



BELLEVILLE

Belleville and District Newsletter

Spring 2026 Edition (May)



May They Rest In Peace:

<i>John Fletcher</i>	<i>7 December 2025</i>
<i>Audrey Marie Barr</i>	<i>9 December 2025</i>
<i>Joan Theresa De Genova</i>	<i>31 December 2025</i>
<i>Archibald Douglas MacMillan</i>	<i>31 December 2025</i>
<i>Robert McLennan</i>	<i>16 January 2026</i>
<i>Charles A "Chuck" Loveless</i>	<i>16 January 2026</i>
<i>Roby Ethel Barnett</i>	<i>13 February 2026</i>
<i>Mary Czechowski</i>	<i>15 February 2026</i>
<i>Florence Elenor Brinklow</i>	<i>17 February 2026</i>
<i>Theresa Eileen Burn</i>	<i>18 February 2026</i>
<i>Raymond Donald Adcock</i>	<i>22 February 2026</i>
<i>Marlene Anne Glen</i>	<i>3 March 2026</i>
<i>Mieczyslawa Brasun</i>	<i>15 March 2026</i>
<i>Kathryn May Bulpit</i>	<i>22 March 2026</i>
<i>Norm Newton</i>	<i>17 April 2026</i>

IMPORTANT...

When a pensioner moves or dies, **CN Pension and Benefits Administration** must be advised immediately by calling **(1-800-361-0739)**.

A surviving spouse does **not** automatically remain a member of the CN Pensioners Association. To remain a member of the Belleville Council, the surviving spouse must complete a new membership application and arrange their own payment of dues (\$1.00 per month).

Belleville Council (C3)

Please address all correspondence to the President.

Directors may choose to hold meetings at any time, virtually, in person, or a combination of both.
Lunch meetings are usually the 3rd Monday of each month (except June, July, August and December) at The Dugout

President Alt. OPC Delegate	Les MacDonald 92 Bay Breeze St. Belleville, ON K8N 0L4	(613) 962-7574 <i>jlesmacdonald@gmail.com</i>
1st Vice President Membership	Rick Phillips	(613) 922-6473 <i>phillipsre2026@gmail.com</i>
2nd Vice President Newsletter Editor OPC Delegate	John Mueller 148 Cherrywood Parkway Napane, ON	(613) 354-5241 <i>jwueller9@gmail.com</i> K7R 0C3
Secretary OPC Delegate	Roger McDevitt	(705) 632-1012 <i>rogermcdevitt@gmail.com</i>
Treasurer Sick & Visiting Callers Committee Alt. OPC Delegate	Elaine O'Hara	(613) 968-8217 <i>aeohara292@gmail.com</i>
Director	Harry Hebbourn	(613) 966-1371 <i>harryhebbourn@sympatico.ca</i>
Director	Bruno Di Genova	(613) 968-6328 <i>colombo44@hotmail.ca</i>
Director	Norm Crawford	(613) 966-7755 <i>norman.crawford@sympatico.ca</i>
Director	Tim Spice	(613) 966-4240 <i>spicesr@yahoo.ca</i>
Director	Sherry Scott	(613) 969-5202 <i>scottsherry@sympatico.ca</i>
Director	Wayne Latchford	(613) 849-4771 <i>Catherinelatch50@yahoo.ca</i>

President's Message

Good Day Folks

Here we are in the Spring Season with lots of April Showers for May flowers.

Our Local Belleville C3 Council is running on all cylinders and those that make up our committee are doing a fantastic job. I would like to Thank them for volunteering their time.

Our CNPA Scholarship Season has started for 2026. If you have kids or grandkids applying PLEASE have them read the Guidelines as explained on our CNPA Website, these are very easy to follow.

Our dinners have been very well attended and I thank you for that, the folks at the Dugout do a Great job and serve excellent meals.

We have 1 Centenarian / Thomas Beaton – Nov, 2026

If anyone needs assistance with their Pension we're here to help you.

