your deductible, review the plan brochure for other items you may need and make sure you buy/claim them in that same calendar year. READ the brochure to see all your entitlements.

Massage Therapy & Doctors Prescription

While you don't need a prescription for most EHC specialists, you need one for Massage Therapy. It is good for one year only and you will then need another doctor recommendation.

Need a Special or Unusual Vaccine

Shingles, Pneumonia, Yellow Fever, Hep A/C or others. If your doctor prescribes one of these OR you are travelling to some far off third world country, these can be a real added cost. Unlike most Plans ours covers these kinds of vaccines up to a max of \$500 per year. Ask your doctor or pharmacist about what your needs are.

Going into the Hospital

Most of our Plan options cover semi-private rooms. In some cases, the hospital will ask you before if you have coverage and do you want this room if available. If you say **YES** and you get lucky and get the room, they will charge you and you then claim some of that cost back. However, if you say NO and you still get lucky and get a semi-private room, there is no cost to you. Remember your hospital deductibles as well.

Do You Really Need Eyeglasses?

Consider this – If you're in Option D, it provides 1 pair of glasses every 3 years for up to \$200. Option C1 has exactly the same deductibles BUT no eyeglass coverage. When you get your renewal letter next November, look at the difference in the rates between D and C1 and see if you are getting the value for the cost. You might be surprised by what you see! By the way, same holds true for C2 and C3, same general coverage, higher deductibles, but lower monthly costs – figure out what is best for you.

Read the Brochure

I want to encourage you to read the Brochure. Yes, it is boring, but if you want to maximise your benefits, it might be helpful.

The Plan Brochure is on the CNPA National Website – **CNPENSIONERS.ORG** under **HealthCare** and **Blue Cross**.

Remember – Our Plan is fully funded by your premiums only and is managed by volunteer CN Pensioners. Medavie Blue Cross merely administers your claims on our behalf. Normal inflation is causing Drug and EHC costs to rise every year, just like your hydro and other bills. We are trying to keep the increases to a minimum while maintaining benefit coverage levels.

BLUE CROSS COVERAGE

Will Your Spouse Be Covered After You Pass?

After a Pensioner passes away, the eligible spouse for their CN Pension is given the opportunity to join or REJOIN the CNPA Blue Cross Plan. The Blue Cross Coverage (your coverage) and the card in your purse or wallet EXPIRES 60 days after the pensioners death and the policy is **CANCELLED**.

A **NEW** Blue Cross Package is sent to the spouse, and **they must complete the application**, or they will not be covered. The spouse has **only 60 days** after they get the Package to complete the NEW application and send it in. It is important to look through the Pension Package you are sent and take action!

When Can I Change My Coverage?

Every November, when you receive your Plan renewal letter, a Plan member generally has the opportunity to move to a LOWER cost Plan option on January 1st. BUT, on certain anniversaries, you can also move to a HIGHER cost Plan option. This includes on your 60th, 65th, 70th, and every 5th similar birthday. **YOU MUST DO THIS WITHIN 30 DAYS** of that Birthday OR wait another 5 years – no exceptions.

Contact Medavie Blue Cross at the number on the renewal letter or on your Member Card. As always, before making any quick decisions, you should look closely at the rates, benefit coverage, deductibles and your annual cost versus your annual benefit. The rate sheets and brochure can be found on our website - CNPA Blue Cross Plan.

THE CLANCY LEGACY:

THREE GENERATIONS OF SIGNALS AND SAFETY

For Rollie, Ray and Jason Clancy, the railway wasn't just a career; it was a calling that echoed through their home for nearly a century. With a staggering **115 years of combined service**, three generations of the Clancy family have stood watch over the signals that keep CN's Midwest and Ontario corridors moving safely.

The story begins with Rollie, who entered the world of rail when steam was king and "wigwags" were the latest in crossing protection. For 44 years (1925-1969), Rollie served as a signal maintainer across Peterborough, Belleville, and Gananoque. In an era of mechanical levers and oil-burning lamps, his work required a rugged kind of dedication—ensuring that even in the biting Ontario winters, the semaphore arms cleared and the tracks remained safe.

