



**Canadien National
Pensionner association**

Provincial Council of Québec

**Provincial Bulletin
February 2022**

A word from the President

Good morning all

Regarding COVID, according to the recommendations of the Ministry of Health and the Provincial Government, there is a good improvement, which improvement currently allows certain social activities.

As you probably know the executives of all Quebec Councils have continued their administrative activities, as well as helping members who needed assistance, in addition, of projects such as above, recognition of our centenarians, Health Care, Pension Fund, University and scholarship etc.

SCHOLARSHIPS

Your grand children and / or children could win a \$1500 scholarship.

The five university scholarships are intended for second-year CEGEP students who will be pursuing university studies and obviously to all those who are pursuing university studies. From April 15 to August 15, 2022.

The two trades scholarships are aimed at students of traditional trades, as well as students in professional technique, i.e. three years of CEGEP.

Yves-G Bourdon

Notice to pensioners

If you are summoned to appear before the Administrative Tribunal because CN is contesting the decision rendered by the CNESST regarding your partial hearing loss and the allocation of financial compensation and hearing aids; contact either:

Robert Beaudoin 418-903-1452 Paul Goupil 418-559-5737

Arthur St-Hilaire 819-820-2848

Before you go to court, check with them to see if there is any help available.

Address change

It is very important to changes Morneau Shepell postal address which is now LifeWorks at 1-800-361-0739

Change or add email

To continue to receive the association's Newsletters, make sure to send your email changes to:

Suggestions or comments to: arcn.provincial@gmail.com

Presentation of the Provincial Council CNPA 2020-2021

Claudette Hudon, auditor
Boris Klco auditor
Rémi Lahaie, treasurer
Rejean Leprohon, vice president
Yves G. Bourdon, Provincial President, National Director,
Co-Chair of the Pension Committee,
Louis-François Garceau, secretary
Arthur Saint-Hilaire, representative of health care in Quebec
and vice president at National-Québec
Paul Goupil substitute health care in Quebec
Denis Cousineau provincial representative pension committee
Sonia Tremblay substitute pension committee

To join us

President: Yves Bourdon Tel: 450-449-3444 or yvesgbourdon@aol.com
Vice-president: Arthu St-Hilaire 819-820-2848 a.n.sthilaire@gmail.com
Treasurer Rémi Lahaie Tel: 514-631-3283 or remi.lahaye@gmail.com
Secretary: Louis-François Garceau Tel: 418-955-2466 or arcncq2012@gmail.com
Director Mario Michaud Tel: 819-538-3852 danielle_mario@hotmail.com
Director Rejean Simard Tel: 418-546-6525 or rejols@hotmail.com
Pension committee: Denis Cousineau Tel 514-210-2939 or dc.cousineau@gmail.com
Health care Arthur St-Hilaire Tel: 819-820-2848 ou a.n.sthilaire@gmail.com

A warm thank you to our important collaborators
Marc Tessier, Éditor and president of B14 council
Arthur St Hilaire, representative of health care in Quebec a
nd vice president at National for Québec
Rémi La Haye Trésorer Provincial and Council B-7
Robert Beaudoin Council B-9
Yves G Bourdon President Provincial of CNPA

Deaths in October 2021, 146 across the country
Deaths in November 2021, 144 across the country

In order to update the waiting list, the Railroaders housing coop in Laprairie offers 3½ or 4½ apartments at affordable prices. Register by email at arcn.rs@gmail.com. Certain rules apply. You must be retired from the railroad, no dogs and income limit.

Morneau Shepell is becoming LifeWorks, the number remains 1-800-361-0739

The results of the CN Railroaders in the Community project are very impressive for our Region, Quebec. We had 102 ARCN members for the year 2021 compared to 62 for the year 2020. The 102 members contributed to their organizations for a total of \$169,442.75 including \$100 from the partnership.