My Email: jlesmacdonald@gmail.com

If you need assistance with Blue Cross PLEASE reach out to Roger McDevitt.

Email: rogermcdevitt@gmail.com

SPECIAL Thanks to our Calling Ladies for doing a Great job for us, in getting all the folks out to the dinners.

Many Thanks to our Newsletter editor – John Mueller for doing a Fine Job on our newsletter.

Please take time to smell the flowers.

Cheers

Les MacDonald

"Only love can break a heart, only love can mend it again."

- Gene Pitney

Welcome to the newest member of the Belleville Council:

Director Wayne Latchford

Something you should know...

This motion was passed at the executive meeting of the Belleville Council 16 March 2026.

“When a contributing member to the CN Pensioners Association of Belleville and District, or their spouse, dies, the surviving spouse is welcomed to Belleville and District CNPA breakfast and/or dinner meetings at no charge for a full year.”

“Love doesn't make the world go round.

Love is what makes the ride worthwhile.”

E. P. Jones

*What Programmes and Benefits Do the **CNPA** Manage or Provide?*

Health Care: With the assistance of key partners, our Health Care Committee of volunteer pensioners manages one of the best retirement health care plans in Canada. Our **CNPA** Health Care Plan (93115) for **CN** Pensioners provides coverage for some of the costs not covered by your province.

Scholarships; Children and grandchildren of **CNPA** *contributing* members get access to our annual **CNPA** Scholarship Programme, which offers 25 scholarships of \$1,500 across Canada, plus additional regional bursaries/scholarships.

Our **National Newsletter** and local communications with members keep you up to date on what is happening, like Family Days, special events, or changes to legislation, policies or programmes. We also provide the annual **CN** Employee Calendar, **CN** Magazine and **CN in the Community** brochure to *contributing* members.

As a *contributing member*, you can attend various events coordinated by the local councils across the country. Most hold regular meetings where current or special issues are discussed, as well as other local activities and events.

“Every moment is a fresh beginning.”

- T.S. Eliot

Something you should know...

CN Pensioners Association of Belleville and District
BY-LAWS

Adopted and Approved in the City of Belleville
Dated: 22 January 2024

ARTICLE I
NAME

This Association shall be known as the CN Pensioners Association of Belleville and District, hereafter, the Association.

ARTICLE 11
MISSION STATEMENT

The mission of this Association is to promote the social, economic and fraternal interests of CN Pensioners and Survivors resident in Belleville and surrounding districts. Applications from CN Pensioners and survivors resident elsewhere who may desire membership in this Association will be received for consideration.

Welcome to the newest CN Pensioners:

Marie T Loveless

Robert J Widman

Linda McLennan

Mark W Casey

While **CN** Pension and Benefits Administration (**1-800-361-0739**) is the primary contact for your specific Pension Plan issues and questions, you or your spouse can also ask your local **CNPA** contacts about any issues or **concerns you may have**. See page 3.

Find out more on our website, **www.cnpensioners.org**.

Health Care Matters

The Health Care Plan for CN Pensioners brochure is complex; there are lots of pages and it is difficult to find what you need. Even so, it might be helpful to read it if you want to maximize your benefits. The plan brochure is on the **CNPA** national website cnpensioners.org under Healthcare and Blue Cross.



Norma Lentz
30 January 2026

Norma was married to the late Henry Lentz who started with CN in 1949 working as an Express Clerk in Trenton, Peterborough and Belleville, retiring with 29 years of service

Newsletters are published each January, May and September.

We would love to have some contributions from you for future newsletters.

How about it? Do you have a story or tale to share with our readers?

Maybe you have an idea or other topic of interest to submit.

Perhaps you could report on an event you attended.