As Rollie was entering his final decade of service, his son Ray picked up the mantle. Ray's 35-year career (1956-1990) bridged the gap between the old world and the new. Working out of Toronto and Belleville, Ray saw the transition from mechanical towers to Centralized Traffic Control (CTC). He managed the increasing complexity of the Toronto corridor during its busiest growth years, moving the department toward the electronic era while maintaining the high standards of technical supervision his father had modeled.

The third chapter of the legacy belongs to Jason, who carried the family name into the digital age. Over his 36 years (1987-2023), the tools of the trade shifted from wrenches and relays to laptop computers and fiber optics. Based in the Greater Toronto Area, Jason oversaw testing and leadership during the massive GO Expansion projects. He witnessed the modernization of the very same Union Station Rail Corridor his grandfather and father had traversed, ensuring the "Clancy standard" of reliability remained intact even as the technology became light-years more advanced.

A Century of Pride for the Clancy Family

From the vintage 1920s interlocking plants at Cherry Street to the modern commuter networks of today, a Clancy has almost always been on the line.

While the technology changed from semaphore blades to computer code, the family's mission never wavered: keeping the signals green and the trains on time. It is a remarkable record of service that stands as a testament to the dedication of the railway families who built and maintain the heart of the Canadian National Railway.



Left to right: Jason, Rollie and Ray Clancy



RAIL SAFETY WEEK

September 21 to 27

Help us spread the rail safety message and make your community a safer place to live, work, and play!

Contact RailSafety@cn.ca to get involved



LIFETIME SAFETY AWARD PRESENTATION



Tracy Robinson with Safety Award Winners

At the Safety Award presentation held June 18 at the Claude Mongeau Training Centre in Winnipeg, eight CN pensioners were presented with the Lifetime Safety Award which recognizes 35+ years of service with CN without a lost-time injury. Pictured here are the eight winners and Tracy Robinson, President and CEO of CN (fourth from left), who presented the awards to each recipient, and Mark Grubbs, Senior VP Safety and Environment (far right). Congratulations to all the recipients for their attention to safety during their working careers.



CN EMPLOYEES' AND PENSIONERS' COMMUNITY FUND

2027 Fundraising Campaign

As a retiree, your role is important within your community. By donating or organizing a fundraiser through the CN Community Fund, you can give back and have a positive and lasting impact.

Over the past 10 years, Community Fund members have donated over \$20 million to support a range of charities helping the less fortunate.



- 100% of your donation goes to your chosen charity, with no administrative fees.
- Donate to the registered charity of your choice.*
- You can contribute by automatic monthly deduction from your pension benefit, by cheque or by credit card.
- Receive a single tax receipt for the year for all donations of \$20 or more.

Contact us:

✉ communityfund@cn.ca

☎ 1-877-552-7555

🌐 communityfundcn.com

Please note that your monthly contribution must be renewed each year.

* An organization must receive a total of \$300 or more to be eligible.

WALLY TRAPLER COMES FULL CIRCLE

Retired CN Police Officer **Wally Trapler** always loved interacting with the community about rail safety when he was with CN Police Services. So, it's no surprise that Wally actively volunteers with the CN Police's Community Outreach Program, over 25 years after retirement, to continue this valuable work.

"Railway safety is very important to me. Attending events and talking to people about safety are things I love to do", says Wally, who retired after 31 years of service. "Many people still do not know that railway property is private. They are surprised to learn they are trespassing and that it is illegal and dangerous to walk alongside the tracks. You never know when the information you provide will help save a life."



Spreading the rail safety message at a community event are (left to right): Constable Matt Davidson, Constable Cynthia Stotz, and Wally Trapler.

Members of the CN Police welcome Wally's expertise and support at community events. "I call him my trusty sidekick", says Constable **Cynthia Stotz**. "I take him with me to almost every event I attend, and he also volunteers with Constable Matt Davidson whom he trained in 1998 when Matt first started. We couldn't attend all the events we do without him. He has become an essential part of our outreach team."

Wally still feels a strong attachment to policing. "It's like I never left," he says. "I still have a burning desire to contribute and stay connected to the railroad." A member of the CN *Railroaders in the Community* program for many years, Wally has also given generously of his time to several other organizations, including the Royal Canadian Legion, Halton Crime Stoppers, Freeman Station Railway Museum, and Knox Presbyterian Church. He and his wife, Karen, continue to be active volunteers at church functions where together they cook, bake, and install and dismantle displays. "It's a great program and the church is always grateful for the funds CN gives them in recognition of our volunteer time," says Wally, whose hobbies include tinkering with his 2006 Dodge Charger RT.

