
The latest News and Announcements for Council C7

INSIDE

NEW EXECUTIVE

An election in November, executive positions Pg. 2

HEALTH CARE

An update from the Health Care Committee.

SCHOLARSHIPS

Scholarships awarded in 2021.

CNPA AGMS

Annual Meetings



Meetings and Future Events

Meetings will be suspended until further notice due to the announcements of another Covid Variant.

The next meetings will be held by Zoom video conferencing.
An invitation will be Emailed prior to the meeting day.

April 21st/22

June 16th/22

Starting at 13:00



- President - Ron Hewson

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519-671-3321
Email: hewson@eastlink.ca

- Vice President - Ken Roberts

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- Secretary - Rick Dixon

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- Treasurer - Rick McManis

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519-458-4233
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- Membership – Louise Bayer

693 Brant St., London, ON
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519-438-2433
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- OPC Delegate - Ron Hewson

- OPC Delegate - Rick Dixon

- OPC Alternate – Ken Roberts

- OPC Alternate – Ken Gosnell

1018-744 Proudfoot Lane
London, ON, N6H 5H8
519-438-0173
Email: donna.gosnell009@hotmail.com

- Newsletter – Ken Robert

**CN Pensions and Benefits
Administration
1-800-361-0739**

Pensioners' web portal:
cnbenefits.hroffice.com

It will allow you to access relevant pension information and update your address and banking information. On your first visit, you will need to register. You will then be able to access the portal using your CN PIN (login ID) and the password you created. If you require assistance with registering or logging in, please call the **Pensioners' Help Line at 1-800-361-0739.**

National Website and National Facebook Pages
For more information, for contact names and numbers please go to our national website.

**[cnpensioners](http://cnpensioners.com)
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[facebook cnpa.french.3](https://www.facebook.com/cnpa.french.3)**

IMPORTANT

When a pensioner/surviving spouse moves or dies, CN Pension and Benefits Administration must be advised immediately by calling 1-800-361-0739 so that an accurate information database can be maintained.



CNPA Health Care Committee Fall 2021 Update

The CNPA Health Care Committee (HCC) meets twice a year, in May for one day with the HCC regular members and in September usually for two days. On September 16, the regular & Alternate Regional representatives as well as the CNPA president met virtually. The CNPA Health Care Plan is solely managed by the CNPA Health Care Committee members. The Plan is fully funded completely from the 22,000 participant's premiums which total about \$20M annually.

A continuing critical issue having a major impact to our annual budget and reviewed this year again is the cost of high claimants. High claimants are those who claim more than \$10,000 individually annually AND these 168 people account for \$4.1M or 22% of all claims. There were some minor claimant additions/reductions in Quebec, Ontario and the West. In the Atlantic Provinces however, where few provincial drug assistance programs are available, the number of claims rose by 12 or 20% nationally:

The Atlantic region accounts for 42% of all national Plan high claimants. This totaled \$1.82M or 41% of ALL claims for all Atlantic Region members. The Atlantic Provinces premium increases each year are driven generally by this small member group.

This year there will be no Premium increase for all provinces except the Atlantic, where a limited increase will be applied. Quebec will see a decrease based on lower high claimant projections. With the exception of Atlantic (2021/2022) and BC (2021), there have been essentially no general premium increases over 4 years. In each year there have been some positive Plan revisions/benefit improvements.

We introduced a Mail Order Pharmacy option a year ago and have seen a steady rise of members joining this program (not available in Quebec). This option provides savings to the member on lower prescript fees and drug costs and with included delivery to their address.

The CNPA Health Care Committee team members should be commended for the excellent job they do administering the Plan, addressing member concerns and making tough but necessary decisions.

Blake Olson
CNPA Health Care Chair

Scholarship Winners 2021

<u>Student</u>	<u>Sponsor</u>	<u>Council</u>
<u>National (Ontario)</u>		
Steven Murphy	Gary Murphy	Barrie
Alina Hartley	Mary Hartley	Toronto
Alec Wade Schaefer	Wallace Schaefer	London
Megan Latoski	John Latoski	Barrie
Trent Sillett	Dennis Sillett	London
<u>Ontario Trade Bursary</u>		
Jackson Armstrong	Linda MacDonald	Hamilton



CNPA Annual Meetings

The National Council held its ADM on November 18th and 19th, again this year the meetings were via Zoom video conferencing. Health Care, Pensions, Membership, RRITC CN/CNPA Partnership committees presented reports. Administration plans and details were discussed and voted on. Presentations from Johnson Insurance and the Administrator of the Pension plan were given to the members, concerning the status and future plans for each.