May Birthdays

- 7. Les MacDonald
- 17. Ann Crabbe

- 11. Nancy Carrol
- 20. Kathleen Bronson
- 27. Dave Muskiluke

- 10. *Happy Mother's Day*
- 25. Anthia Dwyer

*A mother is the one who can take the place of all others,
but whose place no one can take*

May Anniversaries

- 1. Doran Jack, Shirley
- 2. Bellwood Robert, Donna
- 31. Millerchuk Barry, Barbara

*I need to stop playing golf with my girlfriend.
It's driving a wedge between us.*

June Birthdays

- 1. James G Burns
- 6. Faye Grant
- 13. Mary Walsh
- 21. Kenneth Trolley

- 4. Roger McDevitt
- 7. Geo. Christopher
- 16. June Burns
- 21. *Happy Father's Day*
- 25. Deanna Spice

- 6. Rosemary Quibel
- 8. Elaine Chipman
- 20. Allan O'Hara
- 22. Brian Murray

June Anniversaries

- 5. Crawford Norm, Darlene
- 6. Di Genova Bruno, Peggy
- 8. Burns James, June

*"You might as well praise a man for *not* robbing a bank as to praise him
for playing by the rules."*

- Bobby Jones



July Birthdays

- | | | |
|-----------------------|----------------------|------------------------|
| 1. Joyce Bowers | 4. Elaine O'Hara | 4. Allen Bushell |
| 8. Robert Duvall | 8. Irene McGinnis | 9. Heather Mueller |
| 10. Derrick Knott | 11. Mary Wade | 13. Bernice Den Hartog |
| 13. Dale Grant | 13. Ada Schreider | 15. Estelle English |
| 19. Marjorie Smith | 19. Betty Glenn | 21. Donald Dafoe |
| 21. H. Patricia Moore | 22. Virginia Perry | 24. Nora Mortimer |
| 25. Birgit Meers | 26. Joseph Chappelle | 27. Rick Phillips |
| 28. Sandra Smith | 30. Ted Schwager | 31. Dave Schulz |

July Anniversaries

- | | | |
|-------------------------------|---------------------------|------------------------|
| 12. Den Hartog Bert, Bernice. | 15. Craig Joe, Carmel | 19. Birt Gord, Heather |
| | 27. Hebbourn Harry, Emily | |

"Golf is a day spent in a round of strenuous idleness".

- William Wordsworth

August Birthdays

- | | | |
|---------------------|---------------------|--------------------|
| 8. Marg Cousins | 8. Margaret Haskin | 9. Shirley Doran |
| 17. Marilyn Lamorre | 19. Donalene Hebden | 21. Clark Coveduck |
| 27. Jan Lyons | 29. Larry Hampson | 30. Irene Craig |
| | 31. Freda Tracey | |

August Anniversaries

- | | |
|----------------------------|----------------------------|
| 16. Coveduck Clark, Marion | 31. Fargey J. Lorne, Olive |
|----------------------------|----------------------------|

*"Don't believe the world owes you a living;
The world owes you nothing.
It was here first."*

-R.J. Burdette

CN Pensioners' Association

Benefits of membership:

- *Blue Cross Health Care Plan*
- *National newsletter 3 times per year plus the **CN** calendar*
- *Regional and Local Association newsletters*
- *National Council Scholarship Programme*
- **CNPA** members discounts
- *and more!*
- *check out our website cnpensioners.org*

CN Pensioners' web portal

The portal is now available at cnbenefits.hroffice.com

It will allow you to access relevant pension information and update your address and banking information. On your first visit, you will need to register. You will then be able to access the portal using your **CN** PIN (login ID) and the password you created. If you require assistance with registering or logging in, please call the Pensioners' Help Line at **1 800 361-0739**.

Never fear shadows. They simply indicate a light shining nearby.

*Let me tell you something about.... **YOU**....CNPA member*

***Your** story is much more interesting than **you** think!*

*How and when did **you** become involved with **CN**?*

*Where did your journey take **you** and what stops did **you** make along the way?*

*We would all like to know a little more about **you**.*

*Contact the editor at the CNPA meetings or send an email to jwmueller9@gmail.com
subject line "CNPA Belleville Newsletter".*

Real generosity is doing something nice for someone
who will never find it out.

Do you volunteer in your community?