JOHN AND DIANE STEWART'S VOLUNTEER SPIRIT

John Stewart leads an active life as a retiree on Prince Edward Island and has nothing but praise for the **CN Railroaders in the Community Program** that supports his volunteer efforts at a local food bank.

"It is the best thing going and the food bank is grateful for CN's support," says John. For about 15 years, John and his wife, Diane, have been dedicated volunteers at the Charlottetown Upper Room Hospitality Ministry Food Bank. The charity gives out food hampers three times a week to those who need a little extra to get through the month. Each hamper contains a variety of canned or boxed goods as well as vegetables, meat and fresh fruit when available. John and Diane have sorted donations, dividing bulk items like sugar, flour and rice, and assembled the hampers. John further assists by carrying the hampers out to clients' cars and both he and Diane get involved in food drives. Today, they are busy delivering the food hampers to those who cannot travel to the food bank.

Like other parts of the country, food insecurity in P.E.I. is a growing concern. "The demand at the food bank is up now, especially since the pandemic" says John, who worked at CN for 32 years in Steel Bridges and Bridges and Buildings. He is also Acting President of the P.E.I. local chapter of the CN Pensioners' Association.

"CN's grant money is used to purchase items that are in short supply at the food bank, like baby food," adds John. "Volunteering here is a humbling experience that makes Diane and I both appreciative of all donations."



Deliveries completed for the food bank (left to right): Diane and John Stewart with Mike MacDonald, Manager of the Upper Room.

HELP WANTED – ARE YOU A GOOD FIT?



When I took office as National President in 2024, my inaugural message focused on two key priorities. The first was *Strengthening and Growing Our Association*. This priority relies on two elements, the most critical of which is getting more

members involved in running our councils at all levels. We can have a solid, active membership, but if we cannot staff our executive councils with the required minimum number of officers, those councils will be dissolved and their members transferred to a neighboring council. None of the benefits, such as national scholarships, discounts or national newsletter/calendar are affected, but the social framework that exists today will be very difficult, if not impossible, to maintain.

I encourage everyone to reach out to your council officers—whether at the local, provincial, regional, or national level—and ask how you can help. Together, we can keep our councils thriving and ensure they continue to deliver everything our members need at every level.

As this newsletter is distributed in late summer or early fall, we are looking ahead to late November, when we will hold our National

Council elections. This election will cover all positions not filled by the Regional Directors, who are elected directly by their respective regions. While most of our current incumbents have indicated they will stand for re-election, we do have vacancies. We need new individuals to step up and help cover this vital work.

Of particular note, **we need a candidate for the Executive Secretary for the National Council**. This position is primarily responsible for assisting in setting up a few meetings a year (mostly virtual) and keeping and distributing the minutes from those meetings. They keep our org charts updated and they also liaise with Corporations Canada to update our registration and maintain our two insurance policies—both of which are one-time annual tasks. The National Council has a high number of experienced individuals, so getting help as you learn a new position is never far away. If you are interested in filling the position of National Executive Secretary, contact me at president@cnpensioners.org and we can have a more detailed discussion on the job requirements and the process for getting your application filed for the election.

Bruce Anderson
President, CN Pensioners Association

2026 PENSION INFORMATION ROADSHOW

The 2026 **Pension Information Sessions** were held in Moncton, New Brunswick and St. John's Newfoundland and Labrador on June 3. Designed to deliver vital information directly to our pensioners through a series of presentations, these sessions featured three presenters from CN and two from the CNPA. Together, they engaged over 60 pensioners and spouses in Moncton and more than 40 in St. John's.

The topics reviewed included the CNPA's mission and how it is supported by the **CNPA/CN Partnership Agreement** and its various provisions, as well as the current status of the **CN Pension Plan**, how it works, and the upcoming indexation increase for 2027.

The session also featured a presentation on the essential support **CN Pension and Benefits Administration** provides to our pensioners on a daily basis. We concluded with a review of the **CNPA Health Care Plan**, outlining the plan background, latest facts on plan provisions, funding and plan administration.

Attendees asked numerous questions both during the presentations and during an open Q&A period at the end. The sessions resulted in a valuable exchange of information, giving everyone involved better insight into these important topics.