Caution using Budget/Avis rental discounts

Unfortunate timing, so soon after we promoted this discount in our national newsletter and elsewhere.

Budget/Avis has advised us, through CN, that due to a shortage in car supply, they are taking measures to ensure they can continue to supply their corporate customers and, as a result, they may not honor this discount code for a retiree. Once their car supply has been re-stocked to its previous levels, they may reinstate the discount. The codes will still provide a discount if you are booking online, because they are the same code used by CN's active employees for business, but they may not be honored when you pick up your car, so, until we can provide any further information, use this as guidance when making your rental car choices.

RRITC There have been 25 profiles received for the newsletter publication and Benevity website, all were forwarded to CN for the CN writer to work on, 8 profiles have been published to date in our national newsletters, including 3 in the December newsletter.

6 of these profiles have also been published on the Benevity website, with one of those rotated off the site already.

3 additional profiles already vetted through the CN writer for the Spring national newsletter and CN continues to work through the queue.

A committee of regional reps has been established to determine which vetted profiles get put forward for publication.

The Ontario Provincial Council held its AGM on December 6th, again this year the meetings were via Zoom video conferencing. Reports were given of the 5 standing committees.

1. Pension Committee
2. Health Care Committee
3. CNPA Scholarship Committee
4. Newsletter Report
5. Membership Report

Information from these reports were 1- The Escalation Pension Account was sufficient to provide pensioners with an indexation of 30% of the change of the CPI beginning in Jan 2022. Health Care changes see Pg 3. Scholarships see Pg. 3 also. Winter newsletter to be mailed out throughout December, included this time; 2022 calendar, CN People Magazine and an informational fridge magnet.

Presidents Message



As this year comes to an end and we are looking another continuing time with this Pandemic, your executive is having zoom meetings to continue working for the good of the association.

We will be having two meeting this year with as many members that can attend online and with some luck, we will get back to being able to have regular meetings and luncheons next fall.

I would like to point out article 3.01 in our By-Laws: The aims and objectives of this Association are at all times to improve the lot of CN Pensioners, to maintain, protect and improve the rights, benefits and privileges presently enjoyed by the members and or their surviving spouses who meet the required status for membership in this Association. Also, to promote social activities, discuss matters of interest to all and to assist where possible to some of the needs of the members.

This has been difficult to achieve with the restrictions imposed by this pandemic. Events and activities have been all but eliminated, Where ever we can work to assist our membership, we will continue to do.

I would like to thank our entire executive for the work that they do for the association. And a special thanks to our Membership Chair Louise Bayer and our Newsletter Editor Ken Roberts for all their efforts.

If you would like to be part of our zoom meetings, please contact Louise Bayer at lbayer@hotmail.com , if she doesn't already have your email address.

In closing I wish you and your family a Safe and Healthy New Year.

Ron Hewson
CNPA President C7 London
OPC Delegate
Director National Council
Alternate Health Care Member

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Current obituaries



Dinsmor	Norman E	9-03-2021
Kiecman	Danuta	9-11-2021
Reeks	Lenord	10-03-2021
Copley	George	10-26-2021
McEwan	Shirley M	11-02-2021
Gagliardi	Mario	11-05-2021
Butts	George	11-09-2021
Nethercott	Barbara	11-11-2021
Pearson	John	11-13-2021
Tomaszewski	Fay	11-27-2021
Armstrong	Larry	01-03-2022

From the Desk of Louise Bayer, Membership

For all Local Paid members your 2022 Membership dues of \$12.00 are due Jan. 1, 2022. If you have not already sent your 2022 dues, please mail them now to:

Louise Bayer, 693 Brant St., London, Ontario N5Y 3M9. The check must be made payable to the CN Pensioners Association. If you are not sure if you are classified as "Local Paid." please contact Louise.