Railroader in the Community

The *CN Railroader in the Community* programme provides grants to employees, **retirees & spouses** in recognition of time volunteered to registered charities in their communities. It is highly recommended to participate in this programme if you qualify. Not only can your charity benefit from your volunteering, it may also benefit financially! Go to cnpensioners.org click on “**CN Community**” for more information.

Something you should know...

CN Pensioners Association of Belleville and District

BY-LAWS

Adopted and Approved in the City of Belleville

Dated: 22 January 2024

ARTICLE 111

MEMBERSHIP

3.01

Membership in this Association is comprised of retired employees of the Canadian National Railway Company and their survivors, who are in receipt of a CN pension, and also includes pensioners and survivors of Pensioners who were formerly connected with the Canadian National Railway Company and are now retired from subsidiary or associated companies such as Via Rail, CN Express, Marine Canada, CNCP Telecom, Terra Nova and Northwestel. Only members in receipt of a CN Pension are eligible to serve on the Regional/Provincial or National Council, and/or Pension or Health Committee. All members may serve on the executive of a local Council.

3.02

Persons holding a paid-up membership in this Association, as described in Article 3.01 may request a Social Membership for persons who do not otherwise meet the requirements, for example, a former CPR Rail employee and their spouse. Such requests are subject to Executive Approval. Social Memberships will run from January 1st to December 31st annually.

if you are patient in one moment of anger,
you will escape a hundred days of sorrow.

Chinese Proverb

2026 Scholarship program open until August 13th

CNPA National Scholarships

The CNPA National Council offers 25 scholarships of \$1500 across Canada on an annual basis. The scholarships are distributed across the country: five scholarships in each of the 5 Canadian regions (Atlantic, Quebec, Ontario, Prairie, and Mountain).

CNPA Ontario

The Ontario Provincial Council is pleased to sponsor an additional scholarship in addition to the 5 scholarships offered by the CNPA for the Ontario region

Children, grandchildren and great-grandchildren of CNPA contributing members get access to this program.

belairdirect Insurance

Our partner - belairdirect Insurance - offers scholarship opportunities to students who are children or grandchildren of contributing members of the CN Pensioners Association

Go to cnpensioners.org for information, application forms and eligibility criteria.

Oliver Wendell Holmes once attended a meeting in which he was the shortest man present.

"Dr. Holmes," quipped a friend, "I should think you'd feel rather small amongst us big fellows."

"I do," retorted Holmes, "I feel like a dime among a lot of pennies."

The following information taken from the "world wide web" 30 April 2026.

To order a stone for the railway monument area on South Foster Avenue, you must apply through the **City of Belleville's Maintaining Memories Donation Program**.

Ordering Process

1. **Fill Out the Form:** You need to complete the [CN Monument / Memory Lane Donation Form](#) provided by the City of Belleville.
2. **Submit by Deadline:** Applications must be received by **July 1st** each year to be included in the annual installation period (mid-October to December 1st).
3. **Cost:** The cost for a standard CN or Memory Lane stone is **\$215.00**.
4. **Placement:** While the stones are placed near the monument or along the Kiwanis East Bayshore Trail, the City **does not accept specific placement requests**. [1, 2, 3]

Stone Specifications

- **Material:** Stanstead Gray granite.
- **Standard Size:** 8" x 6" x 2 1/2" with black lettering.
- **Railroader Families Option:** A larger stone (16" x 6" x 2") is available for specific family tributes. [2, 3]

Contact for Assistance

If you have questions about the application or current availability, you can contact the City's administrative office:

- **Contact:** Krista Keller, Administrative Assistant
- **Phone:** 613-967-3218
- **Address:** 265 Cannifton Road, Belleville, ON K8N 4V8 [1]

"One day, the people of the world will want peace so much that the governments are going to have to get out of their way and let them have it."
- Dwight D Eisenhower

“Always make a total effort, even when the odds are against you.”
- Arnold Palmer



“Strive not to be a success, but rather to be of value.”
- Albert Einstein