Submitted by:

Bruce Anderson	Blake Olson
CNPA Co-Chair	Chairman
CN Pension Committee	CNPA Health Care Plan



Moncton Session



St. John's Session



Pierre Charette and Véronique Tanguay presenting to attendees

RRITC BONUS DRAW 2026

In the Spring newsletter, we announced the winners of the regional draws for the Railroaders in the Community (RRITC) bonus program. In each case, CN donated an additional \$2,000 to the winner's charity of choice and we were able to get photos and stories of most of the winners and representatives from their charities. Congratulations to all the volunteers and the very deserving organizations they donate their time to. Keep logging those volunteer hours in 2026 and you could be the next winner!

DAVE BALL

Our volunteers each play an important role in making Sport Central what it is, and Dave Ball is one of many who helps keep things running day in and day out. Dave's Charity, **Sport Central (Edmonton)** is committed to "empowering kids, one piece of sports equipment at a time." Their primary goal is to retrieve, repair, recycle and redistribute sports equipment to kids aged 4 to 17 in families facing financial hardship.

A familiar face in the shop, Dave is there four to five days a week and even holds a key to the building! He brings skill, care, and a willingness to support others, often taking time to guide new and younger volunteers in the repair shop.

This year, Dave was selected as one of Mountain Region recipients of the 2026 **Railroaders in the Community** \$2,000 bonus draw. Through this initiative, CN supports pensioners in giving back by directing donations to charities they care about and we're proud that Sport Central is the recipient of Dave's selection.



Dave Ball – in the workshop

We're grateful for Dave's ongoing dedication and the many ways he contributes to the team.

Thank you to CN for supporting retirees in giving back to their communities.

JUNE KING

June King was one of the Atlantic Region winners of the \$2,000 Railroaders in the Community bonus draws. In addition to being the President of the Spike Ladies group for the St John's CNPA, she and her husband, Art, volunteer at the **Railway Coastal Museum** every Tuesday. The museum is housed in the original 1903 St John's railway station and has a vast array of exhibits depicting the rich history of the railway and coastal boat service in Newfoundland and Labrador. The museum General Manager, Annette Hurley, curates approximately 4,000 artifacts that are grouped with posters, maps, a passenger train diorama with costumed figures and so much more, to ensure these pieces of Newfoundland railway history are available for future generations.



Cheque Presentation: (l-r) Wayne Greenland, CNPA President St John's Local, Bruce Anderson National President CNPA, June King, Annette Hurley



Riverhead Station Railway Coastal Museum

HERVÉ LEBLANC

Hervé Leblanc was the other Atlantic Region recipient of the \$2,000 bonus award from Railroaders in the Community. Hervé is a member of A7 Moncton Council and works as a volunteer director for the NB Coalition for Seniors under the RRITC banner. The Coalition for Seniors and Nursing Home Residents Rights advocates on behalf of all New Brunswick seniors calling on government to implement and support affordable and accessible programs that enhance the quality of life for seniors and their families. The group was founded in 2004.

The Coalition thanks CN and RRITC for the generous donation that will indeed assist the work of the Coalition. They take pride in all the support that the CN Pensioners of Moncton have given this organization.



Pensioner Hervé Leblanc presents Cecile Cassista, Board Director, and Executive Director for the Coalition for Seniors the \$2,000 donation cheque issued by CN.



Photo: (l-r) Debbie Ellison - Past President, Claire Gay - Treasurer/Director, Hervé LeBlanc and current Coalition Executive Director, Cecile Cassista

LINDA WACHAL

Linda Wachal was one of the Prairie Region winners of the RRITC \$2,000 bonus draw. Her chosen charity was **Evermore Gather Grow Lead Inc.** in Winnipeg, where she has been volunteering for three years after transitioning from Big Brothers Big Sisters.

Evermore Gather Grow Lead Inc. is a Winnipeg-based charitable organization rooted in the West Central neighbourhood. For nearly 50 years, Evermore has provided quality recreational and developmental programming for children, youth, and families - creating safe and welcoming spaces where young people can feel a sense of belonging, build meaningful relationships, and develop confidence, creativity, and leadership skills. Their mission is to inspire children and youth through quality recreational opportunities, and their vision is Building Future Leaders.