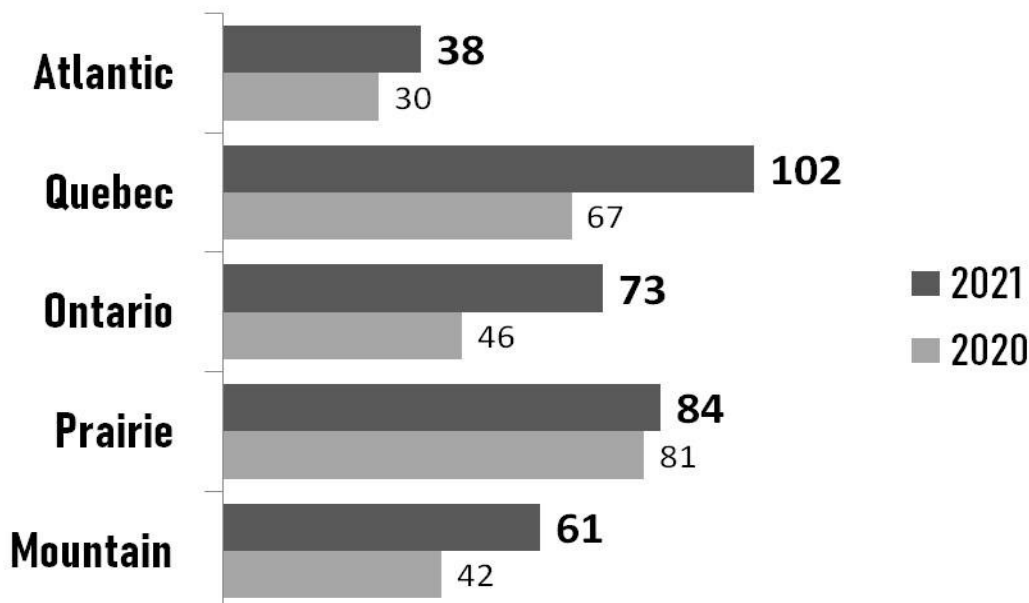
A big THANK YOU AND CONGRATULATIONS to Marc Tessier who spearheaded this project and thanks to him we had a 65% increase in new registered participants.

Obviously a big thank you to our volunteers for their contribution via CN to their charity of choice. You will notice on the graph below that our Quebec Region is the champion in Canada for volunteering, congratulations.

Yves-G Bourdon



Pensioner Volunteers by Region/Province



Canadien National pensionners association

Memory helper

Provincial email association: arcn.provincial@gmail.com

National web site of CNPA Association : <http://www.cnpensioners.org/councils>

Questions about your benefits Morneau Shepell Itée: 1-800-361-0739

Blue Cross Médavie representant for CN Arthur ST-Hilaire
1006 Albert Charpentier J1L0E3 Qc 819-820-2848 a.n.sthilaire@gmail.com

Blue Cross Médavie for Québec : 1-888-873-9200 contrat 93115

Via Rail Canada: www.viarail.ca réservation : 1-888-842-7245

Coop d'habitation les cheminots à Laprairie
président Jean-Marc Théorêt 450-907-7060
Courriel : cncoop@hotmail.com ou coop.cheminots@videotron.ca

Canadian National national email: <http://www.cnpensioners.org>

Travel insurance www.johnson.ca/medoc ou 1-866-606-3362

House and car insurance Johnson 1-888-424-2649

Choice Hôtels : www.choicehotels.ca code client pour CN 00064447

Hôtels avec IHG club privilèges <https://www.ihg.com>

Budget car rental CN A07730 corporate rebate number

Avis car rental CN corporate discount number C810900

Hertz car rental CN corporate discount number 2196840

Fastbreak truck rental CM corporate discount number for trucks A077380

Vacances Évasion CN Vision 1-800-263-1163

Discount on Ford Product 1-877-294-7554

See the travel and discount web page <http://www.cnpensioners.org/travel.cfm>

Boutique CN <http://www.boutiquecn.com>

Blue Cross brochure https://cnpensioners.org/PDF/BC_2021_01_CN_Brochure_en.pdf

Bruce Peacock national treasurer
51 Weyburn Road, Moncton ,NB E1A 5M5 Tel: (506) 383-9045