Through after-school programs, summer programs, leadership opportunities, and community-based events, Evermore helps young people gather, grow, and lead in a consistent, supportive environment. CN's contribution will help to strengthen this vital work by supporting opportunities for children and youth to participate in safe, inclusive, and engaging programming in their own community.



Cheque presentation to Cory Klassen, Associate Director Evermore, (l-r) Cory Klassen Associate Director Evermore, Bruce Anderson CNPA National President, Linda Wachal



David Ogden receives the \$2,000 RRITC bonus cheque on behalf of All-Together Affordable Housing Corporation.

DAVID OGDEN

David Ogden was one of the Ontario winners of the RRITC \$2,000 bonus draw. David's charity is All-Together Affordable Housing Corporation (Plainfield).

All-Together Affordable Housing Corporation is a not-for-profit charity serving Hastings County, including the Greater Belleville and Marmora areas. They provide accessible, long-term, and transitional housing for vulnerable individuals and low-income seniors, partnering with community agencies to offer "Housing First" support.

Dave is shown here with many of our volunteers. He is standing on the far left, holding the cheque.

CLAUDE CHARTRAND

Claude Chartrand, president of ARCN B2 in Quebec received the RRITC \$2,000 bonus cheque on behalf of Richard Laprise, longtime Director of the **Club de ski de fond et Raquette de Senneterre**, the chosen charity. **Club de ski de fond et Raquette de Senneterre** is a volunteer driven organization dedicated to keeping outdoor recreation both accessible and affordable for its community. They rely entirely on their dedicated network of volunteers to keep operations running smoothly. They groom trails, keep shelters and the lodge open, and because it is volunteer driven, they are able to keep the cost of daily trail passes and equipment rentals low.



Claude Chartrand and Richard Laprise.



Together to prevent homelessness

Introducing CN's new 10-year community initiative supporting homelessness prevention through education, partnerships and research driven solutions that help build safer communities.

Learn more: www.cn.ca/rffc

CELEBRATING CENTENARIANS BIRTHDAYS

CN and CN Pensioners Associations have always shown respect for their pensioners, especially for those reaching the ripe young age of 100. To honour these centenarians, an award designed and approved by the CN Pension Committee will be presented to this special category of pensioners/survivors to commemorate this milestone. The award is inscribed with their name and date of birth. We will publish the names and dates and, when possible, photos from the presentation in our National Newsletter, released and distributed to all pensioners three times a year.



1. Aldona Morkunas

April 22, 2026

Received her centenarian gift on April 22, 2026. She is the spouse of Antanas Morkunas, who was a trainmaster at Pointe-Saint-Charles.



2. Anna Hache

April 30, 2026

Anna Hache celebrated her 100th birthday at a family gathering on August 9, 2026. She is the spouse of Joseph-Armand Hache. She was presented with her Centenarian award by her daughter, Therese Hache.



3. Anne Marie Beaudry

March 12, 2026

Anne Marie Beaudry celebrated her 100th birthday on March 12, 2026. She is the spouse of the late Roadmaster Edward Louis Beaudry. On March 12, Dennis Brown, Vice President CNPA-MB attended the milestone event gathering of Anne Marie's children, grandchildren, and great grandchildren, at the St. Vital Nursing Home, where he had the privilege to present the crystal locomotive, CN Legacy red book, the new CNPA MB pin along with birthday wishes to her.



4. Christine Bouchard Brochu

May 8, 2026

Christine is the wife of Bruno Brochu, who worked in accounting at Charny. She received the recognition award from her son-in-law, Roger Fortin, who was a CN mechanic for 32 years.



5. Claire Bojin

April 6, 2026

Claire is the spouse of Donald Bojin. Donald worked in the B&B department in Toronto until he retired in 1975. Together they raised six children, five of whom attended her birthday gathering of family and friends at the Pioneer Park Christian Reform Church in Kitchener. Her gift was presented by Council C7 VP Ken Roberts.

6. Clothilde Del Rizzo

March 28, 2026

Clothilde Del Rizzo celebrated her centennial birthday at Bethany Harvest Hills, Calgary, surrounded by family from across Canada. She is the spouse of late Alfred Del Rizzo who worked at the Sioux

Lookout, ON repair track as a carman until 1976. Clothilde is the proud mother of 5 children, 7 grandchildren & 11 great grandchildren. She was presented with her crystal locomotive #5703, the number coincidentally being one her son James had worked on as a conductor/locomotive operator.

7. Dorothy Shipley

April 17, 2026

Dorothy Shipley, surviving spouse of train dispatcher Harvey Ross Shipley, celebrated her 100th birthday, one day past her birth date, on April 18, with a large gathering of family and friends from various locations, some as far away as New Zealand. CNPA of Manitoba Vice President Dennis Brown gave a brief description of the life that Dorothy had seen, along with birthday wishes and presentations of a crystal locomotive, the CN 100 Legacy red book and the new CNPAMB pin to mark the occasion.

8. Emery Sonier

May 18, 2026

Emery Sonier celebrated his 100th birthday on May 18. Emery retired with 35 years of service in 1982 from the Accounting Department in Moncton. Emery is pictured here with Reg Hebert at the Moncton May meeting which he attended "under his own steam". His gift presentation will follow at a later date.

9. Genevieve Browne

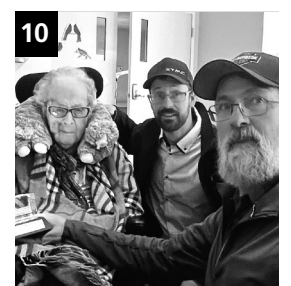
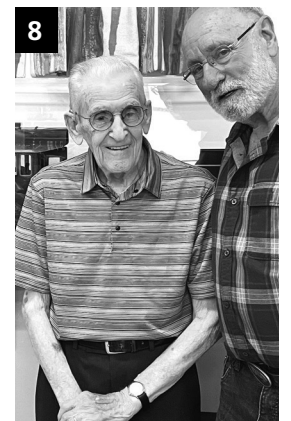
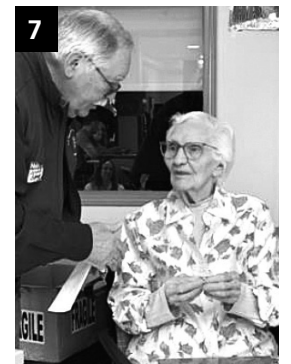
December 29, 2025

Genevieve Browne celebrated her 100th birthday on December 29, 2025. She was presented with her CN gift by her daughter Denise Gautreau.

10. Irma Reeves

April 21, 2026

Irma Reeves celebrated her 100th birthday on April 21, 2026. She received her CN 100th birthday gift from her son, Paul, and grandson, Dylan. Irma is the spouse of the late Murray Reeves, who worked as a dispatcher in New Glasgow, NS, and Moncton, NB, before his retirement. The couple later moved back to Irma's Nova Scotia homestead, where Murray passed away in 2003.





11. Jacqueline Dagneault

May 20, 2026

Mrs. Jacqueline Dagneault celebrated her 100th birthday on May 20, 2026. She was presented with her CN 100th birthday souvenir by her family. Her husband Roland worked in transportation.



12. Jeannine Dubuc

August 23, 2025

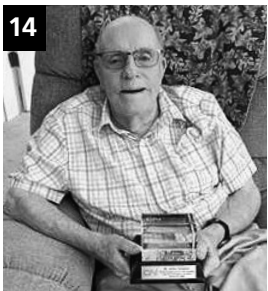
Mrs. Jeannine Dubuc celebrated her 100th birthday on August 23, 2025. She is the wife of Mr. Jean-Louis Dubuc. He was a carman at Central Station and served as the secretary-treasurer for the union for several years.



13. Jeannine Racicot

January 28, 2026

Jeannine Racicot celebrated her 100th birthday on January 28. She was happy to receive flowers along with her CN gifts from Rémi La Haye and Claudette Hudon.



14. Jim Cowieson

January 29, 2026

Congratulations to another Centenarian by the name of Jim Cowieson of Regina. Jim turned 100 on January 29, 2026 and had a celebration with his family, along with his sons Tim and Jim Cowieson Jr. Jim worked for CN Express in Regina.



15. Joan Hachey

January 1, 2026

Joan Hachey celebrated her 100th birthday on January 1, 2026, and expressed a heartfelt thank you to the CNPA for the birthday gift. Joan is the spouse of Guy Hachey who worked as an Operator, and retired as manager of the CN Express and Freight department.



16. Josselyne Ybert

May 30, 2026

Mrs. Josselyne Ybert celebrated her 100th birthday with family and friends in Laval on May 30. She was presented with her CN souvenir gifts and flowers at this time as well. Mrs. Ybert is the spouse of Roger Ybert who worked as a mechanic in Pointe-Saint-Charles.



17. Margaret Watson

May 28, 2026

Margaret (Peggy) Ada Helen Watson celebrated her 100th birthday on May 28 with family and friends from BC, ON and Winnipeg. CNPA-MB VP Dennis Brown presented Peggy with a crystal locomotive, the CN 100 Years Legacy red book, and a CNPA-MB pin, along with birthday wishes to honor the occasion.

18. Mary Holmes

February 16, 2026

On February 16, 2026, Mary Holmes turned 100 years old. Local Vice-President,

Ken Roberts and Secretary/Treasurer Rick Dixon met with Mary and some of her family at the Dearness Home to present her with her gift. She explained that she had seen another resident's gift and was hoping hers would be the same. Mary's late husband, George served in the Running Trades for many years, retiring as a Locomotive Engineer, so the gift was just right.

19. Mel Burr

May 2, 2026

Mel spent his early years working for CN, first as a messenger boy, then after learning morse code, as an Operator, and Station Agent. After a time in the army and working for Hudson Bay Railway, he returned to CN and his job as a Relief Agent, working small towns in Saskatchewan and Manitoba. He then worked as manager in Carload and Express at centers in North Battleford, Saskatoon and Calgary where he retired.

20. Réjane Langis

June 15, 2026

Mrs. Réjane Langis celebrated her 100th birthday in Ville La Salle on June 15. She is the spouse of Yves Langis, who worked in Engineering in downtown Montreal. Réjane received her Centenarian gifts, as well as a bouquet of flowers from Mrs. Claudette Hudon, President of the Laval Local.

21. Roger Whitfield McIntyre

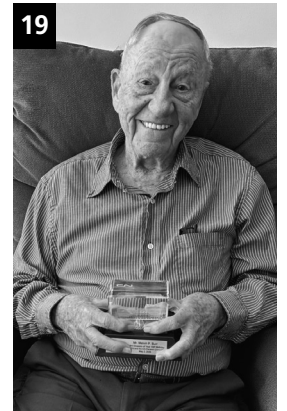
June 5, 2026

Roger was born June 5, 1926, in the Fundy coastal region village of Saint Martin's, NB. He apprenticed as a machinist at the St. John Shipyard, before finding work at CN's Fort Rouge Shops in 1949 as a machinist. Roger retired with 37 years of service at the age of 60. He celebrated his 100th birthday on June 5th and CNPA MB VP Dennis Brown presented him with his crystal locomotive, Legacy red book and birthday wishes.

22. Teresa Durand

February 27, 2026

On February 27, Teresa Durand turned 100 years old. Local Vice-President, Ken Roberts and Secretary/Treasurer Rick Dixon met with family and friends the next day at her Grandson's home, where she also lives. Her gift was well received and gained many complements. Teresa's late husband Armand started his career with the Grand Trunk railway in Michigan as a Director and Purchasing Agent. Eventually they moved to Montreal where Armand joined CN and retired in 1983.



CNPA Membership Application Form

EMAIL to: membership@cnpensioners.org

Or Mail to: CN Pensioners Association at
33 Dunfield Crescent St. Albert, AB T8N 6R8

Please accept my application for membership in the CN Pensioners Association.
I understand that the monthly fee of \$1 will be deducted from my CN pension payment.

First Name: _____ Last Name: _____

PIN: _____ Email: _____

Address: _____

Postal Code: _____ Phone: _____

Would you like your CNPA Newsletter sent to you by email? Yes ☐ No ☐

Would you prefer: E-Membership Card ☐ Plastic Wallet Card ☐ No Card ☐

Which Local Association would you like to join: _____

Signature: _____ Date: _____

Return Address:

Peter Moloney
33 Dunfield Crescent
St. Albert, AB T8N 6R8



Go to our website at www.cnpensioners.org
and send in your application electronically.

NB: For all matters directly related to your pension benefits, such as changes of address, changes in marital status or inquiries regarding pension matters, please call the **CN Pension and Benefits Administration**, the CN Pensioners' Helpline at 1-800-361-0739. Have your PIN handy.

